

Johannes Fuchs

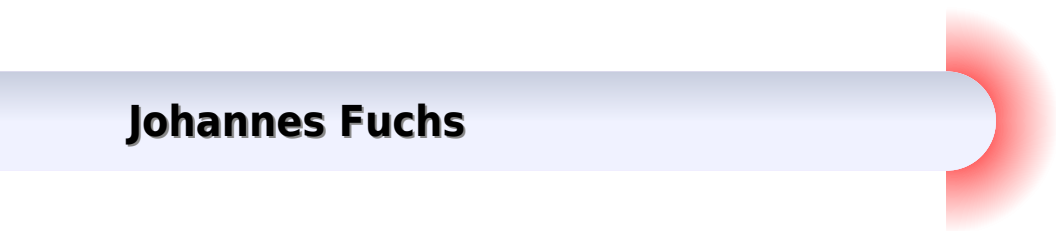
Das Burnout-Syndrom und begünstigende Faktoren

Überlegung für das Berufsfeld des Rettungsassistenten und des Rettungssanitäters in der Landrettung im Rheingau-Taunus-Kreis

Bachelorarbeit

Burnout Syndrom Begünstigende Faktoren Rettungsassistenten Rheingau Taunus Kreis

Johannes Fuchs



Burnout Syndrom Begünstigende Faktoren Rettungsassistenten Rheingau Taunus Kreis:

Das Burnout-Syndrom und begünstigende Faktoren Johannes Fuchs, 2015-07-28 Bachelorarbeit aus dem Jahr 2015 im Fachbereich Gesundheit Sonstiges Note 1,0 Katholische Fachhochschule Mainz Veranstaltung Gesundheit und Pflege Sprache Deutsch Abstract Die Arbeitsbelastung im Rettungsdienst ist durch Schichtdienst einschließlich Dienst an Wochenenden und Feiertagen hoch. Hinzu kommt es für das Rettungsdienstpersonal während des Einsatzes zu emotionalen, psychischen und körperlichen Belastungen. Heringshausen beschreibt eine zunehmende Komplexität in diesem Berufsfeld. Die präklinische Akutversorgung von Notfallpatienten stellt aufgrund immer komplexer werdender diagnostischer und therapeutischer Optionen sowie organisatorischer und arbeitsgesetzlicher Rahmenbedingungen hohe Anforderungen an das Rettungsdienstpersonal. Heringshausen (2011: 5) Ein Burnout scheint bei solchen Arbeitsbedingungen nicht selten vorprogrammiert zu sein. Doch Burnout wird häufig noch als Schwäche Versagen oder individuelle Fehlleistung angesehen, obwohl in der Forschung zunehmend akzeptiert wird, dass die Arbeitsbedingungen bei der Entstehung von Burnout eine wichtige Rolle spielen. Rössner/Fischer (2007: 3) Zu Beginn der 1970er Jahre galten vor allem die sog. Helferberufe als burnoutgefährdet. Inzwischen gibt es in der aktuellen Fachliteratur Beschreibungen über die Entstehung von Burnout in über 30 Berufen. Hier werden Sozialarbeiter, Pfarrer, rzte, Pflegepersonal, Sportler, Anwälte, Studenten und sogar Arbeitsuchende erwähnt. Aus Gründen der besseren Lesbarkeit des Textes wird nur die kürzere männliche Schreibweise verwendet. An dieser Stelle wird mit Getätigkeit für die gesamte Arbeit betont, dass dies als Synonym für die männliche und weibliche Form vereinfacht verwendet wurde und alle männlichen und weiblichen Personen gleichberechtigt angesprochen werden. Mitarbeiter des Rettungsdienstes, die einer hohen emotionalen, psychischen und physischen Belastung ausgesetzt sind, findet man hier nicht. Neuerdings registrieren Wissenschaftler eine neue Qualität der Burnoutgefahren. Das Syndrom sei in sämtlichen Berufen und Tätigkeiten anzutreffen. Im Arbeitsprozess steigende zunehmend die totale Verausgabung aller menschlichen Ressourcen auf der Tagesordnung und werde die gesamte Persönlichkeit gefordert. Die Arbeitszeit kennt häufig keine Grenzen mehr. Energiereserven bleiben dabei auf der Strecke, oft verbunden mit einer Kette endloser Frustration. Rössner/Fischer (2007: 10)

Burnout Syndrom Beg Nstigende Faktoren Rettungsassistenten Rheingau Taunus Kreis: Bestsellers in 2023 The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous engrossing novels captivating the hearts of readers worldwide. Lets delve into the realm of bestselling books, exploring the fascinating narratives that have enthralled audiences this year. Burnout Syndrom Beg Nstigende Faktoren Rettungsassistenten Rheingau Taunus Kreis : Colleen Hoovers "It Ends with Us" This poignant tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can succeed. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and thrilling novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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