

Advanced Scientific Health



Your Guide to Elemental Healthcare

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Help ASH spread the word: Reversing chronic disease is elemental



Nobel prizes have been awarded to men whose contributions to understanding how the body works have given us the "cures" to all diseases.

Most people believe that genetics or bad luck gave them diseases for which the only treatments are drugs and surgeries. As a result, organized medicine will sell an estimated two-trillion-dollars worth of drugs and surgeries in 2005.

Drugs and surgeries are obviously not the solution to our medical problems; each year more, not fewer people die slowly (and expensively) from pharmaceutically and surgically-treated diseases.

Drs. Otto Warburg and Linus Pauling were awarded Nobel Prizes for pioneering simple, inexpensive protocols to prevent or reverse chronic illnesses such as cancer and heart disease. They determined that chronic diseases

develop in the presence of acidic/anooxygenated cells caused by bodily imbalances resulting from malnutrition. Simply giving the body the few nutrients it needs restores balance; oxygenation and alkalization then follow so that real healing can begin.

The process is truly elemental. By learning how your body works and why it gets sick, you can then obtain the non-potentable vitamins, minerals, enzymes and amino acids known to reverse disease symptoms that may have otherwise been terminal.

Once you know how your body works, you can teach others how their bodies work. Whether they know it yet or not, they are depending on you.

Medical bankruptcies compound the pain and misery of America's chronic illness epidemic

The American dream has a perverse ending these days: Diagnoses of chronic diseases, long-term treatment with expensive drugs, pain, misery, bankruptcy and death without dignity.

Almost half of all Americans will be diagnosed with cancer during their lives; nearly all of them will die slowly and painfully of cancer after being subjected to years of expensive chemo therapy drugs, radiation treatments and surgeries.

Those who escape cancer will succumb to heart disease, diabetes, multiple sclerosis, Alzheimer's or some other chronic disease.

Reuters recently cited a report published in the journal *Health Affairs* that found half of all bankruptcies are filed by Americans drowning in medical bills.

Most of the nearly 800,000 medical bill-induced bankruptcies were average Americans and their dependents with medical insurance who happened to get sick. "Our study is frightening. Unless you are Bill Gates, you're just one serious illness away from bankruptcy," com-

mented study director Dr. David Himmelstein of the Harvard Medical School.

To help organized medicine collect, Congress passed a bankruptcy reform bill in March, 2005, exempting medical bills from bankruptcy protection.

Statistically, you will be diagnosed with a chronic illness, you will seek treatment from doctors who will prescribe drugs and surgeries, you will suffer economic hardship from treatments that never cure the illness and you will die sick and penniless...

...unless you learn about the true nature of disease and why bodies develop chronic symptoms.

You and your loved ones can escape chronic disease and subsequent poverty, but it requires learning how to prevent or reverse its symptoms nutritionally.

What happened?

At the turn of the last century the leading causes of death were infectious diseases, tuberculosis, pneumonia and syphilis. Since the turn of the last century, cancer, heart disease and other chronic ailments have become the leading causes of death.

Improvements in public sanitation and personal hygiene—and year-round access to fresh produce—can explain the decline in deaths from infectious disease. But what explains the meteoric rise in death from chronic diseases?

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Precision Medicine and Human Health Farzana Mahdi, Abbas Ali Mahdi, 2024-06-03 Precision Medicine and Human Health covers several aspects of precision medicine in 20 edited reviews by researchers and healthcare professionals The breadth of information provided by the contributors aims to familiarize readers with basic and applied research in personalized therapy Starting with an overview of the subject and its relationship with epigenetics the book progresses into advanced topics that explain its wider applications The use of precision medicine in treating different diseases such as protein misfolding disorders gut ulcers and their effect on the gut microbiome cancer treatment for hepatocellular carcinoma breast cancer and oral cancer fibromyalgia high altitude sickness and multiple sclerosis is explained The book also covers modern therapeutic techniques to administer personalized therapy including epithelial mesenchymal therapy EMT circadian clock modulation and artificial intelligence and phytoconstituents The next chapters cover advanced technologies that are crucial to precision medicine such as nanomaterials and advanced drug delivery systems A concluding chapter on the therapeutic use of tannins in precision medicine rounds up the contents Key Features Features 20 focused chapters contributed by scientific experts Introduces readers to basic concepts in precision medicine Covers the application of precision medicine in treating different diseases Showcases several techniques used in experimental and clinical precision therapy Explains modern technologies in precision medicine Caters to a wide readership with introductions structured headings and references This is an informative reference for healthcare professionals in clinics and hospitals and any scholar who wants to learn about basic and applied knowledge in precision medicine Integrating Oral and Systemic Health:

Innovations in Transdisciplinary Science, Health Care and Policy Martha J. Somerman, Kaumudi Joshipura, Amit Acharya, Jeffrey Fellows, Judith Haber, Ira Lamster, Jacqueline W. Mays, Francisco Nociti, Serk In Park, Heiko Spallek, Jane A. Weintraub, Bei Wu, 2021-12-03 This Research Topic has been hosted in collaboration with the Santa Fe Group Salon 2021 The Topic Editors Judi Haber and Ira Lamster declare that they are affiliated with the Santa Fe Group SFG The remaining Topic Editors partnered with Frontiers and the SFG in launching this Research Topic which coincided with the SFG's Continuum on Oral Health Integration 2021 <https://santafegroup.org/events> *The Health Bulletin*, 1916 **Cincinnati Medical Advance**, 1907 A Scientific Basis for Health Instruction in Public Schools Laura Cairns, 1929 **The Medical Fortnightly**, 1892

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