

# **AMERICAN RED CROSS**

## **LIFEGUARDING**

### **RECERTIFICATION TEST**

The objective of the facility safety team is to:

- a. Provide emergency back-up coverage when lifeguards are performing a water rescue.
- b. Assist lifeguards in maintaining a safe environment and providing emergency care.
- c. Help lifeguards understand the facility's EAP.
- d. Perform patron surveillance when lifeguards need to take a break.

You are a lifeguard on surveillance duty during a busy family swim session. It is important to:

- a. Scan all areas in your assigned zone of coverage, wear your hip pack and carry your rescue tube with you at all times.
- b. Have a first aid kit, an automated external defibrillator (AED) and a backboard immediately available to you on the pool deck next to your station.
- c. Rope off and close all areas of the facility that have water over 5-feet deep.
- d. Have enough lifejackets on hand and require all non-swimmers to use them.

# 14 Redcross Lifeguarding Test Review Sheet

**American National Red Cross**

## 14 Redcross Lifeguarding Test Review Sheet:

*Lifeguarding Today* American Red Cross,1995    Courses and Degrees Stanford University,1991    Forthcoming Books  
Rose Arny,1992    **The Civil Service Reporter** Philippines. Civil Service Commission,1972    **Bulletin of Safety Education** ,1958    *Safety Education* ,1958    Subject Guide to Books in Print ,1991    *American Red Cross Lifeguard Exam* Educational Testing Group,2018-04-09 This practice test includes 140 multiple choice test questions about American Red Cross Lifeguard Exam The test has been carefully developed to assist you to pass your actual test It will help you prepare for and pass your exam on the first attempt but it does not include any study guide The book focuses only on carefully selected practice questions THREE main topics LIFEGUARDING and WATER SKILLS are covered in this test Lifeguarding questions focus on 9642 Lifeguarding Skills 9642 Professional Rescuer and First Aid Water Skills questions focus on 9642 Basic Water Rescue 9642 Waterfront Skills 9642 Waterpark Skills 9642 Shallow Water Lifeguarding Skills

**American Red Cross Lifeguard Training** American National Red Cross,1984    **Professional Lifeguard Textbook** American Red Cross,1994-10    **American Red Cross Lifeguarding** American Red Cross,2012    **American Red Cross Lifeguard Training Instructor's Manual** ,1988-01-01    **Lifeguarding Manual** American National Red Cross,2023-12-31  
*American Red Cross Lifeguarding Instructor's Manual* ,2007    **American Red Cross Lifeguard Training** ,1988-01-01 Water rescue skills snorkeling skills swimming rescues spinal injury management hypothermia    *American Red Cross Lifeguarding Manual* American Red Cross,2012-01-05 As the number of community pools and waterparks grows nationwide participation in aquatic activities is also growing Lifeguards must receive proper and effective training and maintain their skills to ensure their ability to work effective with others as a part of a lifeguard team This manual will supplement your in service training to keep your knowledge and skills sharp    **American Red Cross Lifeguarding** ,1995

Reviewing **14 Redcross Lifeguarding Test Review Sheet**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**14 Redcross Lifeguarding Test Review Sheet**," an enthralling opus penned by a very acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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