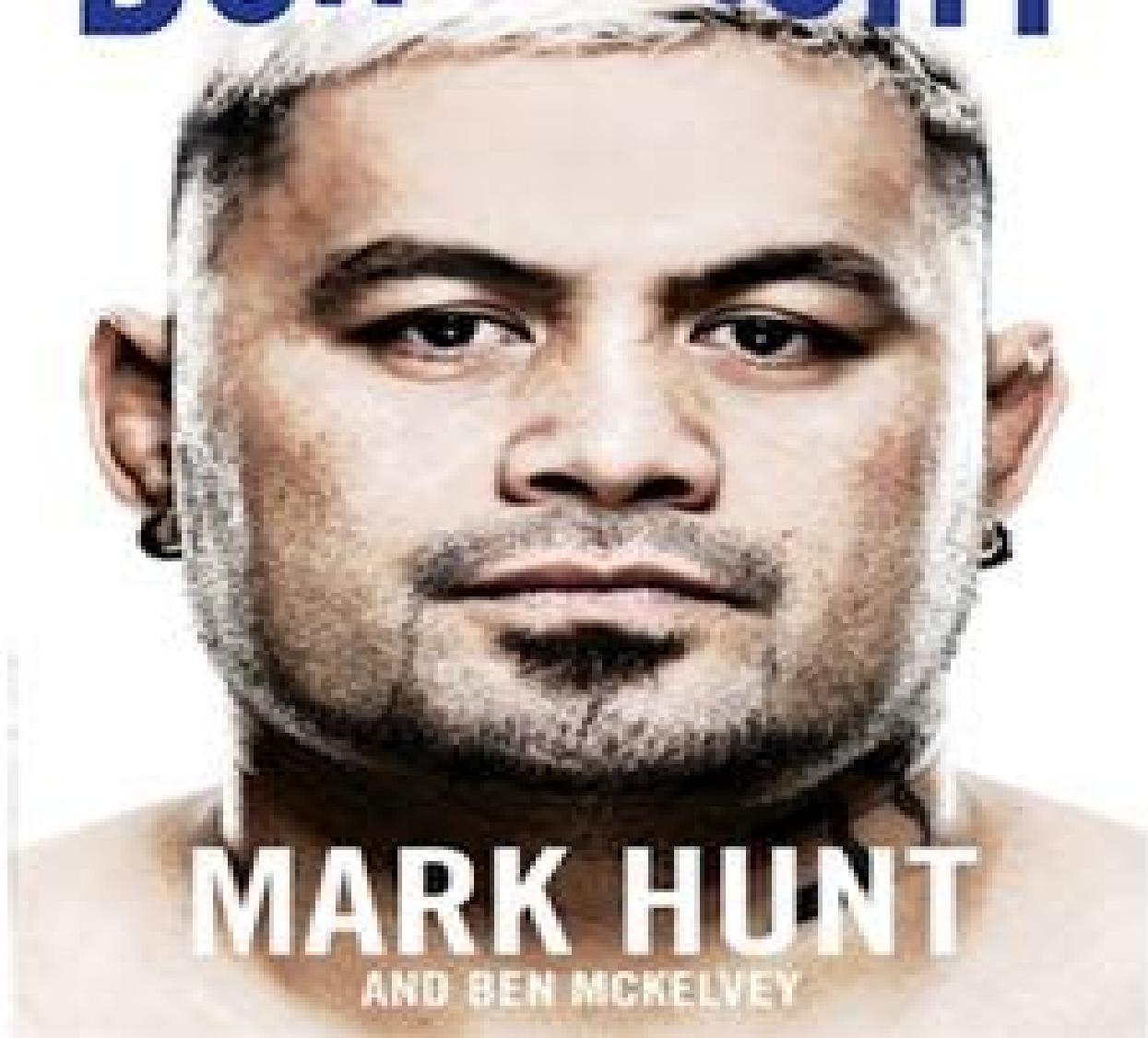


THE "SUPER SAMOAN" HEAVYWEIGHT'S UNFORGETTABLE STORY  
OF SADNESS, HOPE, PRIDE, HONOUR AND TRIUMPH

# BORN <sup>TO</sup> FIGHT



**MARK HUNT**

AND BEN MCHELVEY

## Born To Fight Mark Hunt

**Eugene Glass**

## **Born To Fight Mark Hunt:**

*Born To Fight* Mark Hunt, Ben McKelvey, 2015-09-29 There's more than a few instances in this biography of UFC cult favourite Mark Hunt that make you shake your head in disbelief. Inside Sport A powerful story of sadness, hope, pride, honour and triumph from the real life Rocky Raw. Confronting and honest UFC champion Mark Hunt's inspiring autobiography shows it is possible to defy the odds and carve a better life. Born into a Mormon Samoan family, Hunt details his harrowing early life, his troubled teen years and his angry youth with no apparent future. After being plucked from an Auckland street fight and dropped into his first kickboxing bout, Mark went on to achieve unprecedented success in Australian and New Zealand combat sports. In an ongoing career that has spanned the globe, Mark Hunt has been in some of the UFC, Pride and K-1's most memorable battles. But in some ways those fights pale in comparison to that which he has overcome out of the ring and cage. As fearless with his opinions as he is in the Octagon, Mark pulls no punches in revealing the highs and lows of his extraordinary life.

**MMA Manuscripts: 30 Must-Reads in the World of MMA and Combat Sports** James Bren, Embark on an exhilarating journey into the world of mixed martial arts MMA and combat sports with *MMA Manuscripts: 30 Must-Reads in the World of MMA and Combat Sports* by James Bren. This comprehensive anthology brings together 30 essential books that delve into the rich tapestry of MMA, covering its history, techniques, strategies and personal narratives. From gripping memoirs of legendary fighters to insightful analyses of fighting styles and training methods, this curated collection caters to both seasoned MMA aficionados and curious newcomers alike. Explore the iconic matches, celebrated fighters and pivotal moments that have left an indelible mark on the landscape of MMA. Delve into the inner workings of the Octagon, unravel the stories of revered champions and gain profound insights into the mental and physical rigors of combat sports. With titles spanning a diverse range of topics including training manuals, biographies and philosophical treatises, *MMA Manuscripts* offers a comprehensive overview of the multifaceted world of MMA culture and history. Featuring contributions from esteemed authors and experts in the field, each book is meticulously chosen to provide readers with a deeper understanding of MMA's evolution and its profound impact on sports culture. Whether you're intrigued by the technical nuances of grappling and striking or captivated by the human drama and triumphs that unfold inside the cage, this anthology promises an immersive exploration of the MMA universe. Ideal for fighters, coaches, fans and anyone with a passion for combat sports, *MMA Manuscripts* serves as an invaluable resource and reference guide for delving into the intricacies of MMA and its enduring allure. Whether you seek inspiration, knowledge or simply an engaging read, this anthology is certain to satiate your appetite for all things MMA. Embark on a captivating odyssey through the pages of *MMA Manuscripts* and immerse yourself in the electrifying world of mixed martial arts.

## **The MMA Encyclopedia**

Jonathan Snowden, Kendall Shields, 2010-11 Did you see the big fight this weekend? The question used to be about boxing matches when the giants of the fight world were Mike Tyson and Roy Jones. Now fans are leaving the sweet science in droves for the

combat sport of the future mixed martial arts MMA MMA has drawn millions on cable and network television as well as out performed professional wrestling and boxing on pay per view Fans are attracted to the sport but unlike boxing where strategy and technique are limited to using both your left and right hands an MMA fight can be surprisingly complicated The MMA Encyclopedia puts the fighters the facts and the fundamentals of the world s fastest growing sport at your fingertips as the definitive reference guide to mixed martial arts The encyclopedia will break the MMA language barrier for those who don t know a wristlock from a wristwatch while at the same time offering perspective and analysis that will entertain the hardcore fan who already has the basics down pat With three appendices that detail the results of every MMA fight in history this the ultimate reference book for the ultimate sport THE HISTORY OF THE UFC BOOK 2 James Bren, Step into the heart of the Octagon with James Bren s comprehensive journey through The History of the UFC Book 2 As a follow up to the acclaimed first volume Bren once again takes readers on an exhilarating ride through three decades of the Ultimate Fighting Championship capturing the essence of a sport that has transcended boundaries and become a global phenomenon From the early days of the UFC where pioneers tested their skills in a raw and unregulated arena to the glitzy spectacles of sold out arenas and global Pay Per View events this book leaves no stone unturned Bren masterfully navigates through the highs and lows the triumphs and tribulations documenting the evolution of mixed martial arts as told by the warriors who stepped into the cage Relive iconic moments that shaped the UFC s narrative from legendary title bouts to underdog stories that defy the odds With meticulous detail Bren delves into the stories behind every submission knockout and decision that echoed through the annals of UFC history Witness the rise of fighters who became legends from the early dominance of Royce Gracie to the era defining presence of fighters like Georges St Pierre Anderson Silva Ronda Rousey and Conor McGregor Explore the intricacies of the sport through the tales of grit and determination where fighters battled not only in the cage but against personal demons and adversities The History of the UFC Book 2 is not just a recollection of events it s an immersive experience that transports readers into the heart of the action Through Bren s vivid storytelling the Octagon comes alive and the resilience courage and indomitable spirit of the fighters shine This book is a celebration of the UFC community where passionate fans contribute to the energy that fuels the sport Whether you re a seasoned fan reliving the glory days or a newcomer eager to understand the roots of the UFC this book caters to a diverse audience As the final bell rings on this volume the reader is left with a profound appreciation for the UFC s impact on sports culture and the human spirit James Bren s The History of the UFC Book 2 is not just a book it s a testament to the enduring legacy of a sport that continues to inspire generations Get ready for an unforgettable journey through the Octagon The cage door is open are you ready to step in **Combat Sports** David L. Hudson Jr.,2009-05-13 Fistic combat represents the greatest human drama in all of sport Roman gladiators thrilled citizens and emperors alike when they entered the octagon to face an intense life threatening experience Boxing the sport of kings also has its roots in the ancient civilizations of Greece and Rome Banned in 500 A D by

the Emperor Theodoric it resurfaced twelve centuries later in England John Milton praised it as a noble art for building character in young men and sports writer A J Leibling dubbed it the Sweet Science Many of its major protagonists men such as Joe Louis Rocky Marciano and Muhammad Ali have become transcendent near mythic heroes But boxing is not the only combat sport and mixed martial arts in all their ferocious beauty represent the fastest growing sports genre in the world Ultimate Fighting Championships UFC has joined boxing in paying seven figures to some of its champions and draws millions in its pay per view events This book details leading figures in boxing sumo wrestling kickboxing Greco Roman wrestling and mixed martial arts including organizations such as Ultimate Fighting PRIDE K 1 Total Combat and SportFighting Over 150 entries cover champions contenders and other famous combatants from all over the world as well as legendary promoters managers trainers and events Also included in this encyclopedia are sidebars on controversies highlights brief bios and other noteworthy events along with a general timeline

**The Delineator** R. S. O'Loughlin,H. F. Montgomery,Charles

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