

The Ultimate ACS Study Guide

Advanced Cardiac Life Support (ACLS) provides guidelines for healthcare professionals for all types of cardiac emergencies.



EKG Anatomy



P-Wave = electrical activity in the upper heart chambers; represents contraction of SA node and AV node.
PR Interval = time from P wave to QRS complex.
QRS Complex = ventricular depolarization.
ST Segment = ventricular repolarization.
T-Wave = polarization of upper heart.

ECG Rhythms

Ventricular Fibrillation - no organized blood, immediate defibrillation.

Ventricular Tachycardia - ventricular arrhythmia; heart rate 100-250 bpm, immediate cardioversion.

P纈tential &逸搏 (Fibrillation Activity) - fibrillation is fibrillation but activity is fibrillation and immediate CPR.

Atrial Fibrillation - on EKG, if leads are all connected, begin CPR immediately.

Sinus Bradycardia - rate less than 60 bpm, no cause/minute, pharmacological if symptomatic.

1st Degree AV Block - prolonged PR interval, fibrillarity.

2nd Degree Block Type I - Wenckebach - progressive PR interval, fibrillarity, pharmacological if symptomatic.

2nd Degree Block Type II - Mobitz - ventricular fibrillation, fibrillarity.

3rd Degree Block - fibrillation, SA and AV fibrillarity, pharmacology, defibrillation.

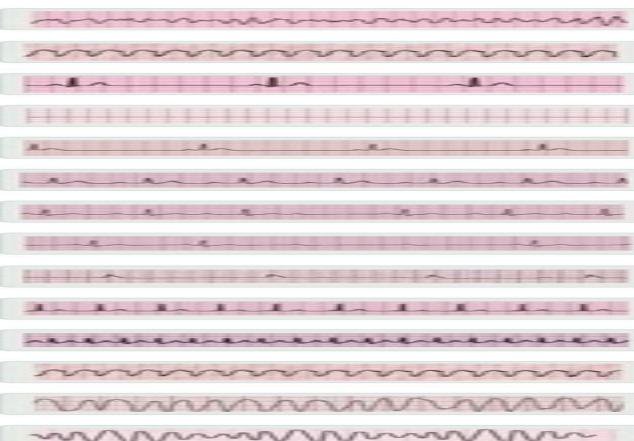
Sinus Tachycardia - increased heart rate of 100-150 beats per minute, pharmacological if symptomatic.

Supraventricular Tachycardia - increased heart rate of 100-150 beats per minute, pharmacological if symptomatic.

Monomorphic Ventricular Tachycardia - pharmacological for stable patients, immediate cardioversion.

Polyomorphic Ventricular Tachycardia - cardiovert, then cardioversion and CPR.

Torsades de Pointes - differential signs of class III antiarrhythmics, forms a spiral pattern on EKG, immediate magnesium, then cardioversion.



Electrical Therapy Basics



Airway Management



Defibrillation - uses an automated external defibrillator (AED).
Stroke-Related Cardioversion - shock synchronized to the heart's point.
Transcutaneous Pacing - treats abnormally slow heart rate.

Post-Resuscitation Care



Follow the ABCDs:

- Airway - maintain ventilation and oxygenation
- Breathing - keep PETCO₂ between 35-40mmHg
- Circulation - maintain mean arterial pressure of 90mmHg
- Differential Diagnosis - use H&Ts to determine contributing factors to cardiac arrest

Acute Coronary Syndromes (ACS)

Unstable Angina

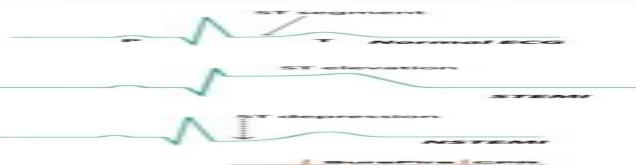
- unexpected chest pain due to poor blood flow
- blood thinners
- aspirin

ST-segment Elevation MI (STEMI)

- total blockage of a coronary artery
- electrical activity during the ST-segment shows ST-segment elevation
- coronary intervention (PCI) or CABG surgery

Non-ST-segment Elevation MI (NSTEMI)

- partial blockage of a coronary artery
- ST-segment depressed instead of elevated, no thrombolytic
- pharmacotherapy, immediate percutaneous coronary intervention (PCI) or CABG surgery



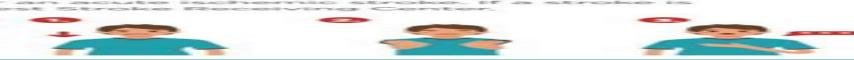
Stroke Assessment and Treatment

Cardiovascular disease is a frequent complication after an acute ischemic stroke. If a stroke is suspected, immediately transport to the nearest Stroke Receiving Center.

Cincinnati Prehospital Stroke Scale:

1. Age over 60
2. Arm drift
3. Speech

"You can't teach an old dog new tricks."



Code Termination

Consult with medical control before code termination.



- persistent asystole 25 minutes or longer
- obvious signs of death, withhold resuscitation efforts

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Acls 2013 Student Study Guide

Rosina Ehmann

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Clinical Decision-Making Study Guide for Medical-Surgical Nursing - Revised Reprint Donna D.

Ignatavicius, Patricia Conley, M. Linda Workman, Donna Rose, Amy H. Lee, 2013 Designed to accompany Ignatavicius and Workman's Medical Surgical Nursing Patient Centered Collaborative Care 7th Edition this study guide helps you understand and apply material from each chapter in the text and gives you added support as you learn to make safe and effective clinical decisions Study review questions provide a review of key content using a variety of question formats including a high percentage of questions in traditional and alternate NCLEX R Examination formats Answers are provided in the back of the book Case studies in most chapters give you the opportunity to apply higher level thinking skills to true to life clinical scenarios NEW Increased emphasis on clinical decision making prepares you to confidently make safe and effective decisions in clinical practice NEW Documentation practice questions have been added to select case studies to help you take the next step in patient care just as you would in clinical practice [Mosby's Dental Dictionary E-Book](#) Elsevier Inc, 2019-04-05

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TEXT BOOK OF HUMAN ANATOMY AND PHYSIOLOGY-I Mr. Somanath Satyappa Janawad, Dr. Dipika K. Thale, Prashant Gupta, Dr. Suprabha Devi, Dr. Averineni Ravi Kumar, 2025-06-02 The Text Book of Human Anatomy and Physiology I is a foundational resource tailored for students beginning their journey into the biological sciences and healthcare fields It offers a comprehensive introduction to the structure and function of the human body starting with basic concepts such as the definitions and scopes of anatomy and physiology The book delves into the levels of structural organization beginning with cells the building blocks of life and progresses through tissues organs and systems Each chapter is methodically organized to build upon the previous one ensuring a logical progression of knowledge The cellular level of organization explains cell structures functions transport mechanisms division and intracellular signaling pathways In the tissue section the book details the classifications and functional significance of epithelial muscular nervous and connective tissues The integumentary

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Clinical Research in Occupational Therapy, Sixth Edition Martin S. Rice, George Tomlin, Franklin Stein, 2024-06-01 In this new edition Dr George Tomlin joins Dr Martin S Rice and Dr Franklin Stein to add expertise and knowledge of the occupational therapy field With the combined knowledge and skills of the authors Clinical Research in Occupational Therapy Sixth Edition includes many valuable updates and enables the graduate student and clinical researcher to carry out a research study from the formulation of a research hypothesis to collecting analyzing and interpreting data in user friendly step by step procedures This Sixth Edition brings noteworthy changes improvements and enhancements including the following A thorough update of the published research in occupational therapy and health care Major revisions in all the chapters The addition of a new chapter on single case experimental research Updated research boxes and contemporary examples of both quantitative and qualitative research Updated compilation of tests and evaluations used by occupation therapists in research studies as outcome instruments and for clinical assessments Revision and additions to the glossary of terms and statistics Updated examples of the institutional review board application forms Updated landmarks in the history of occupational therapy Updated interfacing example with a popular statistical software including data organization analysis and interpretation Updated statistical tables Clinical Research in Occupational Therapy Sixth Edition is a valuable resource for students clinicians and researchers The text can be used as a complete self tutorial that provides the reader with the knowledge and skills to design and carry out a research project from hypothesis through data collection and analysis The text is written to help the reader evaluate the quality and rigor of research studies The Sixth Edition incorporates recent research in occupational therapy to help the reader design a feasible research project and understand and appreciate the literature of the field

Management of Operating Room Critical Events, An Issue of Anesthesiology Clinics, E-Book Alex Hennenberg, 2020-11-10 This issue of Anesthesiology Clinics guest edited by Dr Alexander A Hennenberg focuses on Management of Critical Events This is one of four issues each year selected by the series consulting editor Dr Lee Fleisher Articles in this issue include but are not limited to Why We Fail to

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Strauss and Mayer's Emergency Department Management (eBook) Robert W. Strauss,Thom A. Mayer,2013-09-05 A Comprehensive Practical Text on Effectively Running an Emergency Department Emergency Department Management is a real world pragmatic guide designed to help emergency department managers efficiently handle the many complex issues that arise in this challenging clinical environment Written by professionals who have spent their entire careers in the service of emergency department patients this unique text delivers practical solutions to virtually any problem that may arise in running an emergency department or acute care center COMPLETE EXPERT COVERAGE OF EVERY IMPORTANT MANAGEMENT TOPIC INCLUDING Leadership Principles Operations Informatics Quality and Service Finance Reimbursement Contracts Legal and Regulatory Issues Malpractice Human Resources

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Table of Contents Acls 2013 Student Study Guide

1. Understanding the eBook Acls 2013 Student Study Guide
 - The Rise of Digital Reading Acls 2013 Student Study Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Acls 2013 Student Study Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Acls 2013 Student Study Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Acls 2013 Student Study Guide
 - Personalized Recommendations
 - Acls 2013 Student Study Guide User Reviews and Ratings
 - Acls 2013 Student Study Guide and Bestseller Lists
5. Accessing Acls 2013 Student Study Guide Free and Paid eBooks

- Acls 2013 Student Study Guide Public Domain eBooks
 - Acls 2013 Student Study Guide eBook Subscription Services
 - Acls 2013 Student Study Guide Budget-Friendly Options
6. Navigating Acls 2013 Student Study Guide eBook Formats
- ePUB, PDF, MOBI, and More
 - Acls 2013 Student Study Guide Compatibility with Devices
 - Acls 2013 Student Study Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
- Adjustable Fonts and Text Sizes of Acls 2013 Student Study Guide
 - Highlighting and Note-Taking Acls 2013 Student Study Guide
 - Interactive Elements Acls 2013 Student Study Guide
8. Staying Engaged with Acls 2013 Student Study Guide
- Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Acls 2013 Student Study Guide
9. Balancing eBooks and Physical Books Acls 2013 Student Study Guide
- Benefits of a Digital Library
 - Creating a Diverse Reading Collection Acls 2013 Student Study Guide
10. Overcoming Reading Challenges
- Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Acls 2013 Student Study Guide
- Setting Reading Goals Acls 2013 Student Study Guide
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Acls 2013 Student Study Guide
- Fact-Checking eBook Content of Acls 2013 Student Study Guide
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development

- Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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