

What is Body Dysmorphic Disorder



- BDD makes you obsess over perceived flaws in your appearance, causing significant distress.
- Excessive mirror checking and seeking reassurance can interfere with your daily life and relationships.
- Understanding and recognizing BDD is crucial for providing support and seeking help.

Body Dysmorphic Disorder

David Veale, Fugen Neziroglu

Body Dysmorphic Disorder **Body Dysmorphic Disorder:**

Ignite the flame of optimism with is motivational masterpiece, **Body Dysmorphic Disorder**. In a downloadable PDF format (PDF Size: *), this ebook is a beacon of encouragement. Download now and let the words propel you towards a brighter, more motivated tomorrow.

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