

American Red Cross CPR / AED Certification Study Guide

What is the Citizen Responders first step in an emergency? - Answer- Recognize -> check -> call

What is the most important thing you can do in any emergency? - Answer- Call 911

What are the correct steps in checking an emergency? - Answer- Check, Call, Care

Why should you check a scene first before providing care? - Answer- To ensure the scene is safe. You don't want to place yourself in unsafe scene.

What does implied consent refer? - Answer- If they are unconscious of a child with no adult, you can perform care

If a child is bleeding badly, what should you do immediately? - Answer- Call 911 and stop blood (put on gloves)

The best way to tell if a victim is conscious is to...? - Answer- Tap their left shoulder, check for breathing, ask them a question

How should you check for signs of breathing? - Answer- Head back, chin up, face chest, listen for breathing watch chest, look listen and feel for 10 seconds

Best way to prevent disease transmission? - Answer- Use gloves or anything that is a barrier to bodily fluid contact

How should you check a conscious child for non-life threatening emergencies? - Answer- From head-to-toe talking them through with it

If you think a person is not breathing, what would you do next? - Answer- Call 911, look, listen and feel for breathing

A victim is found face-up. How do you know if he/she is breathing? - Answer- You ask then if no response head tilt chin lift face chest and listen for breathing

When should you call 911? - Answer- After recognizing scene or when given the consent of a life-threatening situation. When a person is unconscious, not breathing, or in a life-threatening emergency

How can bystanders be helpful to you while you are checking the scene? - Answer- They can call 911, care, provide info

Why do we tilt a victim's head back? What is that technique called? - Answer- To open the airway, head tilt, chin lift

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The 2004 Guide to the Evaluation of Educational Experiences in the Armed Services American Council on Education, American Council on Education Staff, 2004 For more than a half century the Guide to the Evaluation of Education Experiences in the Armed Services has been the standard reference work for recognizing learning acquired in military life Since 1942 ACE and has worked cooperatively with the US Department of Defense the Armed Services and the US Coast Guard in helping hundreds of thousands of individuals earn academic credit for learning achieved while serving their country *Cornell University Courses of Study* Cornell University, 2003 **The Massachusetts register**, 2010 *Forthcoming Books* Rose

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