

Protocolen voor de GGZ

Cognitive Behavioral Analysis System of Psychotherapy (CBASP) voor de behandeling van chronische depressie



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Behavioral Psychotherapy Behandeling Chronische Protocolen

**H.P.M. Verdonk, N. Devoogdt, R.J.
Damstra**



Behavioral Psychotherapy Behandeling Chronische Protocolen:

Handboek psychopathologie. C.A.L. Hoogduin, W. Vandereycken, P.M.G. Emmelkamp, 2004-10-21 De tweedelige uitgave Handboek psychopathologie vormt in Nederland en Vlaanderen het standaardwerk voor de opleidingen en trainingen op het gebied van de psychopathologie en de psychiatrie Deel 1 Basisbegrippen is een systematische beschrijving van psychiatrische stoornissen Deel 2 Klinische praktijk bouwt daarop voort met een grondig overzicht van de concrete werkwijzen bij de diagnostiek indicatiestelling en behandeling van psychiatrische stoornissen Dit nieuwe deel 2 is een gereviseerde en geactualiseerde samenvoeging van de vroegere delen 2 en 3 die respectievelijk de ontwikkelingen en de praktijk in de geestelijke gezondheidszorg behandelen Het eerste onderdeel van deel 2 A Diagnostiek en behandeling geeft een overzicht van diagnostische procedures en behandelmogelijkheden Het tweede onderdeel B Specifieke toepassingen laat zien hoe men in de dagelijkse praktijk bij de desbetreffende problematiek te werk gaat Dit onderdeel sluit nauw aan bij deel 1 Basisbegrippen Het gaat er bij onderdeel B vooral om de denk en werkwijze bij diagnostiek indicatiestelling en behandeling concreet te demonstreren Aan de hand van voorbeelden laten de auteurs zien hoe zij in de dagelijkse praktijk bij de besproken problematiek handelen Het tweedelige Handboek psychopathologie biedt een actueel en evenwichtig overzicht van theorie onderzoek en praktijk op het gebied van de psychopathologie en de psychiatrie **Inleiding in de**

psychopathologie Ron van Deth, 2017-03-21 Dit boek is primair geschreven voor zorgprofessionals in opleiding die op zoek zijn naar een handzaam en verantwoord overzicht van de psychische stoornissen zoals die in de DSM 5 worden onderscheiden Behalve de verschijningsvorm krijgen oorzaken en behandeling ruim aandacht Ieder hoofdstuk schetst een breed klinisch beeld van de verschillende stoornissen en gaat systematisch in op de volgende aspecten Kenmerken affectieve somatische gedrags en cognitieve symptomen Diagnose veelgebruikte vragenlijsten differentiële diagnostiek en beslismomen Prevalentie life timeprevalentie en jaarprevalentie Etiologie biologisch psychologisch en psychosociaal perspectief Behandeling biologische psychologische en psychosociale aanpak Prognose het beloop van de stoornis Naast de DSM 5 is dit boek gebaseerd op klinisch psychologische en psychiatrische handboeken uit binnen en buitenland Met het oog op de praktijk komen in elk hoofdstuk ook Nederlandse richtlijnen en protocollen aan bod Daarmee hebben aankomend klinisch en GZ psychologen huisartsen POH GGZ psychotherapeuten psychiaters en andere behandelaars in de zorg de meest recente relevante kennis van psychische stoornissen binnen handbereik **Schizophrenia Bulletin**, 2004

Behandelingsstrategieën bij burnout HSK/BU Cure & Care Development, 2001-03-20 De belangstelling voor burnout blijft groot Sinds in 1996 het boek Behandelingsstrategieën bij burnout verscheen is de wetenschappelijke belangstelling voor oorzaken diagnostiek en behandeling van burnout zodanig sterk toegenomen dat een grondige herziening van dit standaardwerk noodzakelijk is Vanzelfsprekend gaan de auteurs nog steeds in op de relatie tussen geestelijke werkbelasting en gezondheid symptomatologie en differentiële diagnostiek van burnout behandeling van klachten preventie in organisaties

re integratie en terugvalpreventie Wel zijn al deze hoofdstukken grondig gereviseerd Daarnaast zijn hoofdstukken over de geschiedenis van burnout het WEB model en een fysiologisch model ter verklaring van burnout toegevoegd Een apart hoofdstuk over het meten van de ernst van burnout en een bespreking van diverse meetinstrumenten werd speciaal voor het boek geschreven door dr Van Dierendonck Vanzelfsprekend ontbreken de beslisbomen niet die dit boek een perfecte mix maken tussen wetenschappelijk gefundeerde kennis en praktische toepasbaarheid Canadian Journal of Psychiatry. Revue Canadienne de Psychiatrie, 2006

Oedeem en oedeemtherapie H.P.M. Verdonk, N. Devoogdt, R.J. Damstra, 2021-07-22 Dit boek biedt een totaalbeeld van oedeem en gaat uitgebreid in op de diagnostiek de evaluatie en de belangrijkste therapievormen Het is een studieboek n naslagwerk en richt zich primair op fysiotherapeuten kinesitherapeuten huidtherapeuten en dermatologen Ook is het geschikt voor flebologen geriater verpleegkundigen sportmassieurs en studenten fysiotherapie kinesitherapie en huidtherapie Oedeem en oedeemtherapie is in deze derde druk geheel nieuw van opzet en heeft een meer totale benadering Ook zijn in alle hoofdstukken de nieuwste inzichten en technieken verwerkt zoals de toepassing van zorgmodellen bij chronische aandoeningen en nieuwe beeldvorming in de functionele diagnostiek De rode draad wordt gevormd door de international classification of functioning disability and health ICF Onderwerpen als anatomie patho fysiologie van het lymfesysteem het veneuze systeem microcirculatie diagnostische methodes en genetica komen aan de orde Verder gaat het boek in op conservatieve behandelvormen zoals huidverzorging compressietherapie oefentherapie manuele lymfedrainage zelfmanagement en di tetiek Ook bespreekt het de operatieve technieken en de medicamenteuze behandeling Vele illustraties ondersteunen de inhoud De redactie bestaat uit prof Nele Devoogdt fysiotherapeut kinesitherapeut Bert Verdonk fysiotherapeut en dr Robert Damstra dermatoloog Zij zijn gespecialiseerd in diagnostiek en behandeling van chronisch oedeem Ook zijn ze verbonden aan het European Reference Network voor primair en pediatrisch lymfoedeem en aan de expertisecentra voor lymfoedeem in Nederland en België

Treatment of Chronic Medical Conditions Len Sperry, 2009 As the population ages physicians are turning to psychotherapists to help the increasing number of patients who are struggling with chronic illnesses To provide effective and appropriate treatment to these patients requires that clinicians broaden their psychological perspective and augment their intervention strategies and treatment plans specific to chronic medical illness Treatment of Chronic Medical Conditions Cognitive Behavioral Therapy Strategies and Integrative Treatment Protocols provides clinicians with focused cognitive behavioral strategies and integrative treatment protocols for 10 of the most common chronic medical conditions that the psychotherapist is likely to encounter These include arthritis asthma cancer cardiac disease chronic pain diabetes epilepsy hypertension irritable bowel syndrome and lupus The strategies and protocols tailored for these conditions are illustrated with extensive case studies and session transcriptions that make the treatment process tangible and results oriented In addition the book offers guidelines for dealing with such issues as illness denial noncompliance and challenges to life meaning that often stand in the way of patients leading full lives

despite their chronic illnesses Jacket PsycINFO Database Record c 2009 APA all rights reserved *Cognitive Behavioral Analysis System of Psychotherapy (CBASP) voor de behandeling van chronische depressie* Jenneke Wiersma, Anneke van Schaik, Patricia van Oppen, 2015-11-27 Chronisch depressieve cliënten zitten verstrikt in een globale manier van denken dat zij tekort schieten niets van anderen te verwachten hebben en dat hun situatie er een is van een uitzichtloze herhaling van teleurstellingen Om het sociaal emotionele isolement en de daarmee gepaard gaande depressie te doorbreken stelt CBASP een behandelmethode die speciaal is ontwikkeld voor chronische depressie de relatie tussen therapeut en cliënt centraal De therapeut helpt met behulp van de CBASP de cliënt specifieke situaties te analyseren en cognities en gedrag te ontrafelen en bij te stellen Daarnaast benoemt de therapeut expliciet hoe het gedrag van de cliënt op hem overkomt De band tussen therapeut en cliënt wordt gebruikt om bestaande interactiepatronen te illustreren en de cliënt bewust te maken van zijn impact op anderen Tegelijkertijd doet de cliënt zo nieuwe ervaringen op die hij kan inzetten om ook buiten de therapie andere interacties aan te gaan Cognitive Behavioral Analysis System of Psychotherapy CBASP voor de behandeling van chronische depressie is onderdeel van de reeks Protocollen voor de GGZ Elk deel geeft een sessiegewijze omschrijving van de behandeling van een specifieke psychische aandoening weer Filmpjes met voorbeelden van de therapiesessies zijn online te raadplegen De theorie is beknopt en berust op wetenschappelijke evidentie Voor de cliënt is er het bijbehorende werkboek Neem de regie over je depressie Protocollen voor de GGZ is bedoeld voor psychologen psychotherapeuten psychiaters en andere hulpverleners Handbook of Psychotherapy and Behavior Change Allen E. Bergin, Sol L. Garfield, 1994 A revised and updated summary of current research developments in psychotherapy and behavioural changes which is aimed specifically at students of clinical psychology social work and counselling **Bergin and Garfield's Handbook of Psychotherapy and Behavior Change** Michael J. Lambert, 2004 This revised edition has been updated to include changes that have taken place in the psychotherapy world and makes recommendations for future research and practice

Cognitive Behavior Therapy for Persistent Somatic Symptoms and Somatic Symptom Disorder Maria Kleinstäuber, Petra Thomas, Michael Witthöft, Wolfgang Hiller, 2025-09-26 Organized easy to implement clearly structured This therapy manual offers a practical introduction to a scientifically evaluated cognitive behavioral therapy concept for patients with somatoform complaints Every 5th patient in Germany suffers from organic complaints without a cause ever being found The odyssey from doctor to doctor often ends in the recommendation to see a psychotherapist now Treatment using cognitive behavioral therapy is above all a way out of the jungle of diagnostics and incorrect therapies The patient feels taken seriously The manual attaches great importance to practical instructions Due to the modular structure the preparation and implementation of sessions is clear and unambiguous for the therapist A guide in 7 individual modules including working materials for practical printing *Contextual Cognitive-behavioral Therapy for Chronic Pain* Lance M. McCracken, 2005 Ce livre décrit les nouvelles approches dans le traitement de la douleur chronique **Behavioral Psychotherapy, Basic**

Principles and Case Studies in an Integrative Clinical Model Herbert Fensterheim, Howard I. Glazer, 1983 1 Introduction to behavioral psychotherapy 2 The behavioral psychotherapy model of phobias 3 Basic paradigms and behavioral formulation 4 Basic procedures 5 Behavioral Psychotherapy of obsessional Checking Treatment through the relationship 6 A modified behavioral psychotherapy approach in the treatment of a schizophrenic adolescent 7 A case of agoraphobia with complications 8 A case of depression and phobias Report of a supervised psychiatric resident 9 Indications for central and peripheral approaches to presenting problems A case of sexual impotence 10 A case with vomiting depression and sexual problems 11 Managing psychosomatic symptoms The case of George 12 Future development of behavioral psychotherapy

Behavioural Psychotherapy in Primary Care Tom Carnwath, David M. Miller, 2013-10-22 Behavioural Psychotherapy in Primary Care A Practice Manual describes techniques suitable for treating the majority of problems commonly found in this setting which are amenable to psychological treatment The book serves as a practice manual and discusses techniques in behavioral analysis problem solving working with families skills training relaxation exposure stimulus and reinforcement control paradoxical prescriptions and cognitive therapies The assessment and treatment strategies for depression phobias and obsessive disorders anxiety sexual dysfunction obesity alcohol abuse smoking and insomnia are considered The text also describes behavioral medicine illness behavior and treatment adherence Psychotherapists psychologists psychiatrists psychiatric nurses social workers health visitors and counselors will find the manual invaluable

Behavior Therapy William O'Donohue, Akihiko Masuda, 2022-10-17 This book provides a comprehensive overview of first second and third wave behavior therapies comparing and contrasting their relative strengths and weaknesses Recent discussion and research has focused intently on third wave behavior therapies in particular Dialectical Behavior Therapy and Acceptance and Commitment Therapy ACT This is in contrast with first wave behavior therapies what today might be called applied behavior analysis or clinical behavior therapy and second wave behavior therapies brought about by the cognitive revolution The editors aim to provide a fuller understanding of this psychotherapeutic paradigm tracking how behavior therapies have evolved through history and various paradigm shifts in the field To this end the book is organized into five sections covering Introduction to the three waves of behavior therapy Assessment and measurement strategies Comparative issues and controversies Applications of the three waves of behavior therapy to 7 major disorders anxiety depression obesity psychosis substance abuse ADHD and chronic pain Implications of and future directions for behavior therapies This volume provides a useful perspective on the evolution of cognitive behavior therapy that will inform the study and practice of a variety of mental health professionals

Cognitive Behavioral Analysis System of Psychotherapy (CBASP) Matthias Backenstraß, 2020-10-21 CBASP ist ein psychotherapeutischer Ansatz zur Behandlung der chronischen Depression bzw der Persistierenden Depressiven St rung Von James P McCullough entwickelt und ber Jahre im Zuge der Behandlung einer Vielzahl chronisch depressiver Patientinnen und Patienten optimiert integriert CBASP Konzepte Theorien und

Vorgehensweisen verschiedener Therapieschulen Besonders innovativ ist im CBASP die Gestaltung der therapeutischen Beziehung Das Buch beschreibt klar und nachvollziehbar das therapeutische Vorgehen veranschaulicht anhand eines ausführlichen Fallbeispiels Zudem stellt es den aktuellen Stand der Forschung im Hinblick auf die Störungsannahmen und die Wirksamkeitsprüfung dar *Handbook of Cognitive-Behavioral Therapies, Fourth Edition* Keith S. Dobson, David J. A. Dozois, 2019-03-12 Now revised and expanded with over 50% new material this definitive clinical reference is the text of choice for graduate level courses in evidence based psychotherapy Foremost authorities describe the conceptual and scientific foundations of cognitive behavioral therapy CBT and provide a framework for assessment and case formulation Major approaches are reviewed in detail including emotion centered problem solving therapy rational emotive behavior therapy cognitive therapy schema therapy mindfulness and acceptance based interventions and dialectical behavior therapy DBT Applications to specific populations are discussed including children and adolescents couples culturally diverse clients and more New to This Edition Chapter on clinical assessment Chapter on DBT Chapters on transdiagnostic treatments CBT based prevention models and improving dissemination and implementation Existing chapters extensively revised or rewritten to reflect important research and clinical advances *International Handbook of Behavior Modification and Therapy* Alan S. Bellack, Michel Hersen, Alan E. Kazdin, 2012-12-06 The rapid growth of behavior therapy over the past 20 years has been well documented Yet the geometric expansion of the field has been so great that it deserves to be recounted We all received our graduate training in the mid to late 1960s Courses in behavior therapy were then a rarity Behavioral training was based more on informal tutorials than on systematic programs of study The behavioral literature was so circumscribed that it could be easily mastered in a few months of study A mere half dozen books by Wolpe Lazarus Eysenck Ullmann and Krasner more or less comprised the behavioral library in the mid 1960s Seminal works by Ayllon and Azrin Bandura Franks and Kanfer in 1968 and 1969 made it only slightly more difficult to survey the field Keeping abreast of new developments was not very difficult as Behaviour Research and Therapy and the Journal of Applied Behavior Analysis were the only regular outlets for behavioral articles until the end of the decade when Behavior Therapy and Behavior Therapy and Experimental Psychiatry first appeared We are too young to be maudlin but Oh for the good old days One of us did a quick survey of his bookshelves and stopped counting books with behavior or behavioral in the titles when he reached 100 There were at least half again as many behavioral books without those words in the title **Foundations of Behavioral Therapy** Donald Levis, 2017-07-05 The term behavior therapy is applied to many techniques and strategies some theoretically based and some not unified by a common goal the application of learning principles to the treatment of psychopathology Although treatment paradigms have changed with the increased use of drug therapy this classic volume provides important information about traditional treatments involving therapist and patient In this volume comprehensive reviews of the main positions in behavior therapy show how orientations differ from each other and provide a forum for the critical evaluation of each The editor has assigned

to each contributor a review of the behavioral therapy position in which he is distinguished and a commentary on one of the other positions Levis provides an introduction to the history principles and theory underlying the field asking if behavior therapy is the fourth therapeutic revolution after Pinel Freud and Community Mental Health Bradley Bucher and O Ivar Lovaas are concerned with the application of operant conditioning techniques to child populations Leonard Krasner reviews the token economy approaches illustrating how these techniques apply to the adult hospitalized population and to society Followed by this Cyril Franks reviews the Pavlovian conditioning approach while Peter Lang surveys Wolpe's systematic desensitization Implosive therapy is viewed by Thomas Stampfl as an attempt to bridge the conditioning and psychoanalytic models and Julian Rotter a pioneer in the field reviews his social learning theory approach Judson Brown provides an analytic overview to the collection A comprehensive look at the orientations and treatment techniques that comprise the field of behavior therapy this book is important reading for clinical psychologists psychiatrists social workers and related mental health specialists

International Handbook of Behavior Modification and Therapy Alan S. Bellack, Michel Hersen, Alan E. Kazdin, 2012-12-06

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