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# **AMERICAN REDCROSS LIFEGUARD, RED CROSS LIFEGUARDING PRACTICE TEST 59 QUESTIONS AND ANSWERS**

PPE - answer Personal Protective Equipment

FAST - answer Face, Arm, Speech, Time

EAP - answer Emergency Action Plan

AED - answer Automated External Defibrillator

SAMPLE - answer 1. Signs/Symptoms

2. Allergies

3. Medications

4. Past History

5. Last Oral Intake

6. Events leading to injury/illness

FIND - answer 1. Figure out problem

2. Intensify possible solutions

3. Name pros and cons of each solution

4. Determine best choice

RICE - answer 1. Rest

2. Immobilize

3. (Apply something) Cold

# American Red Cross Lifeguarding Test Answers

**American National Red Cross**



## **American Red Cross Lifeguarding Test Answers:**

**American Red Cross Lifeguard Exam** Educational Testing Group, 2018-04-09 This practice test includes 140 multiple choice test questions about American Red Cross Lifeguard Exam The test has been carefully developed to assist you to pass your actual test It will help you prepare for and pass your exam on the first attempt but it does not include any study guide The book focuses only on carefully selected practice questions THREE main topics LIFEGUARDING and WATER SKILLS are covered in this test Lifeguarding questions focus on 9642 Lifeguarding Skills 9642 Professional Rescuer and First Aid Water Skills questions focus on 9642 Basic Water Rescue 9642 Waterfront Skills 9642 Waterpark Skills 9642 Shallow Water Lifeguarding Skills *Professional Lifeguard Textbook* American Red Cross, 1994-10 Lifeguarding Today American Red Cross, 1995 American Red Cross First Aid, Responding to Emergencies American Red Cross, 2001 Forthcoming Books Rose Army, 1992 Barrow & McGee's Practical Measurement and Assessment Kathleen A. Tritschler, 2000 Up to date measurement and assessment skills are necessary in preparing to become a physical education exercise or sport professional This edition maintains the integrity of previous editions by continuing its practical approach to content featuring complete and ready to use assessment tools and scoring information It focuses on measurement and assessment in all three educational domains physical cognitive and affective Helpful pedagogical devices include What Do YOU Think controversy boxes self test questions with answers keyword lists chapter summaries Computer assisted Searches sections and Doing Projects boxes for further learning New to this edition are nine special applications chapters written by renowned experts in their fields who explain how measurement and assessment skills are applied in their areas of specialization These chapters are unique since NO other textbook in the field offers anything similar Deskbook Encyclopedia of American School Law, 2001 Deskbook Encyclopedia of American School Law 2001 Oakstone Legal & Business Publishing, 2000 **Best's Insurance News**, 1958 **CAHPERD Journal Times** California Association for Health, Physical Education, Recreation and Dance, 1989 **Backpacker**, 2001-03 Backpacker brings the outdoors straight to the reader's doorstep inspiring and enabling them to go more places and enjoy nature more often The authority on active adventure Backpacker is the world's first GPS enabled magazine and the only magazine whose editors personally test the hiking trails camping gear and survival tips they publish Backpacker's Editors Choice Awards an industry honor recognizing design feature and product innovation has become the gold standard against which all other outdoor industry awards are measured **Subject Guide to Books in Print**, 1991 **Negligence Cases, Other Than Automobile**, 1968 Live Stock Journal, 1904 The Advocate, 2001-08-14 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest continuing LGBT publication in the United States *Park Maintenance*, 1959 Includes an Annual buyer's guide *American Red Cross Lifeguarding* American Red Cross, 2012 **Lifeguarding Manual** American National Red Cross, 2023-12-31 *American Red Cross Lifeguarding Manual* American Red Cross, 2012-01-05 As the number of

community pools and waterparks grows nationwide participation in aquatic activities is also growing Lifeguards must receive proper and effective training and maintain their skills to ensure their ability to work effective with others as a part of a lifeguard team This manual will supplement your in service training to keep your knowledge and skills sharp      *American Red Cross Lifeguarding Instructor's Manual ,2007*

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