

# The Ultimate ACLS Study Guide

ADVANCED CARDIAC LIFE SUPPORT (ACLS) COURSE  
RENEWED SKILLS FOR THE 2020 EDITION



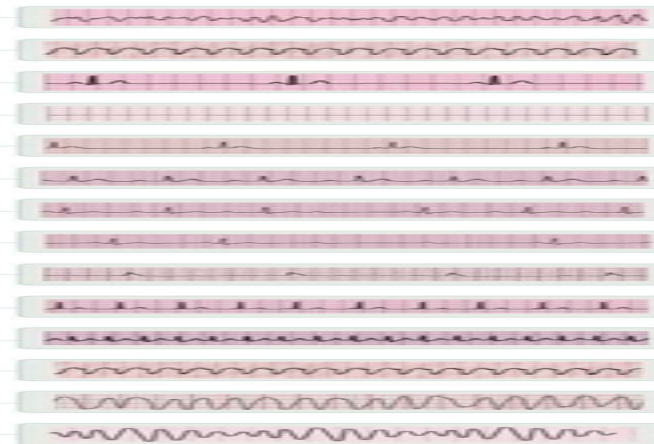
## EKG Anatomy



**P Wave** - represents electrical activity in the SA Node. Prolonged P wave indicates a delay in conduction.  
**PR Interval** - represents the time between the P wave and the QRS complex. Prolonged PR interval indicates a delay in conduction.  
**QRS Complex** - represents the electrical activity of the ventricles. A prolonged QRS complex indicates a delay in conduction.  
**T Wave** - represents the electrical activity of the ventricles. A prolonged T wave indicates a delay in conduction.

## ECG Rhythms

- Ventricular Fibrillation** - Irregular, chaotic, and disorganized electrical activity.
- Ventricular Tachycardia** - Rapid, regular, and organized electrical activity. Prolonged QT interval.
- Supraventricular Tachycardia** - Rapid, regular, and organized electrical activity. Prolonged QT interval.
- Abrystole** - No electrical activity. No P waves, QRS complexes, or T waves.
- Sinus Bradycardia** - Slow, regular, and organized electrical activity. Heart rate < 60 beats/minute.
- 1st Degree AV Block** - Prolonged PR interval. Prolonged PR interval.
- 2nd Degree Block Type I - Wenckebach** - Prolonged PR interval. Prolonged PR interval.
- 2nd Degree Block Type II - Mobitz** - Prolonged PR interval. Prolonged PR interval.
- 3rd Degree Block** - Prolonged PR interval. Prolonged PR interval.
- Sinus Tachycardia** - Rapid, regular, and organized electrical activity. Heart rate > 100 beats/minute.
- Supraventricular Tachycardia** - Rapid, regular, and organized electrical activity. Prolonged QT interval.
- Paroxysmal Supraventricular Tachycardia** - Rapid, regular, and organized electrical activity. Prolonged QT interval.
- Polymorphic Ventricular Tachycardia** - Rapid, irregular, and disorganized electrical activity. Prolonged QT interval.
- Torsades de Pointes** - Rapid, irregular, and disorganized electrical activity. Prolonged QT interval.



## Electrical Therapy Basics



- Defibrillation** - Used to treat ventricular fibrillation (VF) and pulseless ventricular tachycardia (VT).
- Synchronized Cardioversion** - Used to treat atrial fibrillation (AF), atrial flutter (AFL), and supraventricular tachycardia (SVT).
- Transcutaneous Pacing** - Used to treat bradycardia and asystole.

## Airway Management



- Adjuvants** - Used to assist with airway management.
- Endotracheal Intubation** - Used to insert a tube into the trachea.
- Supraglottic Airway** - Used to insert a device into the mouth.
- Respiratory Support** - Used to provide oxygen and ventilation.

## Post-Resuscitation Care



- Follow the ABCs** - Airway, Breathing, Circulation.
- Temperature** - Maintain body temperature between 36°C and 38°C.
- Fluids** - Use fluids to maintain blood pressure.
- Medications** - Use medications to manage pain and other symptoms.

## Acute Coronary Syndromes (ACS)

- Unstable Angina** - Chest pain that is not relieved by rest or nitroglycerin.
- ST Segment Elevation MI (STEMI)** - Heart attack caused by a blocked coronary artery.
- Non-ST Segment Elevation MI (NSTEMI)** - Heart attack caused by a partially blocked coronary artery.



## Stroke Assessment and Treatment

- Stroke Assessment** - Use the Cincinnati Prehospital Stroke Scale to assess for stroke.
- Stroke Treatment** - Use tPA to treat ischemic stroke.

## Code Termination

- Consult with medical control** before code termination.
- Document** the code termination.

This document is for informational purposes only and should not be used as a substitute for professional medical advice.

# Acls Practical Study Guide

**RJ Shavelson**



## **AcIs Practical Study Guide:**

Respiratory Care: Principles and Practice Dean R. Hess, Neil R. MacIntyre, William F. Galvin, 2020-01-15 More than an introductory text Respiratory Care Principles and Practice Fourth Edition by Dean Hess is a comprehensive resource will be referenced and utilized by students throughout their educational and professional careers 31 Days Before Your CCENT Certification Exam Allan Johnson, 2013-12-12 31 Days Before Your CCENT Certification Exam Second Edition A Day By Day Review Guide for the ICND1 100 101 Certification Exam 31 Days Before Your CCENT Certification Exam offers you a personable and practical way to understand the certification process commit to taking the 100 101 ICND1 certification exam and finish your preparation using a variety of Primary and Supplemental study resources With a CCENT Cisco Certified Entry Networking Technician certification a network professional demonstrates the skills required for entry level network support positions the starting point for many successful careers in networking CCENT is the first step toward achieving CCNA certification Sign up for the ICND1 exam and use the book s day by day guide and checklist to organize prepare and review Each day in this guide breaks down an exam topic into a manageable bit of information to review using short summaries A Study Resources section provides you with a quick reference for locating more in depth treatment of a day s topics within the Primary and Supplemental resources The features of the book empower you to fit exam preparation into a busy schedule Visual calendar summarizing each day s study topic Checklist providing advice for preparation activities leading up to the exam Description of the 100 101 ICND1 exam organization and sign up process Strategies from the author to be mentally organizationally and physically prepared for exam day Conversational tone which makes your study time more enjoyable Primary Resources Cisco CCENT CCNA ICND1 100 101 Official Cert Guide ISBN 9781587143854 Interconnecting Cisco Network Devices Part 1 Foundation Learning Guide ISBN 9781587143762 Introduction to Networks Companion Guide ISBN 9781587133169 Introduction to Networks Lab Manual ISBN 9781587133121 Routing and Switching Essentials Companion Guide ISBN 9781587133183 Routing and Switching Essentials Lab Manual ISBN 9781587133206 Supplemental Resources CCENT Practice and Study Guide ISBN 9781587133459 Cisco CCENT ICND1 100 101 Flash Cards and Exam Practice Pack ISBN 9781587203992 CCNA Routing and Switching Portable Command Guide 3e ISBN 9781587204302 Cisco CCENT ICND1 100 101 Network Simulator ISBN 9780789750433 **CCENT Practice and Study Guide** Allan Johnson, 2013-12-17 CCENT Practice and Study Guide is designed with dozens of exercises to help you learn the concepts and configurations crucial to your success with the Interconnecting Cisco Networking Devices Part 1 ICND1 100 101 exam The author has mapped the chapters of this book to the first two Cisco Networking Academy courses in the CCNA Routing and Switching curricula Introduction to Networks and Routing and Switching Essentials These courses cover the objectives of the Cisco Certified Networking Entry Technician CCENT certification Getting your CCENT certification means that you have the knowledge and skills required to successfully install operate and troubleshoot a small branch office network As a Cisco

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*Respiratory Care: Principles and Practice* Hess, Neil R. MacIntyre, William F. Galvin, Shelley C. Mishoe, 2015-04-06 With contributions from over 75 of the foremost experts in the field the third edition represents the very best in clinical and academic expertise Taught in leading respiratory care programs in the U S it continues to be the top choice for instructors and students alike The Third Edition includes numerous updates and revisions that provide the best foundational knowledge available as well as new helpful instructor resources and student learning tools A complete and up to date exploration of the technical and professional aspects of respiratory care With foundations in evidence based practice this essential resource reviews respiratory assessment respiratory therapeutics respiratory diseases basic sciences and their application to respiratory care the respiratory care profession and much more With content cross references the NBRC examination matrices **Respiratory Care Principles and Practice Third Edition** is the definitive resource for today's successful RT **ACLS Study Guide** Barbara Aehlert, 2007 Written in a conversational style the 3rd edition of the ACLS Study Guide features unique user friendly and easy to remember treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines Full color throughout it offers a complete concise overview of advanced cardiovascular life support ACLS acute coronary syndromes and acute stroke It also features easy to access information with Stop and Review quizzes in each chapter and a comprehensive pretest and posttest New to this edition are a handy ACLS quick reference fold out card a heart rate ruler and more In addition to being an outstanding study tool the ACLS Study Guide 3rd Edition is the official text for the American Safety and Health Institute ACLS certification course For more information on ASHI courses call 800 246 5101 or visit [www.ashinstitute.com](http://www.ashinstitute.com) A pretest and posttest each containing 50 questions with answers and rationales provide readers with opportunities to check comprehension prior to and after study Chapter Objectives allow readers to preview the main points in each chapter Quick Review boxes throughout the chapters and Stop and Review sections at the end of the chapters test reader comprehension of the material Chapters 1-8 comprise a Preparatory section to provide the foundation for the case presentations in the second section Ten case studies present real life clinical situations enabling the reader to make decisions based on information in the Preparatory section Consistent organization of case studies include Objective Skills to Master Rhythms to Master Medications to Master Related Text Chapters Questions Answers Essential Actions and Unacceptable Actions to aide in the study and mastery of material Unique treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines simplify the new treatment guidelines making them easier to use and remember Chapter on Stroke has now been expanded to include Special Resuscitation Situations ACLS Pearl boxes contain key points

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**Pediatric Advanced Life Support Study Guide** Barbara Aehlert, 2005 The second edition of this study guide by popular author Barbara Aehlert

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Treatment Recommendations NEW Improved format integrates all case studies into the appropriate chapters so that you can apply concepts immediately to real world situations **Study Guide for Advanced Life Support** Ken Grauer,1984

*ACLS Study Guide* Barbara J. Aehlert,2021-11 *ACLS Study Guide - E-Book* Barbara J Aehlert,2011-12-08 Reflecting the 2010 Emergency Cardiovascular Care guidelines ACLS Study Guide 4th Edition offers a complete full color overview of advanced cardiovascular life support An easy to read approach covers everything from airway management and rhythms and their management to electrical therapy acute coronary syndromes and acute stroke In addition to the latest ACLS treatment algorithms this edition includes new case studies new photos and illustrations a heart rate ruler and a handy ACLS quick reference card for use in the field Written by Barbara Aehlert ACLS Study Guide is the official textbook for the American Safety Health Institute ACLS certification course A pretest and posttest each containing 50 questions with answers and rationales allow you to check your knowledge prior to and after your study Chapter objectives preview the main points in each chapter Stop and Review sections at the end of the chapters help you remember the most important information ACLS Pearls boxes offer key points and useful tips for clinical practice Keeping it Simple boxes provide essential information in a clear and concise manner Ten case studies present real life clinical situations allowing you to make decisions based on information in the Preparatory section Consistent format of case studies includes Objective Skills to Master Rhythms to Master Medications to Master Related Text Chapters Essential Actions and Unacceptable Actions A heart rate ruler is included to help you interpret ECGs 4 x 6 pocket size quick reference card contains key ACLS algorithms for field use 100 new and updated photos and illustrations show key ACLS procedures and equipment Pharmacological interventions are integrated into the chapters for a more cohesive learning experience New streamlined approach reduces the number of pages and simplifies the information you need to know *Clinical Practice Guide of Emergency Care* Patricia Ann Bemis,2000 This book is a course of study covering the entire range of patient complaints commonly seen in the emergency department Each complaint covers all the tasks associated with caring for that patient Success! in Understanding EKGs Brenda M. Beasley,Michael C. West,2010 Success in Understanding EKG s was created to help students pass the EKG course This study guide emphasizes the practical hands on application of EKGs that will help students better prepare for their exam To aid student understanding of the material the authors include refresher material art to illustrate the important concepts 100 rhythm strips with scenarios and 400 rhythm strips for additional review The guide emphasizes keeping it simple and provides need to know information With its abundant practice strips and scenario based examples this workbook can be used to supplement any EKG text on the market This is a perfect resource for prehospital care providers medical students cardiac care monitor techs ACLS candidates nursing professionals physician assistants and respiratory therapists **ACLS Study Guide** Barbara J. Aehlert,2011-12-08 Reflecting the 2010 Emergency Cardiovascular Care guidelines this title offers a full color overview of advanced cardiovascular life support It features an easy to read approach that provides coverage ranging

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