

The Ultimate ACS Study Guide

Advanced Cardiac Life Support (ACLS) provides guidelines for healthcare professionals for all types of cardiac emergencies.



EKG Anatomy



P-Wave = electrical activity in the upper heart chambers; represents contraction of SA node and AV node.

PR Interval = time from P wave to QRS complex.

QRS Complex = ventricular depolarization.

ST Segment = transition from ventricular depolarization to repolarization. It is the baseline.

T-Wave = repolarization of upper heart.

ECG Rhythms

Ventricular Fibrillation - no organized blood, immediate defibrillation.

Ventricular Tachycardia - ventricular arrhythmia. Heart rate 100-250 bpm. Immediate cardioversion.

P纈tential &逸搏 (Fibrillation Activity) - fibrillation is fibrillation but activity is fibrillation and immediate CPR.

Atrial Fibrillation - on EKG, if leads are all connected, begin CPR immediately.

Sinus Bradycardia - rate less than 60 bpm/minute. CPR immediately if hypotension.

1st Degree AV Block - prolonged P-R interval. Rhythm normal.

2nd Degree Block Type I - Wenckebach - progressive PR interval lengthening. CPR if compromised. Rhythm requires treatment.

2nd Degree Block Type II - Mobitz I - ventricular fibrillation. Immediate cardioversion.

3rd Degree Block - between SA and AV nodes. CPR, defibrillation, epinephrine, and atropine.

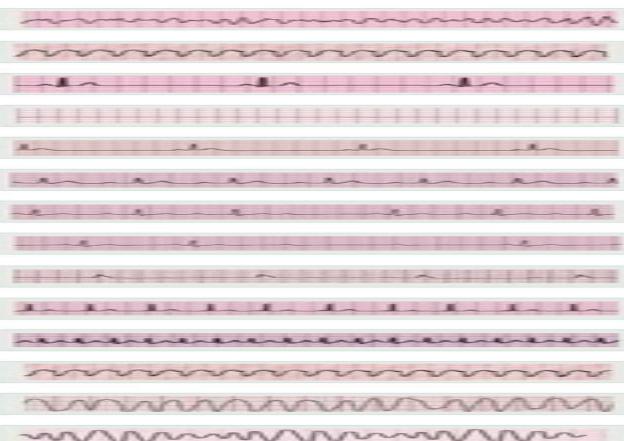
Sinus Tachycardia - increased heart rate of 100-150 beats per minute. CPR if hypotension.

Supraventricular Tachycardia - irregular heart rate with P waves when heart rate is 100-250 bpm. Immediate cardioversion.

Monomorphic Ventricular Tachycardia - pharmacology for stable patients. Immediate cardioversion.

Polyomorphic Ventricular Tachycardia - CPR, cardioversion, different drugs, and CPR.

Torsades de Pointes - different types of QRS complexes. Form is a corkscrew. CPR, magnesium, and quinidine or lidocaine - treat when magnesium.



Electrical Therapy Basics



Airway Management



Defibrillation - uses an automated external defibrillator (AED).

Stroke-Related Cardioversion - shock synchronized to the heart's point.

Transcutaneous Pacing - treats abnormally slow heart rate.

Post-Resuscitation Care



Follow the ABCDs:

- Airway - maintain ventilation and oxygenation
- Breathing - keep PETCO₂ between 35-40mmHg
- Circulation - maintain mean arterial pressure of 90mmHg
- Differential Diagnosis - use H&Ts to determine contributing factors to cardiac arrest

Acute Coronary Syndromes (ACS)

Unstable Angina

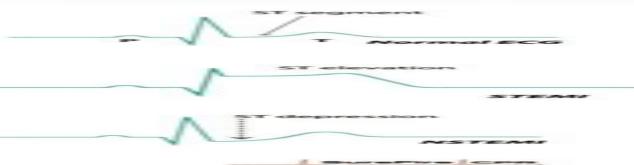
- unexpected chest pain due to poor blood flow
- blood thinners
- aspirin

ST-segment Elevation MI (STEMI)

- total blockage of a coronary artery
- electrical activity during the ST-segment shows ST-segment elevation
- coronary intervention (PCI) or CABG surgery

Non-ST-segment Elevation MI (NSTEMI)

- partial blockage of a coronary artery
- ST-segment depressed instead of elevated, no thrombolytic
- pharmacotherapy, immediate percutaneous coronary intervention (PCI) or CABG surgery



Stroke Assessment and Treatment

Cardioembolic stroke is a frequent complication after an acute ischemic stroke. If a stroke is suspected, immediately transport to the nearest Stroke Receiving Center.

Cincinnati Prehospital Stroke Scale:

1. Age over 60
2. Arm drift
3. Speech

“You can't teach an old dog new tricks”



Code Termination

Consult with medical control before code termination.



- persistent asystole 25 minutes or longer
- obvious signs of death, withhold resuscitation efforts

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Acls Study Guide Lifesaver Cpr

Barbara J Aehlert

Acls Study Guide Lifesaver Cpr:

ACLS Study Guide Barbara Aehlert,2007 Written in a conversational style the 3rd edition of the ACLS Study Guide features unique user friendly and easy to remember treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines Full color throughout it offers a complete concise overview of advanced cardiovascular life support ACLS acute coronary syndromes and acute stroke It also features easy to access information with Stop and Review quizzes in each chapter and a comprehensive pretest and posttest New to this edition are a handy ACLS quick reference fold out card a heart rate ruler and more In addition to being an outstanding study tool the ACLS Study Guide 3rd Edition is the official text for the American Safety and Health Institute ACLS certification course For more information on ASHI courses call 800 246 5101 or visit www.ashinstitute.com A pretest and posttest each containing 50 questions with answers and rationales provide readers with opportunities to check comprehension prior to and after study Chapter Objectives allow readers to preview the main points in each chapter Quick Review boxes throughout the chapters and Stop and Review sections at the end of the chapters test reader comprehension of the material Chapters 1-8 comprise a Preparatory section to provide the foundation for the case presentations in the second section Ten case studies present real life clinical situations enabling the reader to make decisions based on information in the Preparatory section Consistent organization of case studies include Objective Skills to Master Rhythms to Master Medications to Master Related Text Chapters Questions Answers Essential Actions and Unacceptable Actions to aide in the study and mastery of material Unique treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines simplify the new treatment guidelines making them easier to use and remember Chapter on Stroke has now been expanded to include Special Resuscitation Situations ACLS Pearl boxes contain key points and useful tips for clinical practice Keeping it Simple boxes contain essential information in a clear and concise manner A heart rate ruler is included to help determine heart rate while practicing ECG recognition A 4 x 6 pocket size quick reference card with key ACLS algorithms is included for field use Vascular Access and Medications combined into one chapter to present venous circulation information with all relevant common medications used during a cardiac related emergency

ACLS Study Guide - E-Book Barbara J Aehlert,2016-10-06 Awarded second place in the 2017 AJN Book of the Year Awards in the Critical Care Emergency Nursing category Provide the best possible emergency cardiovascular care using the newest ECC guidelines ACLS Study Guide 5th Edition offers a complete full color overview of advanced cardiovascular life support An easy to read approach covers everything from airway management to cardiac arrest rhythms and their management electrical therapy acute coronary syndromes and acute stroke In addition to the latest ACLS treatment algorithms this edition includes case studies and hundreds of full color photos and illustrations Case studies present common realistic clinical situations helping you learn and apply skills in cardiac rhythm interpretation medication administration and other essential interventions ACLS Pearls boxes offer brief explanations of complex topics and useful tips for clinical practice

End of chapter quizzes include answers and rationales helping you learn and remember the most important information. Easy to understand approach simplifies your study of advanced cardiac life support thanks to Barbara Aehlert's unique conversational writing style. NEW UPDATED content centers on evidence based practice recommendations including the 2015 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care and the 2015 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations. NEW Improved format integrates all case studies into the appropriate chapters so that you can apply concepts immediately to real world situations. **ACLS Study Guide - E-Book** Barbara J Aehlert, 2011-12-08 Reflecting the 2010 Emergency Cardiovascular Care guidelines, ACLS Study Guide 4th Edition offers a complete full color overview of advanced cardiovascular life support. An easy to read approach covers everything from airway management and rhythms and their management to electrical therapy, acute coronary syndromes and acute stroke. In addition to the latest ACLS treatment algorithms, this edition includes new case studies, new photos and illustrations, a heart rate ruler and a handy ACLS quick reference card for use in the field. Written by Barbara Aehlert, ACLS Study Guide is the official textbook for the American Safety Health Institute ACLS certification course. A pretest and posttest each containing 50 questions with answers and rationales allow you to check your knowledge prior to and after your study. Chapter objectives preview the main points in each chapter. Stop and Review sections at the end of the chapters help you remember the most important information. ACLS Pearls boxes offer key points and useful tips for clinical practice. Keeping it Simple boxes provide essential information in a clear and concise manner. Ten case studies present real life clinical situations allowing you to make decisions based on information in the Preparatory section. Consistent format of case studies includes Objective Skills to Master, Rhythms to Master, Medications to Master, Related Text Chapters, Essential Actions and Unacceptable Actions. A heart rate ruler is included to help you interpret ECGs. A 4 x 6 pocket size quick reference card contains key ACLS algorithms for field use. 100 new and updated photos and illustrations show key ACLS procedures and equipment. Pharmacological interventions are integrated into the chapters for a more cohesive learning experience. New streamlined approach reduces the number of pages and simplifies the information you need to know. **ACLS Study Guide** Barbara J. Aehlert, 2011-12-08 Reflecting the 2010 Emergency Cardiovascular Care guidelines, this title offers a full color overview of advanced cardiovascular life support. It features an easy to read approach that provides coverage ranging from airway management and rhythms and their management to electrical therapy, acute coronary syndromes and acute stroke. **ACLS Study Guide**, 1994 **ACLS Quick Review Study Guide** Barbara Aehlert, 1994 The first full color ACLS Advanced Cardiac Life Support study guide in print follows the American Heart Association's topic format to help readers prepare for the ACLS Certification Examination. Well organized with current AHA guidelines, the guide covers learner objectives, algorithms, multiple quizzes, pretests and post tests to thoroughly cover required material. 62 illus 45 in color. **Who's Who in American Nursing 1988-1989** Jeffrey

Franz,1989 *Who's Who in American Nursing, 1993-1994* ,1993 *Who's who in American Nursing* ,1993 **ACLS Review Made Incredibly Easy** Lippincott,2012-03-14 ACLS Review Made Incredibly Easy 2nd edition covers ACLS fundamentals including detailed illustrated information on techniques for life support real life case scenarios arrhythmia recognition and treatment defibrillation procedures I V techniques cardiovascular pharmacology myocardial infarction recognition and treatment special resuscitation situations and more Features such as an easy to use bulleted format that contains illustrations algorithms and graphics help clarify ACLS guidelines Quick quizzes and a comprehensive test help the student put ACLS knowledge to the test ACLS Review Made Incredibly Easy 2nd edition will help health care professionals successfully complete the American Heart Association s AHA s Advanced Cardiac Life Support ACLS course and certification exam This quick review study guide summarizes and supplements core concepts contained in the ACLS course **ACLS Review Made Incredibly Easy!** Lippincott Williams & Wilkins,2011-12-25 Covers ACLS fundamentals including detailed illustrated information on techniques for life support real life case scenarios arrhythmia recognition and treatment defibrillation procedures I V techniques cardiovascular pharmacology myocardial infarction recognition and treatment special resuscitation situations and more Features such as an easy to use bulleted format that contains illustrations algorithms and graphics help clarify ACLS guidelines Quick quizzes and a comprehensive test help the student put ACLS knowledge to the test Will help health care professionals successfully complete the American Heart Association s AHA s Advanced Cardiac Life Support ACLS course and certification exam This quick review study guide summarizes and supplements core concepts contained in the ACLS course Cumulative Index of Hospital Literature Library of the American Hospital Association, Asa S. Bacon Memorial,1987 **ACLS Quick Review Study Cards** Barbara Aehlert,Barbara J Aehlert, Msed Bspa RN,1994 Perforated cards in a book format feature a review question and ECG tracing on the front of the card with the answer and rationale on the back Color coded cards are designed to correspond with discussions in the author s text ACLS Quick Review Study Guide 500 cards *Zombie Notes ACLS Certification Exam Prep* Michele G. Kunz,2011-01-01 This laminated study guide is for the American Heart Association Certification class and exam for ACLS Advanced Cardiac Life Support This study guide is available on Amazon com *ACLS Provider Manual* Jane John-nwankwo,Msn Jane John-Nwankwo Rn,2016-01-01 What you will learn from this book Team Resuscitation Concepts What Actually Happens in Mega Codes BLS ACLS Surveys Acute Coronary Syndrome Management Stroke Management Recognition of Basic Dysrhythmias Plus 160 Review Questions **RAPID ACLS - Revised Reprint** Barbara J Aehlert,2011-04-15 Designed to offer essential information on the spot where it s needed most RAPID ACLS 2nd Edition Revised Reprint is now updated to reflect the 2010 emergency cardiovascular care guidelines It contains a broad range of topics pertaining to advanced cardiac life support including information on airway management pharmacology vascular access ECGs electrical therapy acute coronary syndromes and special resuscitation situations Loaded with tables mnemonics

and algorithms throughout RAPID ACLS 2nd Edition Revised Reprint is ideal for use in clinical practice or during an ACLS course Full color illustrations show clear vivid presentations of essential concepts and common cardiac rhythms for clear and easy interpretation Concise accessible bullet points and numbered lists make key information easy to find read and understand Over 70 tables throughout the text including dysrhythmias and cardiac medications provide the basics of dysrhythmias and medications at a glance Commonly used but rarely memorized information broken down into tables algorithms and acronyms help in locating essential information Reflects the 2010 emergency cardiovascular care guidelines

Rapid ACLS Barbara J. Aehlert,2011-04 Designed to offer essential information on the spot where it's needed most RAPID ACLS 2nd Edition Revised Reprint is now updated to reflect the 2010 emergency cardiovascular care guidelines It contains a broad range of topics pertaining to advanced cardiac life support including information on airway management pharmacology vascular access ECGs electrical therapy acute coronary syndromes and special resuscitation situations Loaded with tables mnemonics and algorithms throughout RAPID ACLS 2nd Edition Revised Reprint is ideal for use in clinical practice or during an ACLS course Compact 3 x 5 1/2 inch size presents essential information in a quick reference format Fluid resistant paper is durable for rugged clinical use Full color illustrations show clear vivid presentations of essential concepts and common cardiac rhythms for clear and easy interpretation Concise accessible bullet points and numbered lists make key information easy to find read and understand Convenient format uses spiral binding and color tabs as section dividers allow you to quickly locate important information in an emergency Over 70 tables throughout the text including dysrhythmias and cardiac medications provide the basics of dysrhythmias and medications at a glance Commonly used but rarely memorized information broken down into tables algorithms and acronyms help in locating essential information Reflects the 2010 emergency cardiovascular care guidelines

ACLS Review Made Incredibly Easy Managed,Lippincott Williams & Wilkins,2015-04-27 ACLS Review Made Incredibly Easy 2nd edition covers ACLS fundamentals including detailed illustrated information on techniques for life support real life case scenarios arrhythmia recognition and treatment defibrillation procedures I V techniques cardiovascular pharmacology myocardial infarction recognition and treatment special resuscitation situations and more Features such as an easy to use bulleted format that contains illustrations algorithms and graphics help clarify ACLS guidelines Quick quizzes and a comprehensive test help the student put ACLS knowledge to the test ACLS Review Made Incredibly Easy 2nd edition will help health care professionals successfully complete the American Heart Association's AHA's Advanced Cardiac Life Support ACLS course and certification exam This quick review study guide summarizes and supplements core concepts contained in the ACLS course **Mastering ACLS** ,2006 Mastering ACLS Second Edition will help health care professionals successfully complete the American Heart Association's Advanced Cardiac Life Support course and certification exam This quick review outline format study guide covers the core knowledge and skills needed for ACLS including detailed illustrated life support techniques core case studies

arrhythmias defibrillation procedures I V techniques cardiovascular pharmacology myocardial infarction and special resuscitation situations Now in full color this edition features 200 illustrations and algorithms expanded chapter quizzes a comprehensive test expanded information on automated external defibrillators and additional case scenarios in the Megacode and other chapters A new appendix reviews Basic Cardiac Life Support guidelines **Easy ACLS Pocket Guide**
Andrew D. Weinberg,James L. Paturas,1995-02

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