



Patricia Tanumihandja

THE ASIAN GRANDMOTHERS COOKBOOK

Home Cooking from Asian American Kitchens



Asian Grandmothers Cookbook

Rachael Rayner



Asian Grandmothers Cookbook:

The Asian Grandmothers Cookbook Patricia Tanumihardja, 2009 Asian grandmothers whether of Chinese Japanese Indonesian Vietnamese or Indian descent are the keepers of the cultural and culinary flame Their mastery of delicious home cooked dishes and comfort food makes them the ideal source for this cookbook Author Pat Tanumihardja has assembled 130 tantalizing dishes from real Chinese fried rice to the classic Filipino Chicken Adobo to the ultimate Japanese comfort dish Oyako donburi This is hearty food brightly flavored equally good to look at and eat Flavors range from soy and ginger to hot chiles fragrant curries and tart vinegars The author has translated all of the recipes to work in modern home kitchens Many of them have been handed down from mother to daughter for generations without written recipes and some appear in tested and written form for the first time An exhaustive Asian Pantry glossary explains the ingredients from the many kinds of rice and curries to unfamiliar but flavorful vegetables

The Ultimate Asian Grandma Cookbook Rachael Rayner, 2016-09-19 We all know how delicious some of our classic family recipes can be especially if they have been passed down through the generations The same holds true for Asian families and if you have been looking for the ultimate Asian grandmother s cookbook then this is the perfect book for you Inside of this book The Ultimate Asian Grandma Cookbook A Look into Your Asian Grandmothers Kitchen Over 25 Recipes You Won t Be Able to Get Enough of you will discover over 25 of the most classic and traditional recipes straight from Asian grandmother s kitchen Unlike other Asian Grandmothers cookbook inside of this book you will only find the most delicious recipes that your entire family is going to be begging for

[The Asian Grandmothers Cookbook](#) Patricia Tanumihardja, 2010-06-01 Asian grandmothers whether of Chinese Japanese Indonesian Vietnamese or Indian descent are the keepers of the cultural and culinary flame Their mastery of delicious home cooked dishes and comfort food makes them the ideal source for this cookbook Author Pat Tanumihardja has assembled 130 tantalizing dishes from real Chinese fried rice to the classic Filipino Chicken Adobo to the ultimate Japanese comfort dish Oyako donburi This is hearty food brightly flavored equally good to look at and eat Flavors range from soy and ginger to hot chiles fragrant curries and tart vinegars The author has translated all of the recipes to work in modern home kitchens Many of them have been handed down from mother to daughter for generations without written recipes and some appear in tested and written form for the first time An exhaustive Asian Pantry glossary explains the ingredients from the many kinds of rice and curries to unfamiliar but flavorful vegetables

Instant Pot Asian Pressure Cooker Meals Patricia Tanumihardja, 2020-09-01 Instant Pot Asian Pressure Cooker Meals shows you how to cook more than 60 Asian dishes at home using healthy inexpensive ingredients and your Instant Pot In this cookbook Asian American food expert Patricia Tanumihardja shows you how to buy fresh ingredients condiments and spices from your local supermarket farmers market or health food store on a budget then how to use them to prepare delicious and flavorful Asian dishes using an Instant Pot The author takes you through all the basics including making rice and soup stocks then shows you how to prepare all the popular

dishes you love including Sweet and Sour Pork Chinese Lemon Teriyaki Chicken Japanese Kalbijjim Braised Beef Short Ribs Korean Chicken Adobo Filipino Pho Chicken Noodle Soup Vietnamese Pad Thai Rice Noodles Thai Red Lentil Dal with Dates and Caramelized Onions Indian To round off the menu Tanumihardja even presents a handful of popular Asian desserts and snacks Sticky rice with mango or Filipino caramel flan As the author reveals everything is possible in your Instant Pot and this cookbook shows you how to do it

Farm to Table Asian Secrets Patricia Tanumihardja,2017-03-28 ING_08 Review quote **Asian Pickles at Home** Patricia Tanumihardja,2020-07-21 Easy recipes for making pickles and fermented foods from all over Asia Whether you re a first time fermenter or a pickling pro it s never been easier to create flavorful Asian pickles from the comfort of your own kitchen Asian Pickles at Home is packed with straightforward guidance and delicious recipes for fast and fresh pickles chutneys and sauces kimchi and other fermented foods from Japan China Korea India and Southeast Asia This guide to Asian pickling includes A pickling primer Learn all about the history and process of fermentation the health benefits of pickles using the right ingredients and how to outfit your kitchen for pickling success Your pickling passport Explore what makes each country s pickles and pickling techniques unique and get detailed instructions for canning and fermenting Asian pickles Simple recipes Discover uncomplicated recipes that require only easy to find ingredients and basic techniques to create the complex flavor profiles you know and love Master the art of Asian pickles from around the globe with this essential pickling book

Asian American Food Culture Alice L. McLean,2015-04-28 Covering topics ranging from the establishment of the Gulf Coast shrimping industry in 1800s to the Korean taco truck craze in the present day this book explores the widespread contributions of Asian Americans to U S food culture Since the late 18th century Asian immigrants to the United States have brought their influences to bear on American culture yielding a rich varied and nuanced culinary landscape The past 50 years have seen these contributions significantly amplified with the rise of globalization considerably blurring the boundaries between East and West giving rise to fusion foods and transnational ingredients and cooking techniques The Asian American population grew from under 1 million in 1960 to an estimated 19.4 million in 2013 Three quarters of the Asian American population in 2012 was foreign born a trend that ensures that Asian cuisines will continue to invigorate and enrich the United States food culture This work focuses on the historical trajectory that led to this remarkable point in Asian American food culture In particular it charts the rise of Asian American food culture in the United States beginning with the nation s first Chinese chow chows and ending with the successful campaign of Indochina war refugees to overturn the Texas legislation that banned the cultivation of water spinach a staple vegetable in their traditional diet The book focuses in particular on the five largest immigrant groups from East and Southeast Asia those of Chinese Japanese Korean Filipino and Vietnamese descent Students and food enthusiasts alike now have a substantial resource to turn to besides ethnic cookbooks to learn how the cooking and food culture of these groups have altered and been integrated into the United States foodscape The work begins with a chronology that highlights Asian immigration

patterns and government legislation as well as major culinary developments The book s seven chapters provide an historical overview of Asian immigration and the development of Asian American food culture detail the major ingredients of the traditional Asian diet that are now found in the United States introduce Asian cooking philosophies techniques and equipment as well as trace the history of Asian American cookbooks and outline the basic structure and content of traditional Asian American meals Author Alice L McLean s book also details the rise of Chinese Japanese Korean Filipino and Vietnamese restaurants in the United States and discusses the contemporary dining options found in ethnic enclaves introduces celebratory dining providing an overview of typical festive foods eaten on key occasions and explores the use of food as medicine among Asian Americans

The Chinese Takeout Cookbook Diana Kuan,2012-12-11 America s love affair with Chinese food dates back more than a century Today such dishes as General Tso s Chicken Sweet and Sour Pork and Egg Rolls are as common as hamburgers and spaghetti Probably at this moment a drawer in your kitchen is stuffed with Chinese takeout menus soy sauce packets and wooden chopsticks right But what if you didn t have to eat your favorites out of a container In *The Chinese Takeout Cookbook* Chinese food blogger and cooking instructor Diana Kuan brings Chinatown to your home with this amazing collection of more than eighty popular Chinese takeout recipes appetizers main courses noodle and rice dishes and desserts all easy to prepare and MSG free Plus you ll discover how to stock your pantry with ingredients you can find at your local supermarket season and master a wok for all your Chinese cooking needs prepare the flavor trifecta of Chinese cuisine ginger garlic and scallions wrap egg rolls dumplings and wontons like a pro steam fish to perfection every time create vegetarian variations that will please everyone s palate whip up delectable sweet treats in time for the Chinese New Year *The Chinese Takeout Cookbook* also features mouthwatering color photos throughout as well as sidebars that highlight helpful notes including how to freeze and recook dumplings cooking tidbits such as how to kick up your dish with a bit of heat and the history behind some of your favorite comfort foods including the curious New York invention of the pastrami egg roll and the influence of Tiki culture on Chinese cuisine So put down that takeout menu grab the wok and let s get cooking Here for the first time in one fun easy and tasty collection are more than 80 favorite Chinese restaurant dishes to make right in your own kitchen Cold Sesame Noodles Kung Pao Chicken Classic Barbecue Spareribs Beef Chow Fun Homemade Chili Oil Hot and Sour Soup Chinatown Roast Duck Moo Shu Pork Dry Fried String Beans Black Sesame Ice Cream And of course perfectly fried Pork and Shrimp Egg Rolls Diana Kuan chronicles America s love affair with Chinese food *The Chinese Takeout Cookbook* is the perfect reason to throw out those menus cluttering your kitchen drawers

Patricia Tanumihardja author of *The Asian Grandmothers Cookbook* [Hyphen Magazine](#) ,2008 [Wine Enthusiast](#) ,2010-08 *Farm to Table Asian Secrets: Vegan & Vegetarian Full-Flavored Recipes for Every Season* Patricia Tanumihardja,2024-04-02 In this delightful Asian cookbook you ll learn the secrets of vegetarian and vegan Asian cooking how to blend flavors textures aromas and colors to create full flavored vegetarian dishes that are missing none of the umami

associated with meat and dairy Each chapter based on seasonal vegetables provides a wide range of choices using produce that is available at that time of year making it easy to plan a variety of menus that are never dull Here are just a few examples of the tempting Asian recipes in this book Starters and Snacks such as Crispy Spring Rolls Green Apple Salad with Tangy Thai Dressing Butternut Squash Pot Stickers and Korean Style Buffalo Broccoli Family Style Meals such as Asparagus in Lemongrass Coconut Cream Sauce Grilled Vegetable Kebabs with Two Marinades General Tso s Eggplant and Kung Pao Potatoes All in One Meals such as Have It Everyday Pad Thai Crispy Noodles with Savory Vegetables Sweet Potato Rice Stew and Easy Miso Ramen Author Patricia Tanumihardja is an experienced food writer and expert on Asian and sustainable farm to table cooking She shows you how to buy and use the freshest in season produce to create delicious dishes with startlingly new flavors and textures by adding a few secret ingredients the traditional sweet sour spicy savory seasonings that every Asian cook knows She also explains in this Asian cookbook how the use of contrasting textures for example silky tofu with crunchy peanuts can create greater food enjoyment and a stimulating new dining experience A home cook at heart Pat s recipes are very straightforward without lots of exotic ingredients or specialized tools They are also easy and quick to prepare She shows you how adding a few Asian fermented and pickled vegan products like miso or pickled greens will add a new universe of flavors to your cooking The same is true for flavor enhancers like fried shallots crispy fried garlic and the flavored oils that Asian chefs and restaurants use on a regular basis

[The New Yorker](#) Harold Wallace Ross,William Shawn,Tina Brown,David Remnick,Katharine Sergeant Angell White,Rea Irvin,Roger Angell,2009-10 **Have You Eaten?** Verna Gao,2023-10-24 A beautifully personal cookbook of more than 70 easy and inspiring Chinese and East Asian recipes for every occasion Verna Gao is throwing a Chinese dumpling party and everyone is invited so roll out the dough and learn to pleat like a Hangzhou grandma The Hungry Banana Cookbook brings together more than 70 of Verna s all time favorite Asian inspired recipes Each dish is simple to make and sumptuous to eat with something for every mood or occasion whether you want to be slurping spring onion noodles in a matter of minutes sinking into a comforting bowl of congee or sharing a round of vegan baos with friends More than just a compendium of recipes this is a personal journey back in time through words memories and photographs to the people and places that inspired these dishes from memories of a Shanghai childhood spent with mom and grandma in the kitchen to impromptu real Chinese cooking lessons with college friends and backpacking around the street food hotspots of East Asia Super fresh vegan adaptable and full of punchy flavors Verna s unfussy recipes make Chinese home cooking accessible to everyone

The Easy Asian Cookbook for Slow Cookers Nancy Cho,2018-07-17 The Easy Asian Cookbook for Slow Cookers celebrates the multicultural influences and traditions in Asian cuisine with classic comfort dishes made easy From Chinese to Korean Thai to Filipino and Indian to Sri Lankan The Easy Asian Cookbook for Slow Cookers features a variety of recipes that combine classic family style favorites with the ease and convenience of the slow cooker appliance Along with step by step instructions and minimal prep the majority of the recipes call for strict slow

cooking allowing busy folks to ditch the take out and enjoy fresh homemade Asian dishes any night of the week The Easy Asian Cookbook for Slow Cookers features Quick and easy prep with the majority of recipes requiring only an average 15 minutes of prep and little to no pre cooking Over 80 Asian cookbook recipes for classic comfort dishes like Drunken Noodles and Cambodian Caramelized Pork A culinary geography of Asia that provides flavor profiles of the most common ingredients found in East Asia Southeast Asia and South Asia The Easy Asian Cookbook for Slow Cookers makes it easy to explore the culinary delights of Asian cuisine with easy recipes for hassle free slow cooking **Ethnic Cuisines** Hamo B. Vassilian,1996 A cookbook bibliography of over 50 nations and cultures It contains 1 309 titles and cover images of 300 cookbooks Tiffany Cooks Tiffany Chen,2024-02-27 The wildly popular blogger and TikTok sensation behind Tiffany Cooks shares 88 of her favorite easy everyday family style recipes from across Asia Tiffany Chen started blogging about food and recipes after learning to cook from her mother and grandmother In her debut cookbook Tiffany shares memories and recipes shaped by growing up in Taiwan a country with rich culture diverse cuisines and some of the best street food in the world along with beloved family recipes and unique dishes inspired by her travels across Southeast Asia With eighty eight a very lucky number in Chinese culture flavor packed recipes Tiffany offers her favorite quick and easy everyday dishes like a classic Taiwanese Breakfast Sandwich and her grandmother s Sesame Chicken Rice Also included are family style dishes to pass around and enjoy from Drunken Chicken and Braised Five Spice Beef to Garlic and Scallion Lobster and Braised Sticky Pork Belly You ll find favorites like bao buns wontons and dumplings that are great to make in bulk all freezer friendly to help you save time and have them on hand for when the mood strikes With gorgeous step by step photography and heartwarming stories about traveling in Asia and finding the best street food in Taiwan Tiffany Cooks celebrates Asian food and family in this must make collection of go to easy recipes **The Publishers Weekly** ,2009 All Asian Cookbook Jacki PASSMORE,1983 *The Everything Easy Asian Cookbook* Kelly Jagers,2015-07-12 Forget takeout you can make healthy Asian meals at home Whether you re craving a Chinese Japanese Korean Vietnamese or Thai favorite or in the mood to try something new The Everything Easy Asian Cookbook teaches you all you need to make the most popular Asian cuisine meals right at home Featuring classic flavorful dishes like Wonton Soup Hot Hunan Beef Pad See Ew with Chicken Prawn and Scallion Egg Rolls Tofu Salad with Ginger Miso Dressing Sweet Sticky Rice with Mango You ll learn how to make your favorite dishes in the comfort of your own kitchen without overly complicated instructions or hard to find ingredients And best of all no more waiting for the delivery person or shelling out cash for an easy weeknight meal **The Complete Asian Cookbook** Charmaine Solomon,1976

Enjoying the Beat of Expression: An Mental Symphony within **Asian Grandmothers Cookbook**

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