

# Dynamic Structure of NREM Sleep

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# Dynamic Structure Of Nrem Sleep

**Ismet Karacan**



## **Dynamic Structure Of Nrem Sleep:**

*Dynamic Structure of NREM Sleep* Peter Halasz, Robert Bodizs, 2012-10-14 *Dynamic Structure of NREM Sleep* is a concise guide to Cyclic Alternating Pattern CAP phenomenology and slow wave homeostasis. It presents an original approach to a specialized aspect of sleep neuroscience in a concise and easy to read format. The authors are specialists in the field of sleep neuroscience and lend a new perspective to the benefits of slow wave activity during sleep. The main feature of this discussion is that slow wave activity increases as a function of previous wakefulness and it gradually decreases in the course of sleep. Alongside developing this idea, this book covers the entire range of sleep issues from basic structure to function in comprehensive detail. *Dynamic Structure of NREM Sleep* is valuable reading for neurologists, sleep neuroscientists, and those with an interest in the field. *Dynamic Structure of Nrem Sleep* Springer, 2012-10-16

*The Oxford Handbook of EEG Frequency* Philip Gable, Matthew Miller, Edward Bernat, 2022-07-14 The use of electroencephalography (EEG) to study the human mind has seen tremendous growth across a vast array of disciplines due to increased ease of use and affordability of the technology. Typically, researchers study how the magnitude of the waves changes over time or how the rhythm frequency of the waves changes over time. *The Oxford Handbook of EEG Frequency* is arguably the first book to comprehensively describe the ways to study how the frequency of the waves changes over time and how changes in frequency are linked to cognitive, affective, and motor processes. Consisting of 23 chapters written by leading authorities in the field, the book is separated into three sections with the first focusing on the basics of EEG frequency research, linking frequency analyses to core components of EEG research with event-related potential (ERP) components and local field potentials (LFPs) in non-human animals. The second section looks at specific EEG frequency components that are commonly studied using traditional frequency bands of activity to study specific psychological processes. Finally, the third section explores EEG frequency analyses in special populations and altered states. Each chapter provides a diverse perspective on the topic, giving readers the opportunity to learn about a vast array of methods to conduct EEG frequency analyses from traditional to cutting-edge techniques, providing a comprehensive and in-depth overview of electroencephalography (EEG).

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