

# The Ultimate ACLS Study Guide

ADVANCED LIFE SUPPORT IN THE PREHOSPITAL SETTING  
 PROVIDING QUALITY CARE TO YOUR PATIENTS AND YOURSELF



## EKG Anatomy



**P Wave** - represents electrical activity in the SA Node. Prolonged P wave indicates a delay in conduction.  
**PR Interval** - represents the time between the P wave and the QRS complex. Prolonged PR interval indicates a delay in conduction.  
**QRS Complex** - represents the electrical activity of the ventricles. A narrow QRS complex indicates a normal conduction system, while a wide QRS complex indicates a bundle branch block or ventricular tachycardia.  
**T Wave** - represents the repolarization of the ventricles. A tall, peaked T wave indicates hyperkalemia, while a flattened T wave indicates hypokalemia.

## ECG Rhythms

- Ventricular Fibrillation** - Irregular, chaotic electrical activity. Immediate CPR/Defibrillation.
- Ventricular Tachycardia** - Rapid, regular electrical activity. Pacing 100-120 bpm. Immediate defibrillation if not responsive.
- Pulsless Electrical Activity** - No visible QRS complexes. Immediate CPR. Treat with epinephrine.
- Asystole** - No visible electrical activity. Immediate CPR. Treat with epinephrine.
- Sinus Bradycardia** - Slow heart rate (less than 60 bpm/minute). Pacing 60-80 bpm/minute.
- 1st Degree AV Block** - Prolonged PR interval. Rarely treated.
- 2nd Degree Block Type I - Wenckebach** - Progressive PR prolongation followed by a dropped QRS.
- 2nd Degree Block Type II - Mobitz** - Dropped QRS complexes without PR prolongation.
- 3rd Degree Block** - Complete dissociation between P waves and QRS complexes.
- Sinus Tachycardia** - Rapid heart rate (greater than 100 bpm/minute). Treat underlying cause.
- Supraventricular Tachycardia** - Rapid heart rate with narrow QRS complexes. Treat with vagal maneuvers or medications.
- Polymorphic Ventricular Tachycardia** - Rapid heart rate with changing QRS complexes. Immediate defibrillation.
- Torsades de Pointes** - Polymorphic VT with a characteristic twisting of the QRS complex. Treat with magnesium.
- Prolonged QT Interval** - Increased time between the QRS complex and the T wave. Treat with magnesium.



## Electrical Therapy Basics



- Defibrillation** - Used to treat ventricular fibrillation (VF) and pulseless ventricular tachycardia (VT).
- Synchronized Cardioversion** - Used to treat atrial fibrillation (AF), atrial flutter (AFL), and supraventricular tachycardia (SVT).
- Transcutaneous Pacing** - Used to treat bradycardia and asystole.

## Airway Management



- Adjuvants** - Used to facilitate intubation.
- Endotracheal Tube (ETT)** - Used for mechanical ventilation.
- Supraglottic Airway** - Alternative airway device.
- Respiratory Support** - Positive pressure ventilation.

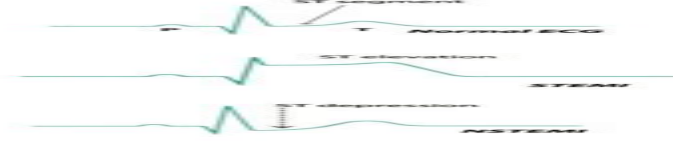
## Post-Resuscitation Care



- Follow the ABCs** - Airway, Breathing, Circulation.
- Temperature** - Maintain normothermia.
- Glucose** - Maintain blood glucose levels.
- Acidosis** - Monitor and treat acidosis.
- Coagulopathy** - Monitor and treat coagulopathy.
- Organ Dysfunction** - Monitor and treat organ dysfunction.

## Acute Coronary Syndromes (ACS)

- Unstable Angina** - Chest pain at rest or with minimal exertion.
- ST Segment Elevation MI (STEMI)** - Chest pain with ST segment elevation on ECG.
- Non-ST Segment Elevation MI (NSTEMI)** - Chest pain with ST segment depression or T wave inversion on ECG.



## Stroke Assessment and Treatment

Recognize and treat stroke. Assess the patient for stroke. Treat the patient for stroke.

**Cincinnati Prehospital Stroke Scale:**



## Code Termination


Consult with medical control before code termination.



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# Acls Study Guide 2013

**Philip E. Hess, Yunping Li, John J.  
Kowalczyk, Justin K. Stiles**



## **Acls Study Guide 2013:**

*AACN Procedure Manual for Progressive and Critical Care - E-Book* AACN,2023-07-07 American Journal of Nursing AJN Book of the Year Awards 1st Place in Critical Care Emergency Nursing 2024 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Critical Care Edited by the American Association of Critical Care Nurses and written by more than 100 critical care experts under the direction of Karen L Johnson PhD RN FAAN this definitive reference represents the gold standard of care for procedures performed in progressive and critical care settings It guides you through procedures common to the adult critical care environment including those performed by advanced practice nurses in an illustrated step by step format This edition now in full color features new procedures new and updated illustrations and updated content throughout reflecting the latest evidence based guidelines and national and international protocols Quick reference tabs make it easier than ever to locate content quickly This new edition integrates key AACN initiatives such as Practice Alerts and coordinates closely with the AACN Core Curriculum for Progressive and Critical Care Nursing 8th Edition Chapter specific quick links employ QR codes for instant access to high quality online references Edited by the American Association of Critical Care Nurses written by more than 100 expert critical care clinicians under the direction of Karen L Johnson PhD RN FAAN and extensively reviewed by more than 100 additional critical care experts to ensure the accuracy and currency Comprehensive coverage includes all procedures commonly performed in progressive and critical care settings including those performed by advanced practice nurses indicated by an AP icon Straightforward step by step organization uses consistent headings to make following a procedure and finding the various supporting elements quick and easy with bulleted lists tables and detailed illustrations throughout to ensure that content is easy to reference and follow Rationales for all interventions in patient and family education assessment patient preparation procedure and monitoring help students understand the rationale for every step and a level of evidence is provided when a research base exists to substantiate an intervention giving insight into the strength of recommendations NEW Additional procedures new and updated illustrations and updated content throughout reflect the latest evidence based guidelines and national and international protocols NEW Full color design with color reference tabs enhances navigation plus full color illustrations reinforce understanding UPDATED Key AACN initiatives such as Practice Alerts are integrated throughout and content coordinates with the AACN Core Curriculum for Progressive and Critical Care Nursing 8th Edition NEW Chapter specific quick links via QR codes provide quick access to online references which have been updated and limited to the highest value sources **Mosby's Dental Dictionary E-Book** Elsevier Inc,2019-04-05 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Dictionaries Terminology An essential dental resource that goes beyond education Mosby's Dental Dictionary 4th Edition is the must have pocket sized reference covering all areas of dentistry that's designed for both students and practitioners This new edition defines over 10 000 terms on dynamic areas of dentistry including materials imaging surgery

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*ACLS Study Guide*, 1994 *ACLS Study Guide* Barbara Aehlert, 2007 Written in a conversational style the 3rd edition of the ACLS Study Guide features unique user friendly and easy to remember treatment algorithms totally revised to reflect the 2005 emergency cardiac care guidelines Full color throughout it offers a complete concise overview of advanced cardiovascular life support ACLS acute coronary syndromes and acute stroke It also features easy to access information with Stop and Review quizzes in each chapter and a comprehensive pretest and posttest New to this edition are a handy ACLS quick reference fold out card a heart rate ruler and more In addition to being an outstanding

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as guides protocols or standard operating procedures for immediate application all based on the BIDMC Department of Anesthesia's long history of providing cutting edge care for pregnant women The text also serves as a clinical reference guide and teaching tool Obstetric Anesthesia Quick References Practical Guides Describes tools and methods for caring for pregnant women in labor Includes the best scientific evidence and BIDMC's Department of Anesthesia's Obstetrical Division's thoroughly tested institutional practices used for the care of pregnant women Incorporates clear step by step instructions and up to date guidelines and standards Provides essential information in each chapter followed by evidence based best practices for the given topic li Pairs succinct presentations with relevant and practical instructions for patient care to support emergency decision making problem solving and patient safety      **ACLS Study Guide** Barbara J. Aehlert,2011-12-08

Reflecting the 2010 Emergency Cardiovascular Care guidelines this title offers a full color overview of advanced cardiovascular life support It features an easy to read approach that provides coverage ranging from airway management and rhythms and their management to electrical therapy acute coronary syndromes and acute stroke      *ACLS Study Guide - E-Book* Barbara J Aehlert,2011-12-08

Reflecting the 2010 Emergency Cardiovascular Care guidelines ACLS Study Guide 4th Edition offers a complete full color overview of advanced cardiovascular life support An easy to read approach covers everything from airway management and rhythms and their management to electrical therapy acute coronary syndromes and acute stroke In addition to the latest ACLS treatment algorithms this edition includes new case studies new photos and illustrations a heart rate ruler and a handy ACLS quick reference card for use in the field Written by Barbara Aehlert ACLS Study Guide is the official textbook for the American Safety Health Institute ACLS certification course A pretest and posttest each containing 50 questions with answers and rationales allow you to check your knowledge prior to and after your study Chapter objectives preview the main points in each chapter Stop and Review sections at the end of the chapters help you remember the most important information ACLS Pearls boxes offer key points and useful tips for clinical practice Keeping it Simple boxes provide essential information in a clear and concise manner Ten case studies present real life clinical situations allowing you to make decisions based on information in the Preparatory section Consistent format of case studies includes Objective Skills to Master Rhythms to Master Medications to Master Related Text Chapters Essential Actions and Unacceptable Actions A heart rate ruler is included to help you interpret ECGs 4 x 6 pocket size quick reference card contains key ACLS algorithms for field use 100 new and updated photos and illustrations show key ACLS procedures and equipment Pharmacological interventions are integrated into the chapters for a more cohesive learning experience New streamlined approach reduces the number of pages and simplifies the information you need to know      *Pharmacotherapy Casebook: A Patient-Focused Approach, 10/E* Terry L. Schwinghammer,2017-06-22

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**Scholarships, fellowships and loans :\ba guide to education-related financial aid programs for students and professionals** ,2006 *ACLS Provider Manual* Americ And Management Association Acpma,2020-12-10 ACLS provider manual with AHA 2020 updates

**Differenzialdiagnose Innerer Krankheiten** Edouard Battegay,2017-04-05 Die Differenzialdiagnose ist Kern der rztlichen Kunst und vielfach kein linearer Prozess Eine zielgerichtete differenzialdiagnostische Abkl rung setzt Wissen und Erfahrung voraus und stellt so manchen Arzt vor Herausforderungen Dieses Werk f hrt Sie effektiv und evidenzbasiert vom Symptom zur Diagnose Erfahren Sie wie Sie Leitsymptome und Symptomkomplexe erkennen und abkl ren Patientenanamnese im diagnostischen Prozess bewusst f hren Erkenntnisse gewichten Verdachtsdiagnosen best tigen wichtige Triage Entscheide treffen wachsam bleiben und sich in komplexen Situationen schnell orientieren F cher bergreifende und vernetzte Darstellungen helfen Ihnen dabei Zusammenh nge systematisch zu verstehen N tzliches Bildmaterial bersichtliche Tabellen und klare Stufenkonzepte sind einpr gsam gestaltet Profitieren Sie von mehr als 60 Jahren Erfahrung bei der Differenzialdiagnose innerer Erkrankungen und vertrauen Sie bei Ihrer Entscheidungsfindung auf DAS bew hrte und moderne Referenzwerk in welchem die Experten ihr Denken und Ihre Erfahrungen auf den Punkt bringen Jederzeit zugreifen Der Inhalt des Buches steht Ihnen ohne weitere Kosten digital in der Wissensplattform eRef zur Verf gung Zugangscode im Buch Mit der kostenlosen eRef App haben Sie zahlreiche Inhalte auch offline immer griffbereit

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