

Name: \_\_\_\_\_

## Skeletal & Muscular Systems Quiz

Directions: Read each of the following questions and select the best answer.

1. The picture to the right highlights which of the following muscles?

- a. Hamstring
- b. Triceps
- c. Obliques
- d. Deltoid



2. Contracting a muscle means that you are:

- a. Lengthening it
- b. Shortening it
- c. Twisting it
- d. Extending it



3. Which bone is highlighted in the picture to the right?

- a. Humerus
- b. Radius
- c. Tibia
- d. Femur

# Multiple Choice Quiz Skeletal Muscular System

**Ruth Hull**

## Multiple Choice Quiz Skeletal Muscular System:

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