

AARC Clinical Practice Guideline

Bland Aerosol Administration—2003 Revision & Update

BAA 1.0 PROCEDURE:

Bland aerosol administration

BAA 2.0 DESCRIPTION/DEFINITION:

For purposes of this guideline, bland aerosol administration includes the delivery of sterile water or hypotonic, isotonic, or hypertonic saline in aerosol form.¹ Bland aerosol administration may or may not be accompanied by oxygen administration.

2.1 The use of cool, bland aerosol therapy is primarily indicated for upper airway administration;^{1,2} therefore, a mass median aerodynamic diameter (MMAD) ≥ 5 micron is desirable.

2.2 The use of hypo- and hypertonic saline is primarily indicated for inducing sputum specimens; therefore, a MMAD of 1-5 microns is desirable.

2.3 The use of heated bland aerosol is indicated primarily for minimizing humidity deficit when the upper airway has been bypassed;² therefore, a MMAD of 2-10 microns is desirable.

BAA 3.0 SETTINGS:

Bland aerosol therapy can be administered in settings that include hospital, clinic, extended care facility, and home.

BAA 4.0 INDICATIONS:

4.1 The presence of upper airway edema—cool bland aerosol^{1,2}

4.1.1 Laryngotracheobronchitis (LTB)^{1,2}

4.1.2 Subglottic edema^{1,2}

4.1.3 Post-extubation edema^{1,2}

4.1.4 Postoperative management of the upper airway

4.2 The presence of a bypassed upper airway²

4.3 The need for sputum specimens or mobilization of secretions^{1,4}

BAA 5.0 CONTRAINDICATIONS:

5.1 Bronchoconstriction^{1,2,3,6}

5.2 History of airway hyperresponsiveness^{1,2,3,6}

BAA 6.0 HAZARDS/COMPLICATIONS:

6.1 Wheezing or bronchospasm^{1,2,3,6}

6.2 Bronchoconstriction when artificial airway is employed^{1,11}

6.3 Infection¹²

6.4 Overhydration¹²

6.5 Patient discomfort

6.6 Caregiver exposure to droplet nuclei of *Mycobacterium tuberculosis* or other airborne contagious microorganism produced as a consequence of coughing, particularly during sputum induction

6.7 Edema of the airway wall¹³

6.8 Edema associated with decreased compliance and gas exchange and with increased airway resistance

6.9 Sputum induction by hypertonic saline inhalation can cause bronchoconstriction with patients who have COPD,¹⁴ asthma, cystic fibrosis, or other pulmonary diseases.¹⁵

BAA 7.0 LIMITATIONS OF METHOD:

7.1 The efficacy of intermittent or continuous use of bland aerosol as a means of reducing mucus has not been established.^{1,2} Bland aerosol is not a substitute for systemic hydration.

7.2 The physical properties of mucus are only minimally affected by the addition of water aerosol.¹⁶

7.3 Bland aerosol for humidification when the upper airway has been bypassed is not as efficient or effective as are heated water humidifiers or adequately designed heat moisture exchangers (HME) because of the

7.3.1 Difficulties in maintaining temperature at patient airway

7.3.2 Possible irritation to the airway¹⁷⁻¹⁹

7.3.3 Infection risk¹²

Aarc Clinical Guidelines 2014

Suzanne M. Burns



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Perry & Potter's Canadian Clinical Nursing Skills and Techniques- E-Book Shelley Cobbett,2023-11-10 Perry Potter s Canadian Clinical Nursing Skills and Techniques 2nd Edition helps equip you with the skills you need to successfully care for patients within the Canadian social and institutional context Offering comprehensive coverage of more than 200 basic intermediate and advanced skills this textbook features nearly 1 000 full colour photographs and illustrations a nursing process framework step by step instructions with rationales and a focus on critical thinking and evidence informed practice New to this edition are unit openers safety alerts documentation examples COVID 19 precautions and protocols and case studies and questions for the Next Generation NCLEX *Respiratory Care: Principles and Practice* Hess,Neil R. MacIntyre,William F. Galvin,Shelley C. Mishoe,2015-04-06 With contributions from over 75 of the foremost experts in the field the third edition represents the very best in clinical and academic expertise Taught in leading respiratory care programs in the U S it continues to be the top choice for instructors and students alike The Third Edition includes numerous updates and revisions that provide the best foundational knowledge available as well as new helpful instructor resources and student learning tools A complete and up to date exploration of the technical and professional aspects of respiratory care With foundations in evidence based practice this essential resource reviews respiratory assessment respiratory therapeutics respiratory diseases basic sciences and their application to respiratory care the respiratory care profession and much more With content cross references the NBRC examination matrices **Respiratory Care Principles and Practice Third Edition** is the definitive resource for today s successful RT **Lippincott Nursing Procedures** Lippincott,2015-10-06 Lippincott Nursing Procedures 7e is a start to finish guide to more than 400 nursing procedures from basic to advanced This reference outlines every procedure lists equipment details each step and includes rationales and cautions to ensure patient safety and positive outcomes Concise clear content targets key information needed to perform nursing procedures safely and accurately at the bedside Tips alerts checklists illustrations and tables provide clarity and quick access to key procedural information Organized alphabetically for easy accessibility the book includes basic and advanced procedures on key topics including infection control specimen collection physical treatments drug administration IV therapy and hemodynamic monitoring as well as procedures related to body systems such as chest tubes peripheral nerve stimulation and intra abdominal pressure monitoring **Priorities in Critical Care Nursing - E-Book** Linda D. Urden,Kathleen M. Stacy,Mary E. Lough,2019-01-09 NEW Updated evidence based content reflects the latest meta analyses systematic reviews evidence based guidelines and national and international protocols NEW Enhanced multimedia resources include 15 links to sample skills from Elsevier Clinical Skills and 25 3D animations NEW and UNIQUE Focus on interprofessional patient problems helps you learn to speak a consistent interprofessional language of patient problems and learn to work successfully as a team NEW and UNIQUE Integration of IPEC Core Competencies for Interprofessional Collaborative Practice incorporates the four IPEC Competencies

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Fourth Edition Suzanne M. Burns, Sarah A. Delgado, 2018-12-24 Succinct complete guidance on how to safely and competently care for adult progressive care patients and their families written by top clinical experts Endorsed by the American Association of Critical Care Nurses AACN this acclaimed textbook sets the standard for progressive care nursing education Recognizing the learner's need to assimilate foundational knowledge before attempting to master more complex progressive care nursing concepts the book features a practical building block organization that starts with the basics and logically moves on to advanced topics Bolstered by helpful tables and Essential Content cases AACN Essentials of Progressive Care Nursing Fourth Edition is an essential tool for clinicians at the point of care and those preparing for PCCN certification in progressive care nursing AACN Essentials of Progressive Care Nursing is divided into four sections The Essentials presents essential information that clinicians must understand to provide safe competent nursing care to progressive care patients regardless of their underlying medical diagnoses Pathologic Conditions covers pathologic conditions and management strategies commonly encountered among adult progressive care patients Advanced Concepts in Caring for the Progressive Care Patient presents advanced progressive care concepts or pathologic conditions that are less common or require more specialized management Key Reference Information features normal laboratory and diagnostic values pharmacology tables and summary tables of cardiac rhythms ECG characteristics and treatment guides Learning aids include Knowledge Competencies to gauge progress Principles of Management to summarize key concepts and Essential Content case studies with questions and answers to further reinforce the learner's knowledge Essentials of Mechanical Ventilation, Fourth Edition Dean R. Hess, Robert M. Kacmarek, 2018-10-26 The acclaimed application based guide to adult mechanical ventilation updated to reflect the latest topics and practice guidelines A Doody's Core Title for 2021 This practical guide is written from the perspective of authors who have nearly 100 years experience as clinicians educators researchers and authors Unlike other references on the topic this resource is about mechanical ventilation rather than mechanical ventilators It is written to provide a solid understanding of the general principles and essential foundational knowledge of mechanical ventilation as required by respiratory therapists and critical care physicians To make it clinically relevant Essentials of Mechanical Ventilation includes disease specific chapters related to mechanical ventilation in these conditions The Fourth Edition has been carefully updated throughout New content includes coverage of mechanical ventilation of the obese patient and advanced monitoring procedures Concepts such as driving pressure are included and the content has been checked against the most recently published clinical practice guidelines Essentials of Mechanical Ventilation Fourth Edition is divided into four parts Part One Principles of Mechanical Ventilation describes basic principles of mechanical ventilation and then continues with issues such as indications for mechanical ventilation appropriate physiologic goals and ventilator liberation Part Two Ventilator Management gives practical advice for ventilating patients with a variety of diseases Part Three Monitoring During Mechanical Ventilation discusses blood gases hemodynamics

mechanics and waveforms Part Four Topics in Mechanical Ventilation covers issues such as airway management aerosol delivery and extracorporeal life support *Critical Care Emergency Medicine, Second Edition* David A. Farcy, William C. Chiu, John P. Marshall, Tiffany M. Osborn, 2016-11-05 The groundbreaking text on critical care emergency medicine updated with the latest evidence and recommendations A Doody's Core Title for 2024 2021 Critical Care Emergency Medicine has become the standard reference for all clinicians who wish to understand the overlap between emergency medicine and critical care Much like the field of emergency medicine itself this text is a collaborative effort involving emergency physicians as well as clinicians from trauma critical care infectious diseases and pulmonary medicine Critical Care Emergency Medicine teaches emergency physicians everything they must know and do to better care for critically ill patients in an emergency department or to provide care in an ICU Enhanced by numerous algorithms that speed decision making and full color illustrations demonstrating anatomy and technique this book is an essential practice tool Incorporating the wisdom of both academic and community emergency medicine experts Critical Care Emergency Medicine Second Edition delivers expert coverage of Airway and Ventilatory Support Pulmonary Disorders Cardiovascular Disorders Gastrointestinal and Renal Disorders Neurologic and Neurosurgical Disorders Hematologic and Endocrine Disorders Infectious Disorders Toxicologic Conditions Ultrasonography in Critical Care Special Considerations including nutritional support end of life issues fluid management and more If you are looking for an up to date evidence based text designed to take your critical care to the next level your search ends here Reichman's Emergency Medicine Procedures, 3rd Edition Eric F. Reichman, 2018-12-25 The most clear complete and easy to understand review of emergency medicine procedures enhanced by an animation library and more than 1 500 full color photographs Doody's Core Titles for 2021 Reichman's Emergency Medicine Procedures Third Edition is written to provide a detailed step by step approach to more than 200 procedures performed in an emergency or acute care setting This trusted classic will provide medical students residents advanced practice clinicians and the seasoned emergentologist with a reliable one stop procedural reference on which to base clinical practices and technical skills The Third Edition is enhanced by added chapters algorithms clinical pictures radiographs tables and coverage of cutting edge technological advancements Features Organized into 16 sections each representing an organ system an area of the body or a surgical specialty Each chapter is devoted to a single procedure Chapters have a similar format that encompasses Relevant anatomy and pathophysiology Indications and contraindications for the procedure Preparation for the patient including consent anesthesia and analgesia Step by step description of the procedure Cautions that indicate common problems Alternative techniques and helpful hints Aftercare and follow up Potential complications Summary of critical information More than 1 500 full color photographs Companion online library of animations demonstrates approximately 40 common or difficult procedures Includes both common and infrequently encountered procedures Important evidence based recommendations throughout Helpful pedagogy includes key information cautions and important facts highlighted in bold

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Fishman's Pulmonary Diseases and Disorders, 2-Volume Set, Sixth Edition Michael A. Grippi, Danielle E.

Antin-Ozerkis, Charles S. Dela Cruz, Robert Kotloff, Camille N. Kotton, Allan I. Pack, 2022-10-22 The definitive guide to the clinical and scientific aspects of pulmonary medicine fully updated with the latest advances in the field A Doody's Core Title for 2024 2023 Fishman's Pulmonary Diseases and Disorders delivers unparalleled coverage of pulmonary medicine With nearly 2500 illustrations 60 videos and 22 000 references this peerless two volume resource provides a comprehensive overview of the scientific basis of lung function in health and disease You'll find detailed coverage of the broad array of disorders affecting the respiratory system including obstructive and restrictive diseases pulmonary vascular disorders sleep disordered breathing lung neoplasms respiratory infections and respiratory failure In addition you'll learn about all the latest advances including molecular development of the lung stem cells and respiratory disease the genetics of pulmonary disease the growth of personalized medicine technical advances in lung transplantation and much more Notable new content in the 6th edition includes discussion of the respiratory effects of vaping detailed consideration of the idiopathic interstitial pneumonitis state of the art discussion of lung nodules a summary of the use of immunotherapy in the treatment of lung

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