

Naturopathie au quotidien

TOME 1: La santé par l'alimentation



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Naturopathie Au Idien La Santeacute Par Lalimentation

FERNANDA ALMEIDA



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LES RACINES DE LA SANTÉ NATURELLE FERNANDA ALMEIDA, 2021 Tous les conseils présentés dans ce livre ne dispensent pas d'un diagnostic et d'un avis médical. Des examens sont nécessaires afin de déterminer si l'on peut faire face à la maladie par des moyens naturels. La naturopathie ne prétend pas se substituer à l'allopathie. La naturopathie est une médecine ternelle. Elle peut être considérée comme une science, une philosophie, un art qui vise l'être humain. L'art d'effectuer des changements dans le domaine de l'alimentation donnant la possibilité à l'être humain d'acquiescer et de conserver un état de santé psychosomatique corps et esprit optimum. De tout temps les hommes se sont soignés avec les aliments, les plantes, l'eau, des applications d'argile, des massages, des bains, etc.

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In a world used by displays and the ceaseless chatter of instantaneous communication, the melodic beauty and psychological symphony created by the written term frequently diminish into the back ground, eclipsed by the persistent noise and disturbances that permeate our lives. However, nestled within the pages of **Naturopathie Au Idien La Santeacute Par Lalimentation** an enchanting literary prize overflowing with fresh thoughts, lies an immersive symphony waiting to be embraced. Constructed by an outstanding composer of language, that fascinating masterpiece conducts visitors on a psychological trip, skillfully unraveling the hidden songs and profound impact resonating within each carefully constructed phrase. Within the depths of this emotional review, we shall investigate the book is key harmonies, analyze its enthralling publishing design, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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