

# The Ultimate ACLS Study Guide

ADVANCED CARDIAC LIFE SUPPORT (ACLS) COURSE  
EMERGENCY RESPONSE TO LIFE-THREATENING CARDIOVASCULAR CONDITIONS



## EKG Anatomy



**P Wave** - atrial depolarization activity in the lower right atrium  
**QRS Complex** - ventricular depolarization activity in the lower left ventricle  
**T Wave** - ventricular repolarization activity in the lower left ventricle  
**ST Segment** - the segment between the QRS complex and the T wave, representing the time between ventricular depolarization and repolarization

## ECG Rhythms

- Ventricular Fibrillation** - Irregular, chaotic, and disorganized electrical activity. Immediate defibrillation.
- Ventricular Tachycardia** - Rapid, regular, and organized electrical activity. Pacing 100-120 bpm.
- Supraventricular Tachycardia** - Rapid, regular, and organized electrical activity. Pacing 100-120 bpm.
- Atrial Fibrillation** - Irregular, chaotic, and disorganized electrical activity. Pacing 100-120 bpm.
- Sinus Bradycardia** - Slow, regular, and organized electrical activity. Pacing 100-120 bpm.
- 1st Degree AV Block** - Prolonged PR interval. Pacing 100-120 bpm.
- 2nd Degree Block Type I - Wenckebach** - Prolonged PR interval. Pacing 100-120 bpm.
- 2nd Degree Block Type II - Mobitz** - Prolonged PR interval. Pacing 100-120 bpm.
- 3rd Degree Block** - Prolonged PR interval. Pacing 100-120 bpm.
- Sinus Tachycardia** - Rapid, regular, and organized electrical activity. Pacing 100-120 bpm.
- Supraventricular Tachycardia** - Rapid, regular, and organized electrical activity. Pacing 100-120 bpm.
- Second-Degree Ventricular Tachycardia** - Rapid, regular, and organized electrical activity. Pacing 100-120 bpm.
- Third-Degree Ventricular Tachycardia** - Rapid, regular, and organized electrical activity. Pacing 100-120 bpm.
- Fourth-Degree Ventricular Tachycardia** - Rapid, regular, and organized electrical activity. Pacing 100-120 bpm.
- Fifth-Degree Ventricular Tachycardia** - Rapid, regular, and organized electrical activity. Pacing 100-120 bpm.
- Sixth-Degree Ventricular Tachycardia** - Rapid, regular, and organized electrical activity. Pacing 100-120 bpm.

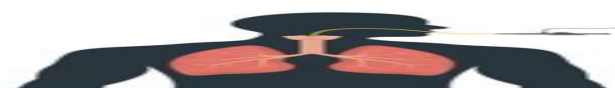


## Electrical Therapy Basics



- Defibrillation** - Use of external defibrillator (AED) to restore normal cardiac rhythm.
- Synchronized Cardioversion** - Shock synchronized to specific ECG wave.
- Transcutaneous Pacing** - Treats abnormally slow heart rate.

## Airway Management



- Adjuvants** - Oxygenation (O2) - use for hypoxia. Endotracheal (ET) - use for hypoxia. Endotracheal (ET) - use for hypoxia.
- Advanced Airway** - Endotracheal (ET) - use for hypoxia. Endotracheal (ET) - use for hypoxia.
- Advanced Airway** - Endotracheal (ET) - use for hypoxia. Endotracheal (ET) - use for hypoxia.

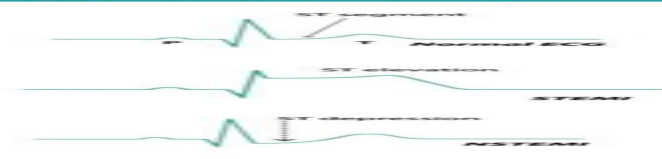
## Post-Resuscitation Care



- Follow the ABCs** - Airway, Breathing, Circulation, Disability, Exposure.
- Respiratory** - Use of mechanical ventilation.
- Circulation** - Use of intravenous fluids and medications.
- Disability** - Use of neurological assessment.
- Exposure** - Use of physical examination.

## Acute Coronary Syndromes (ACS)

- Unstable Angina** - Chest pain due to poor blood flow.
- ST Segment Elevation MI (STEMI)** - Chest pain due to blocked artery.
- Non-ST Segment Elevation MI (NSTEMI)** - Chest pain due to blocked artery.



## Stroke Assessment and Treatment

- Stroke Assessment** - Use of neurological assessment.
- Stroke Treatment** - Use of intravenous fluids and medications.

## Code Termination

- Consult with medical control before code termination.**
- Discontinue resuscitation efforts if a stroke is confirmed.**

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# Acls Study Guide Lifesaver Cpr

**Barbara J Aehlert**



## **Acls Study Guide Lifesaver Cpr:**

**ACLS Study Guide** Barbara Aehlert, 2007 Written in a conversational style the 3rd edition of the ACLS Study Guide features unique user friendly and easy to remember treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines Full color throughout it offers a complete concise overview of advanced cardiovascular life support ACLS acute coronary syndromes and acute stroke It also features easy to access information with Stop and Review quizzes in each chapter and a comprehensive pretest and posttest New to this edition are a handy ACLS quick reference fold out card a heart rate ruler and more In addition to being an outstanding study tool the ACLS Study Guide 3rd Edition is the official text for the American Safety and Health Institute ACLS certification course For more information on ASHI courses call 800 246 5101 or visit [www.ashinstitute.com](http://www.ashinstitute.com) A pretest and posttest each containing 50 questions with answers and rationales provide readers with opportunities to check comprehension prior to and after study Chapter Objectives allow readers to preview the main points in each chapter Quick Review boxes throughout the chapters and Stop and Review sections at the end of the chapters test reader comprehension of the material Chapters 1-8 comprise a Preparatory section to provide the foundation for the case presentations in the second section Ten case studies present real life clinical situations enabling the reader to make decisions based on information in the Preparatory section Consistent organization of case studies include Objective Skills to Master Rhythms to Master Medications to Master Related Text Chapters Questions Answers Essential Actions and Unacceptable Actions to aide in the study and mastery of material Unique treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines simplify the new treatment guidelines making them easier to use and remember Chapter on Stroke has now been expanded to include Special Resuscitation Situations ACLS Pearl boxes contain key points and useful tips for clinical practice Keeping it Simple boxes contain essential information in a clear and concise manner A heart rate ruler is included to help determine heart rate while practicing ECG recognition A 4 x 6 pocket size quick reference card with key ACLS algorithms is included for field use Vascular Access and Medications combined into one chapter to present venous circulation information with all relevant common medications used during a cardiac related emergency

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*Mastering ACLS.*, 2006 Mastering ACLS Second Edition will help health care professionals successfully complete the American Heart Association's Advanced Cardiac Life Support course and certification exam This quick review outline format study guide covers the core knowledge and skills needed for ACLS including detailed illustrated life support techniques core case studies

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Andrew D. Weinberg, James L. Paturas, 1995-02

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