

ADC Exam IC&RC Study Guide with Complete Solutions

CAGE - ANSWER-- The briefest and most widely used.

- Only four questions asked directly to the person.
- If someone answers yes to one of the questions then there is an indicator that there might be a problem that needs to be further investigated.
- If they answer yes to two or more they are sent for further testing.
- Advantages-yes or no questions
- Disadvantages-not asking about time frame, self report, not in depth about environment, not in depth

MAST - ANSWER-- Widely used

- Good reliability and validity
- Original had 25 self administered questions the one now has only 22.
- Advantages-it could be a reality check to someone taking it, not very time consuming, simple yes and no
- Disadvantage-it doesn't ask you to explain, doesn't ask time frame

AUDIT - ANSWER-- Ten items 1-3 frequency and quantity 4-6 alcohol dependence 7-10 how harmful alcohol use.

- Advantages-you can use it in an interview, it's not that long, it's more specific
- Disadvantage-not specific enough, doesn't add in the times when drinking is more acceptable like vacation etc., not valid
- Can be self report questionnaire or an interview

DAST - ANSWER-Screen drugs other than alcohol

POSIT - ANSWER-139 items on it

Used for substance use problems and social, behavioral, and learning problems

Disadvantages-too long, repetitious, lack of consistency

Advantages-more detailed

SASSI - ANSWER-- Doesn't directly question about alcohol/drug use (not like the previous ones)

- Around 50 questions
- Asks questions about alcohol/drug use on one side and don't on the other
- Looking for defensiveness, looking at others, personal affect
- Disadvantages-could be hard to profile

DSM Axes - ANSWER-o Axis I-Clinical syndromes

• Alcohol abuse, cannabis dependency

o Axis II-Personality disorders/mental retardation

• Not used very often in alcohol or chemical use

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