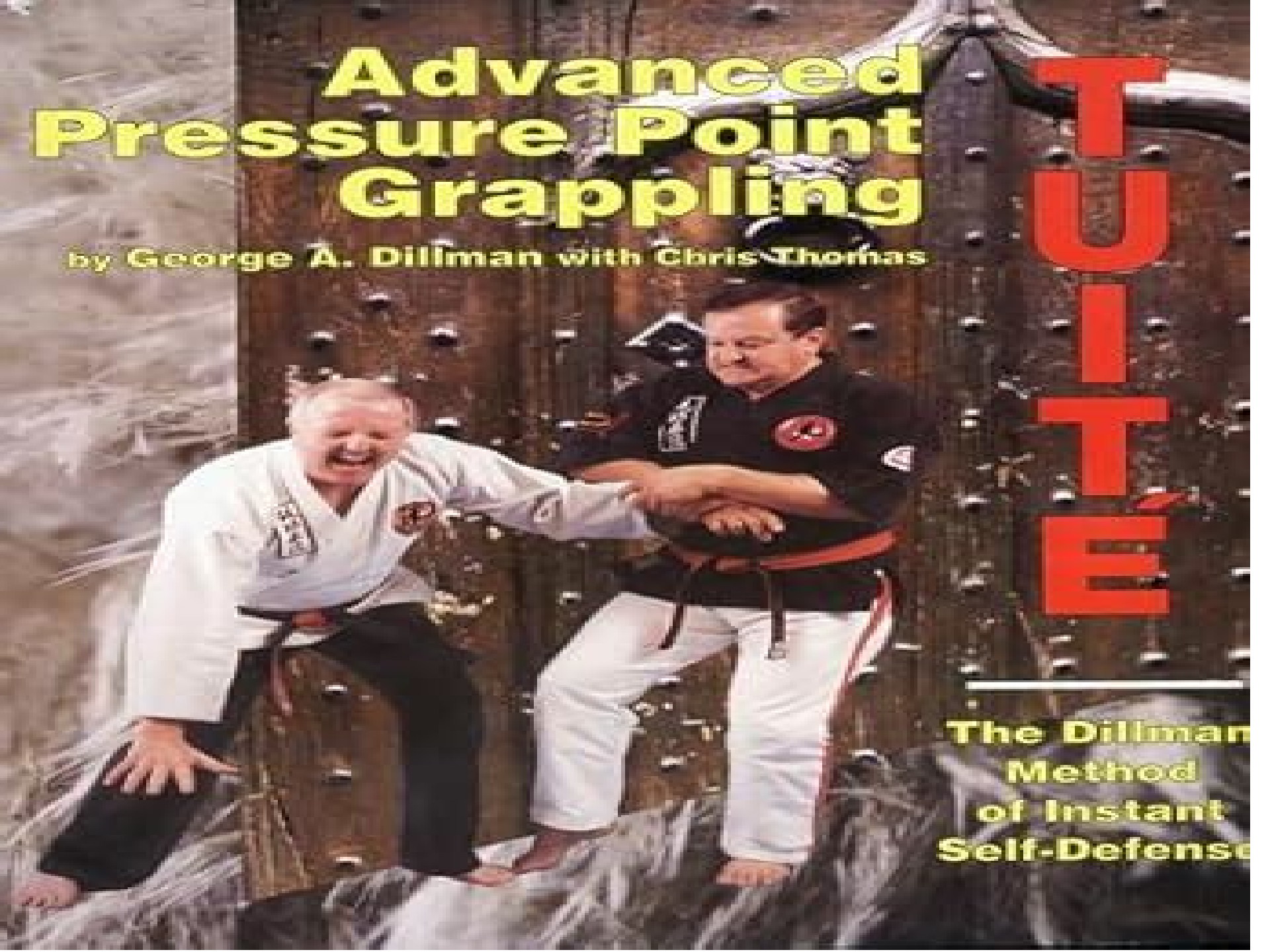


Advanced Pressure Point Grappling

by George A. Dillman with Chris Thomas

**T
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**The Dillman
Method
of Instant
Self-Defense**



Advanced Pressure Point Grappling

Rick Clark



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