

## AASM Scoring Manual Version 2.2 Updates: New Chapters for Scoring Infant Sleep Staging and Home Sleep Apnea Testing

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Version 2.2 of the American Academy of Sleep Medicine (AASM) Manual for the Scoring of Sleep and Associated Events was released on July 1, 2015. The Scoring Manual Editorial Board (previously the Scoring Manual Committee) would like to call attention to the most important changes. As discussed below, there are two new major chapters providing rules for the staging of infant sleep and scoring respiratory events in home sleep apnea testing (HSAT) studies. The new chapters were approved by the AASM Board of Directors to fill two obvious gaps in the Scoring Manual. The Scoring Manual Editorial Board would like to emphasize that any changes in the manual are instituted after long deliberation and consultation with area content experts.

Version 2.2 of the Scoring Manual, for the first time, includes rules for scoring sleep studies in term infants less than two months of age. This milestone acknowledges the importance of studying sleep across the lifespan, beginning with our youngest patients. The new scoring rules address sleep staging in infants and are based on the classic infant scoring rules of Anders et al.<sup>1</sup> Development of these new rules benefited from expert consultation from Madeleine Grigg-Parinberger, MD, and Mark Scher, MD. One important difference between the current manual and Anders is that sleep is now classified into three stages: REM, NREM and transitional, as compared to the Anders classification of active, quiet and indeterminate sleep. This new classification was based on the physiologic similarities between active and REM sleep, and quiet and NREM sleep. Further, it was realized that young infants have stages of sleep that manifest elements of both REM and NREM sleep; hence, the term "transitional" rather than "indeterminate." Note that respiratory events in infants should be scored using the standard AASM pediatric scoring criteria.

Version 2.2 of the AASM Scoring Manual now also includes scoring rules for adult Home Sleep Apnea Testing (HSAT; chapter IX). The foundation for the development of these rules includes the work of the 2010 AASM Out-of-Center Task Force who developed the SCOPPER (Sleep, Cardiovascular, Chemistry, Position, Effort, Respiratory) classification system.<sup>2</sup> This classification system systematically evaluated available technology and evidence for diagnosing obstructive sleep apnea using portable devices. These new HSAT scoring rules allow for standardization of scoring and reporting data generated from HSAT

devices and are consistent with AASM accreditation standards for HSAT. Incorporating these rules not only standardizes reporting from sleep center to sleep center, but also provides a foundation for monitoring quality metrics and patient outcomes. This chapter includes specific reporting parameters for newer monitoring technology such as peripheral arterial tonometry (PAT). As the number and types of HSAT devices evolve, and new technology and evidence emerge, these scoring rules will also evolve to keep pace with the dynamic HSAT landscape.

Going forward, our major goals are to clarify scoring rules (by providing additional examples) and address areas of ambiguity or controversy. To this end, the Editorial Board will begin an ongoing dialog with the panel of "gold standard" reviewers of the AASM Inter-scorer Reliability (ISR) program. This will provide important feedback concerning difficulties that arise when participants apply the scoring rules to "real life" sleep studies. Each month, we also receive thoughtful inquiries about interpretation of the current rules. Many of these questions raise interesting points or reveal areas of confusion. As we know, the rules may not provide answers for all situations, nor satisfactorily anticipate the variety of pathological issues that may be seen. Because some of these issues have little data, these scenarios will require the use of the scorer's clinical judgment. However, we will continue to strive to improve the Scoring Manual as a living document. By utilizing the data and feedback from both the ISR program and members, we can identify and investigate areas that require further classification and apply evidence-based decision making to guide the development of new rules or classifications of existing rules in future versions. And, as always, we are open to and appreciative of your questions and comments.

### CITATION

Berry RB, Gamielido CE, Harding SM, Brooks R, Lloyd RM, Vaughn BV, Marcus CL. AASM Scoring Manual Version 2.2 updates: new chapters for scoring infant sleep staging and home sleep apnea testing. *J Clin Sleep Med* 2015;11(10):1253-1254.

### REFERENCES

1. Anders T, Embleton R, Parmelee A. A manual of standardized terminology, techniques and criteria for scoring of states of sleep and wakefulness in newborn infants. Los Angeles, CA: UCLA Brain Information Service, NINIS Neurological Information Network, 1971.

## Aasm Manual Version 2

**Richard B. Berry, Rita Brooks, Charlene  
E. Gamaldo, Susan M. Harding, Robin  
M. Lloyd, Carole L. Marcus, Bradley V.  
Vaughn**

## **Aasm Manual Version 2:**

Sleep Disorders in Psychiatric Patients Hugh Selsick,2018-06-07 This book is designed to give clinicians a practical guide to the detection assessment and treatment of sleep disorders in patients with psychiatric illness in order to better treat both their sleep disorder and their psychiatric disorder In addition to providing a thorough introduction to the major sleep disorders it offers clear guidance on how to assess and manage these disorders in patients with a wide range of psychiatric conditions The role of psychiatric medication and special considerations to be borne in mind when treating psychiatric patients are also addressed Although it is aimed primarily at psychiatrists this will also be a useful handbook for sleep clinics and general practitioners who frequently have to manage patients with both psychiatric and sleep disorders

**Fundamentals of Sleep Medicine - E-Book** Richard B. Berry,Mary H. Wagner,Scott M. Ryals,2024-06-30 Master the basics of sleep medicine with this easy to read award winning text Fundamentals of Sleep Medicine 2nd Edition by Drs Richard B Berry Mary H Wagner and Scott M Ryals is an ideal resource for sleep medicine fellows and trainees sleep technicians and sleep medicine practitioners as a concise clinically focused alternative to larger references Beginning with core content it then proceeds to information useful for everyday practice all written in a clear direct style designed for quick and easy access Features video content that demonstrates common sleep disorders Includes more than 350 updated multiple choice questions and answers for self assessment and board preparation New Offers concise Key Points at the end of each chapter expanding on information from Drs Berry and Wagner s popular book Sleep Medicine Pearls to enhance your understanding Provides updated references to AASM scoring guidelines and diagnostic criteria for sleep disorders Illustrated with numerous diagrams charts and polysomnograms sleep studies to clarify complex concepts Any additional digital ancillary content may publish up to 6 weeks following the publication date Handbook of EEG Interpretation, Third Edition William O. Tatum,2021-05-07 Praise for the Third Edition B roadly clinically useful and provides excellent succinct and practical information for clinical neurophysiologists of all levels This should be a standard addition to the library of all neurologists Doody s Review Service 2021 Lawrence Brown MD The Children s Hospital of Philadelphia Thoroughly updated and expanded Third Edition of the most trusted resource for anyone involved in EEG interpretation Designed for on the go reference in the clinic or at the bedside Handbook of EEG Interpretation concisely covers the fundamental components of EEG in clinical practice with graphic examples of classic EEG presentations and essential text throughout Six new chapters have been added to address areas of growing importance with new dedicated chapters on technical aspects and artifacts of recording With chapters written by prominent experts this portable reference includes updated examples and color images new to this edition to reflect current advances in the field Using a visual approach to identifying EEG waveforms this handbook is the prime point of care reference on all major EEG topics normal and abnormal variants epileptiform and nonepileptiform abnormalities adult and pediatric seizures status epilepticus ICU EEG and sleep in addition to ambulatory

and video EEG monitoring electrocorticography and magnetoencephalography Essential bottom line information in every chapter helps guide clinicians through the many challenges of EEG interpretation to improve patient outcomes Practical tips from authors are included in a user friendly manner Designed for rapid retrieval and structured review this handbook is a highly useful tool for neurology residents and fellows clinicians and technologists in search of reliable EEG information regardless of specialty or level of training Key Features Third edition of the comprehensive easy to read quick access handbook on EEG interpretation Updated to reflect advanced clinical EEG applications and techniques Expanded coverage with the addition of six entirely new chapters Provides a visual approach to identifying EEG waveforms and understanding the essence of their clinical significance with over 300 color tracings Purchase includes access to the eBook for use on most mobile devices or computers

Principles and Practice of Sleep Medicine E-Book Meir H. Kryger,Thomas Roth,William C. Dement,2015-12-29 For nearly 30 years Dr Meir Kryger's must have guide to sleep medicine has been the gold standard in this fast changing field This essential full color reference includes more than 20 unique sections and over 170 chapters covering every aspect of sleep disorders giving you the authoritative guidance you need to offer your patients the best possible care Evidence based content helps you make the most well informed clinical decisions An ideal resource for preparing for the sleep medicine fellowship examination New content on sleep apnea neurological disorders legal aspects of sleep medicine dental sleep medicine genetics circadian disorders geriatrics women's health cardiovascular diseases and occupational sleep medicine keeps you fully up to date Updates to scientific discoveries and clinical approaches ensure that you remain current with new knowledge that is advancing the diagnosis and management of sleep disorders

The AASM Manual for the Scoring of Sleep and Associated Events Richard B. Berry,Rita Brooks,Charlene E. Gamaldo,Susan M. Harding,Robin M. Lloyd,Carole L. Marcus,Bradley V. Vaughn,2016 Sleep Medicine Pearls E-Book Richard B. Berry,Mary H. Wagner,2014-09-15 Sleep Medicine is a rapidly growing and changing field Experienced sleep medicine clinicians and educators Richard B Berry MD and Mary H Wagner MD present the completely revised third edition of Sleep Medicine Pearls featuring 150 cases that review key elements in the evaluation and management of a wide variety of sleep disorders The cases are preceded by short fundamentals chapters that present enough basic information so that a physician new to sleep medicine can start reading page 1 and quickly learn the essential information needed to care for patients with sleep disorders A concise practical format makes this an ideal resource for sleep medicine physicians in active practice sleep fellows learning sleep medicine and physicians studying for the sleep boards Consult this title on your favorite e reader conduct rapid searches and adjust font sizes for optimal readability Zero in on the practical case based information you need to effectively interpret sleep studies polysomnography home sleep testing multiple sleep latency testing sleep logs and actigraphy Get clear visual guidance with numerous figures and sleep tracings illustrating important concepts that teach the reader how to recognize important patterns needed to diagnose sleep disorders Confer on the go with short templated

chapters ideal for use by busy physicians A combination of brief didactic material followed by case based examples illustrates major points Stay current with knowledge about the latest developments in sleep medicine by reading updated chapters using the new diagnostic criteria of the recently published International Classification of Sleep Disorder 3rd Edition and sleep staging and respiratory event scoring using updated versions of the scoring manual of the American Academy of Sleep Medicine Manual for the Scoring of Sleep and Associated Events Benefit from Drs Berry and Wagner s 25 years of clinical experience providing care for patients with sleep disorders and educational expertise from presenting lectures at local regional and national sleep medicine courses Dr Berry was awarded the AASM Excellence in Education Award in 2010

Access the full contents online at ExpertConsult **Review of Sleep Medicine E-Book** Alon Y. Avidan,2017-06-29

Successfully review sleep medicine whether you plan to improve your sleep medicine competency skills or prepare for the Sleep Medicine Certification Exam with this expanded review and test workbook that includes more than 1 400 interactive questions and answers Now in full color throughout Review of Sleep Medicine 4th Edition by Dr Alon Y Avidan features a new high yield format designed to help you make the most of your study time using figures polysomnography tracings EEG illustrations sleep actigraphy and sleep diaries tables algorithms and key points to explain challenging topics Includes concise summaries of all aspects of sleep medicine clinical summaries from epidemiology pathophysiology clinical features diagnostic techniques treatment strategies and prognostic implications Provides a library of assessment questions with comprehensive explanations to help you identify the reasoning behind each answer and think logically about the problems Offers the expertise of a multidisciplinary global team of experts including sleep researchers multispecialty sleep clinicians and educators The unique strength of this educational resource is its inclusion of all sleep subspecialties from neurology to pulmonary medicine psychiatry internal medicine clinical psychology and Registered Polysomnographic Technologists Perfect for sleep medicine practitioners sleep medicine fellows and trainees allied health professionals nurse practitioners sleep technologists and other health care providers as review tool quick reference manual and day to day resource on key topics in sleep medicine Provides a highly effective review with a newly condensed outline format that utilizes full color tables figures diagrams and charts to facilitate quick recall of information Includes new and emerging data on the function and theories for why we sleep quality assessment in sleep medicine and benefits and risks of sleep inducing medications Contains new chapters on sleep stage scoring sleep phylogenic evolution and ontogeny geriatric sleep disorders and quality measures in sleep medicine Features an expanded online question bank with 1 400 questions and answers that mimic the ABMS sleep exam in style and format

**Fishman's Pulmonary Diseases and Disorders, 2-Volume Set, 5th edition**

Michael A. Grippi,Jack A. Elias,Jay A. Fishman,Allan I. Pack,Robert M. Senior,Robert Kotloff,2015-04-17 Turn to the field s definitive text for a thoroughunderstanding of the clinical and scientific aspects of pulmonary medicine Since 1980 Fishman s Pulmonary Diseases and Disorders has delivered unparalleled coverage of pulmonary medicine and the underlying basic and

applied science upon which clinical practice is based. The Fifth Edition with 270 contributing authors includes over 2 000 illustrations, 60 videos and 18 000 references. The book opens with a comprehensive overview of the scientific basis of lung function in health and disease. It then provides detailed coverage of the broad array of diseases and disorders affecting the respiratory system, including obstructive and restrictive diseases, pulmonary vascular disorders, sleep disordered breathing, lung neoplasms, respiratory infections and respiratory failure, among others. The Fifth Edition has been completely updated to reflect the many advancements that have been made in pulmonary medicine over the past few years, including Molecular development of the lung, Stem cells and respiratory disease, Genetics of pulmonary disease and the growth of personalized medicine, Technical advances in lung transplantation, Growth in immunology and immunosuppressive management, Diagnosis and treatment of pulmonary hypertension, Circadian rhythms and sleep biology, Rapid evolution in lung imaging techniques, including functional imaging, Contemporary interventional bronchoscopic techniques. You will also find state of the art coverage of the latest topics in critical care medicine, including Early diagnosis and management of sepsis, Multiple organ dysfunction syndrome, MODS, Acute respiratory distress syndrome, ARDS, Management of agitation and delirium in the ICU, The newly defined entity of chronic critical illness.

*Primary Care Sleep Medicine* James F. Pagel, S. R.

Pandi-Perumal, 2014-09-11. *Primary Care Sleep Medicine: A Practical Guide* was among the first books to address sleep medicine for a primary care audience. It remains the primary text oriented to the primary care physician with an interest in sleep disorders medicine. Since this title published, there have been many changes in the sleep field. A new text oriented towards supporting the primary care physician in the practice of sleep medicine is needed; an updated second edition of *Primary Care Sleep Medicine: A Practical Guide* could fill this knowledge gap. This second edition will include updated information on insomnia, medications, post-traumatic stress disorders, home sleep testing protocols, complex sleep apnea, and the defined role for primary care physicians in sleep medicine.

**Perpetual Trouble Shooter's Manual** John Francis

Rider, 1936. **ACCP Pulmonary Medicine Board Review**, 2009. *Principles of Drug Therapy in Neurology* Michael V. Johnston, Robert Gross, 2008-05. *Principles of Drug Therapy* Second Edition provides comprehensive coverage of current drug therapy in neurology while providing the background information that neurologists and other clinicians need to understand its rationale. The range of new drugs available for treatment of neurological disorders is expanding rapidly along with rapid advances in the neurosciences that are uncovering disease mechanisms. Although there are many sources of drug information, most are limited to basic information about indications, dose and side effects. However, the complexity of the nervous system is enormous and the information needed to understand drug effects is accordingly often not readily available in a single source. The book addresses that issue by presenting 18 focused disease related chapters by authors who are expert clinical sub-specialists as well as experts on drug therapy. The first chapter on fundamentals of drug therapy in neurology provides a readable synopsis of how the classic pharmacology concepts such as pharmacodynamics and pharmacokinetics are related to

therapy in neurology This section also discusses the pathogenesis of potentially serious side effects such as skin rashes and liver disorders and the role of pharmacogenetics in both drug effect and side effects Outstanding chapters on movement disorders epilepsy and headaches cover major areas of drug treatment in neurology practice Additional chapters cover stroke increased intracranial pressure in the intensive care unit dementia multiple sclerosis spinal cord injury and spasticity neuromuscular disorders and pain Sleep central nervous system infections and HIV and drug intoxications are also covered Areas of special interest to child neurologists covered in the book include treatment of genetic metabolic disorders and use of stimulants and other medications for childhood cognitive disorders An excellent chapter is also provided on drug treatment of psychiatric disorders because of the important of psychiatric drugs in neurology practice This edition has been completely re written from the successful edition published in the 90s and enlarged commensurate with the exciting progress in

treatment in neurology    **Moody's Manual of Investments** John Sherman Porter,1931 American government securities 1928 53 in 5 annual vols v 1 Railroad securities 1952 53 Transportation v 2 Industrial securities v 3 Public utility securities v 4 Government securities 1928 54 v 5 Banks insurance companies investment trusts real estate finance and credit companies 1928 54

**CURRENT Diagnosis and Treatment Pediatric Neurology** Andrew Hershey,2022-12-16 Get the latest evidence based methods for diagnosing and treating neurologic disorders in infants children and adolescents A practical up to date well referenced guide to the wide range of neurological diseases that impact infants children and adolescents with detailed descriptions and safe effective diagnostic procedures and treatments Nearly 50 chapters covering the full spectrum of pediatric neurologic conditions including cardinal manifestations of neurologic disease developmental disorders pain and other disorders of somatic sensation epilepsy and disorders of consciousness major categories of neurologic disease and diseases of the spinal cord peripheral nerve and muscle Summaries of the latest guidelines and treatment recommendations for all pediatric neurology diseases and disorders Invaluable for rotations and board exam preparation Addresses many of the new advances in pediatric neurology while also remaining relevant to trainees and general practitioners to be used as a quick reference guide on treating patients Each chapter is written by experts in their own subspecialty A wealth of tables and figures provides quick access to important information LANGE Presented in the consistent easy to follow time saving CURRENT format Problem Essentials of Diagnosis Clinical Findings Differential Diagnosis Treatment and Prognosis Ideal for medical students residents pediatricians and neurologists Brief overviews highlighted areas of importance and multiple choice questions for better board prep review Strikes the perfect balance between brevity and depth    *American Journal of Respiratory and Critical Care Medicine* ,2010    *Journal of Clinical Sleep Medicine* ,2005    *Sleep Disorders Medicine*

Sudhansu Chokroverty,2009 Dr Sudhansu Chokroverty a world recognized expert in sleep medicine presents the third edition of Sleep Disorders Medicine for the latest developments in this rapidly expanding specialty with coverage of neuroscience and clinical application In addition to summarizing basic science and important technological aspects of diagnosis and

treatment this edition presents new chapters on sleep and memory consolidation neuroimaging and more in a color layout that makes it easy to access the latest advances in the field The text's manageable size and logical multi disciplinary approach make it the right choice for newcomers and experienced clinicians alike Covers all aspects of sleep medicine in a practical logical format divided into three sections the basic science of sleep physiology neuroanatomy and biochemistry the technical methods of recording and a clinical approach to patients with sleep complaints Represents the breadth of knowledge across disciplines through the contributions of 50 prominent names in the field of sleep medicine Provides a multidisciplinary approach to the diagnosis and management of sleep disorders with coverage of related fields such as pulmonology otolaryngology and psychiatry Includes a Glossary of Terms adapted from the American Sleep Disorders Association for quick reference to the sleep terminology used throughout the text Offers online access to the full text through Expert Consult functionality for convenient reference Demonstrates how recent basic science advances affect clinical medicine through new chapters on Sleep Deprivation and Sleepiness Sleep and Memory Consolidation Neuroimaging in Sleep and Sleep Disorders Nutrition and Sleep Nature and Treatment of Insomnia Evolution of Sleep from Birth through Adolescence Sleep Disordered Breathing in Children and Women's Sleep Improves on the clarity and consistency of the text with a new completely redrawn art program including full color illustrations in the clinical section that enhances diagnostic material Presents the material in an even more readable and user friendly two color design and page layout

**Molecular Neuropharmacology: A Foundation for Clinical Neuroscience, Fourth Edition** Eric J. Nestler, Paul J. Kenny, Scott J. Russo, Anne Shaefer, 2020-09-05

The definitive guide to treating neurologic and psychiatric disorders with drugs and other approaches A Doody's Core Title for 2024-2023 Fully updated with the latest research and drugs Nestler, Hyman, Malenka's Molecular Neuropharmacology Fourth Edition is the leading guide to molecular neuroscience Providing an in-depth look at the neuropharmacological fundamentals of the nervous system it delivers the knowledge and insight you need to master the pathophysiology of neurologic and psychiatric disorders Complete with tables, diagrams, and figures clearly illustrating the intricacies of neurochemistry and molecular neuroscience this peerless guide reviews the effects of drug action organized by drug category to enhance your understanding of major disease mechanisms and it explains the pathophysiology and neuropharmacology of all major neurologic and psychiatric disorders Concise overviews of the effects of drugs and other treatment approaches are presented in a way that boosts your understanding and retention of critical concepts Nestler, Hyman, Malenka's Molecular Neuropharmacology Fourth Edition provides a deep dive into General principles of neuropharmacology Nervous system function Drugs that act on neuronal and glial function Major neurotransmitter systems in the brain and spinal cord Atypical neurotransmitters including peptides, growth factors, and cytokines Major brain and spinal cord systems at the molecular, cellular, and circuit levels in health and disease

**Cardiac Nursing** Susan L. Woods, 2010 Updated with current evidence based material this new edition is a comprehensive clinical reference offering

complete information on the assessment pathophysiology management prevention of heart diseases details the rationale evidence for interventions Neuropsychiatry and Behavioral Neurology: Principles and Practice David Silbersweig,Laura T. Safar,Kirk R. Daffner,2020-10-06 A comprehensive full color guide to the principles and practice of neuropsychiatry and behavioral neurology A primary resource in the field A Doody's Core Title for 2024 neuropsychiatric and behavioral neurology assessments and treatments and neurobehavioral neuropsychiatric syndromes and disorders Neuropsychiatry and Behavioral Neurology includes A definitive introductory chapter on the neuroanatomy of cognitive and behavioral neuroscience Chapters on the neurocircuitry of emotions and cognition Chapters on neuropsychiatric assessment methods and therapeutics including pharmacology and neurostimulation modalities Chapters on neurobehavioral and neuropsychiatric syndromes as well as on neuropsychiatric aspects of different neurological and medical diseases Numerous full color illustrations of brain anatomy High resolution brain CT and MRI scans Summaries and key points patient cases and multiple choice questions with annotated answers Evidence based updates combined with clinical guidance from master academic clinician Whether you're a trainee recent graduate seasoned practicing clinician or investigator interested in linking basic neuroscience research to clinical care you'll find everything you need to determine the neurobiological origins of alterations in emotion cognition and behavior contextualize the illness to emphasize the role of underlying brain circuitry develop informed differential diagnoses and plan and implement the most effective treatment strategies This text meets the curriculum requirements needed to prepare for board certification in Behavioral Neurology and Neuropsychiatry

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