

# AUTHENTIC **MEXICAN** COOKING

THE BEST MEXICAN COOKBOOK



GORDON ROCK

# Authentic Mexican Cooking The Best Mexican Cookbook

**Jim Peyton**

## **Authentic Mexican Cooking The Best Mexican Cookbook:**

**Authentic Mexican Cooking** Gordon Rock,2015-09-04 Getting your hands on authentic Mexican cooking is not a piece of cake and therefore you will have to bring out the true cook within you while you dare to heat the stove to prepare a Mexican meal For you this cookbook has 30 of the best Mexican recipes to help you throughout your cooking experience What makes this the best Mexican cookbook is the variety of recipes From breakfast to dinner and desserts this cookbook has everything If you are ready to experience great food then challenge yourself and try out each of these 30 recipes and enjoy the beauty of Mexican cuisine

*Best of Mexican Cooking* Adriana Martin,2021-07-27 Capture the flavors of Mexico with homestyle recipes Now you can re create your favorite traditional Mexican dishes in your own kitchen with Best of Mexican Cooking This Mexican cookbook is filled with 75 iconic recipes that represent the very best regional home cooking across the country Discover where each dish originated and get plenty of tips for making delicious perfectly cooked Mexican meals every time Inside this Mexican cookbook you ll find An intro to Mexican cooking Learn about seven different culinary regions in Mexico fundamental Mexican cooking techniques and essential ingredients and equipment to have on hand Simple

authentic recipes Each dish in this Mexican cookbook includes clear detailed instructions that make preparation easy even if you re never tried cooking Mexican food before Recipe tips and tricks Get expert pointers for making the most of every dish from food prep suggestions that help you save time in the kitchen to ingredient variations that create new and exciting flavors Make tasty Mexican meals at home with help from this traditional Mexican cookbook

*Mexican Cookbook* Juliana Lopez,2020-03-10 Would you like to learn how to prepare the authentic and original Mexican recipes With this book you can finally amaze your guests by offering them the flavors of Mexican cuisine straight to your home It is really true one of the

most refined and special delicacies when you want to eat something different from the usual is the Mexican cuisine the unmistakable spices the unique flavors and the colors certainly make it one of the most loved and refined cuisines from all over the planet Very often however it is quite difficult to recreate typical recipes and dishes of a country whose history and customs are unknown in fact frequently despite our good intentions the result is to prepare dishes that have only a vague remembering of the typical dish which disappoint us For this reason in this book I will take you to the preparation of each dish starting from a brief but clear explanation of Mexican culture and its influences then I will explain you what are the main techniques used in Mexican cooking and we will complete it with over 90 recipes explaining step by step with the list of the single ingredients to use the quantities and count of the macronutrients of each recipe Here s what you ll find History of Mexican cooking The techniques used in Mexican cooking and all the useful tools Recipes for breakfast Recipes for lunch and dinner Recipes for salads soups side dishes and Mexican sauces The recipes of the best Mexican sweets and snacks Tips for best seasoning each dish Recipes for tasty drinks You won t have to worry every recipe is explained carefully and in detail and the preparation of each dish won t take you more than 20 minutes You ll find plenty of dishes to prepare for every

moment of the day from breakfast to dinner passing through mid day snacks and desserts not to mention authentic Mexican drinks What are you waiting for Now you just have to scroll up and click on the buy now button and organize your next dinner with friends and relatives to surprise them with an evening based on Mexican cuisine ***The Mexican Cookbook*** Michael Walson,2020-08 There was a time when people used to travel to Mexico to explore their rich history and most importantly to taste their authentic Mexican dishes And how can anyone stop her himself from devouring rich Mexican foods The classic taste of Mexican foods is still the same in fact it's getting better And now you can cook up deep Mexican flavors and go on to this mouthwatering journey in your own kitchen Yes the real Mexican food doesn't need complex sauces strong flavors and loads of cheese Neither they have to be extra spicy Instead an authentic Mexican meal is so simple that it oozes the body with freshness and fullness And the best part Mexican dishes are so versatile that they can be modified according to seasonal produce and so they fit perfectly for any meal Bring Mexican dishes on your table with ***The Mexican Cookbook*** Easy Authentic Mexican Recipes For Beginners It is a complete guide to Mexican cooking that offers you Original breakfast lunch and dinner recipes with common ingredients and unique taste Really tasty Mexican dishes including soup chili stews fajitas tacos tortas tostadas burritos enchiladas salads dips pasta street foods and all manner of dishes across the region And much more Click on the buy button and cook Mexican meals with confidence ***The Mexican Cookbook*** Michael

Walson,2020-02-18 There was a time when people used to travel to Mexico to explore their rich history and most importantly to taste their authentic Mexican dishes And how can anyone stop her himself from devouring rich Mexican foods The classic taste of Mexican foods is still the same in fact it's getting better And now you can cook up deep Mexican flavors and go on to this mouthwatering journey in your own kitchen Yes the real Mexican food doesn't need complex sauces strong flavors and loads of cheese Neither they have to be extra spicy Instead an authentic Mexican meal is so simple that it oozes the body with freshness and fullness And the best part Mexican dishes are so versatile that they can be modified according to seasonal produce and so they fit perfectly for any meal Bring Mexican dishes on your table with ***The Mexican Cookbook*** Easy Authentic Mexican Recipes For Beginners It is a complete guide to Mexican cooking that offers you Original breakfast lunch and dinner recipes with common ingredients and unique taste Really tasty Mexican dishes including soup chili stews fajitas tacos tortas tostadas burritos enchiladas salads dips pasta street foods and all manner of dishes across the region And much more Click on the buy button and cook Mexican meals with confidence ***A Taste of Mexico*** Marissa Marie,2020-11-08 The Best Mexican Food From Our Casa to Yours This book offers all the basic info you will need to get started with Mexican cooking followed by more than 500 Authentic Mexican Recipes See the list below for a complete breakdown of the recipes 45 Mexican Sauce Salsa and Seasoning Recipes 50 Recipes of Tacos Tostadas and Tamales 11 Recipes of Burritos Chimichangas And Quesadillas 25 Recipes of Enchiladas Casseroles 4 Recipes of Chilaquiles 43 Beef Pork Main Courses 33 Chicken and Turkey Main Courses 33 Seafood Recipes 30 Vegetable Sides and Main Courses 20 Rice and Bean Recipes 35 Snacks

Appetizers 50 Soups Stews 21 Egg Recipes 16 Side Dishes 10 Salads 22 Desserts 15 Drinks

## **The Best Mexican Recipes**

America's Test Kitchen, 2015-04-15 Kitchen tested recipes that bring the real flavors of Mexico home Let America's Test Kitchen be your guide to making deeply flavored Mexican dishes at home Our first Mexican cookbook features foolproof appetizers soups and stews authentic egg dishes tacos and tamales burritos and enchiladas and all manner of meat and seafood dishes The Best Mexican Recipes includes a primer on Mexican home cooking with information on key ingredients readily available at your supermarket and innovative techniques that shave time off traditional preparation methods Not only will you be able to cook amazingly flavorful Mexican food but you'll cook with confidence Recipes include Familiar favorites Beef Enchiladas Tamales Grilled Fish Tacos Classic Mexican Rice Chicken Tortilla Soup Stuffed Jalapenos Chunky Guacamole Fresh Margaritas and more Authentic regional dishes Queso Fundido Chicken Mole Poblano Ancho Orange Pork Burritos Yucatan Style Barbecue Pork Fish Veracruz Oaxacan Style Beef Brisket and more Popular street foods Sopes Gorditas Panuchos Mexican Street Corn Molletes Huaraches with Poblanos Red Peppers and Queso Fresco and more

**The Best Mexican Cookbook** Christopher A Chef, 2021-01-24 Do you love the authentic and original Mexican food Or You are looking for a Mexican recipe book for the real taste and flavors of Mexican food to prepare at your home Mexican food instantly evokes strong spicy flavors richness in taste and mouthwatering dishes perfect to be shared at large tables The key ingredients of the Mexican food are easily available at your local supermarket but they will get in your kitchen extremely strong and tasty flavors for your homemade dishes This book has gathered fantastic simple and tradition home style Mexican recipes to your kitchen From basic appetizers to full entrees to succulent desserts and drinks which I have got them all for you right here So forget plain old tacos and burritos and get ready for the most flavorful tantalizing and delicioso recipes that the Mexican culture has to offer The Best Mexican Cookbook is filled with Overview of the Mexican cooking history and the Mexican pantry Mouthwatering Salsa Appetizers and Snacks such as Roasted Salsa Verde Homemade Tortilla Chips and Beef Nachos Favorite Soups and Salads such as Pozole and Bean and Corn Salad Authentic Mains such as Steak Tacos Adobo and Seafood Paella Traditional and flavorful Desserts and Drinks such as Three Milk Cake Bread Pudding and Horchata And many more Scroll up and click on the buy now button and Enjoy Cooking Eating

**The Best Mexican Recipes** April Kelsey, 2024-03-12 Mexican Recipes A Mexican Cookbook for Taqueria Style Home Cooking is your ultimate guide to mastering the vibrant and flavorful world of Mexican cuisine right in your kitchen Whether you're a seasoned cook or just starting this all in one cookbook offers easy to follow recipes and step by step instructions that will have you creating delicious Mexican dishes with confidence You'll find a treasure trove of authentic Mexican recipes from savory salads to hearty soups and stews satisfying main dishes and everything in between Dive into the rich tapestry of Mexican flavors with classics like tacos enchiladas burritos and lesser known gems waiting to be discovered With clear and concise instructions this cookbook teaches various simple effective and fast Mexican cooking techniques that anyone can master From mastering

the perfect taco to simmering a soul warming stew you'll learn the secrets to creating authentic Mexican dishes that impress family and friends alike. In addition to the mouthwatering recipes Mexican Recipes also offers helpful cooking tips and tricks including what to prep, make ahead and swap if you're missing an ingredient. With these handy tips you can adapt recipes to suit your tastes and ingredient availability, making Mexican cooking more accessible and enjoyable. Whether you're craving a refreshing Mexican salad, a comforting bowl of soup or a hearty main dish, Mexican Recipes has you covered. Get ready to embark on a culinary journey through Mexico's vibrant and diverse flavors right in the comfort of your kitchen.

*Mexican Cookbook* Sarah Meyers, 2021-02-10 55% DISCOUNT FOR BOOKSTORES Attract new customers with this book. They will love it. Geared toward both beginning and experienced cooks, the topic of Mexican Cooking is increasingly debated and appreciated these days. Are you fascinated by Mexican cuisine? Do you want to learn how to cook delicious Mexican recipes in a few minutes and feel like in a restaurant south of the border? Inspired by the history of Mexico and the tasty and genuine recipes of that country, this cookbook will throw you into the heart of Mexican cuisine with dozens of amazing recipes that will make you experience the vibrant flavors of that culture. From Tacos to Tamales, you will find dozens of recipes that even a novice can easily master at home. You're about to find Hints of Mexican food culture, Main techniques of Mexican cuisine, Important Mexican dishes including Chilaquiles, Mole, Pozole, Tamales, Enchiladas, Nopales, Esquites, Chapulines, Gorditas, Mexican sauces, drinks, and desserts, and much more. You won't be standing over the stoves too long; most recipes only take 15 or 20 minutes. You will find listed all the ingredients you need and that you can easily find in every grocery store. Become a Mexican chef today and savor those flavors that only Mexican cuisine has to offer. Lots of chefs and showbiz personalities are bringing Mexican cuisine to the forefront and it is currently among the most talked about. This book is a real gold mine and has already sold hundreds of thousands of copies and received rave reviews from readers all over the world. Don't pass up the chance to have this book in your store.

*The Mexican Seafood Cookbook* Marissa Marie, 2020-11-08 The Best Mexican Food From Our Casa to Yours This Book Offers All the basic info you will need to get started with Authentic Mexican Cooking. 45 Mexican Sauce, Salsa and Seasoning Recipes, 33 Authentic Mexican Seafood Recipes, Bonus 43 Mexican Beef, Pork, Main Courses, Bonus 33 Mexican Chicken and Turkey Main Courses, Bonus 50 Recipes of Tacos, Tostadas and Tamales, Bonus 11 Recipes of Burritos, Chimichangas And Quesadillas, Bonus 25 Recipes of Enchiladas, Casseroles, Bonus 4 Recipes of Chilaquiles, Bonus 35 Mexican Snacks, Appetizers, Bonus 50 Mexican Soups, Stews, Bonus 30 Mexican Vegetable Sides and Main Courses, Bonus 21 Mexican Egg Recipes.

**Truly Mexican** Roberto Santibanez, 2011-04-19 Amazing authentic Mexican cooking for the home kitchen. Mexican cuisine is an American favorite from coast to coast but many people are too intimidated to try cooking real Mexican meals in their own kitchens. In Truly Mexican, Roberto Santibanez shows you that it's the flavors that are complex, not the cooking. With effortless preparations and fresh, flavorful ingredients, Mexican home cooking can be simple and simply delicious. An introduction to Mexican cooking covers the main ingredients as well as how they're best prepared.

from toasting tortillas to roasting tomatoes and offers a few simple kitchen commandments that make great results a given Recipes cover main dishes sides salsas guacamoles moles adobos and more Features 128 recipes for authentic Mexican favorites from classic tacos and tamales to stunning dishes like Braised Short Ribs Adobo and Red Snapper Papillotes in Green Mole Includes a useful Sources section to help readers track down authentic Mexican ingredients Provides straightforward instructions on essential techniques like roasting chiles making fresh tortillas and filling enchiladas Illustrated throughout with dramatic photos that evoke bold Mexican flavors Truly Mexican puts the real tastes of Mexico within easy reach [The Art of Mexican Cooking](#) Diana Kennedy,2008-04-08 This indispensable cookbook an instant classic when first published in 1989 is now back in print with a brand new introduction from the most celebrated authority on Mexican cooking Diana Kennedy The culmination of more than fifty years of living traveling and cooking in Mexico The Art of Mexican Cooking is the ultimate guide to creating authentic Mexican food in your own kitchen with more than 200 beloved recipes as well as evocative illustrations The dishes included favorites from all the regions of Mexico range from sophisticated to pure and simple but they all share an intrinsic depth of taste Aficionados will go to great lengths to duplicate the authentic dishes and Kennedy tells them exactly how but here too is a wealth of less complicated recipes for the casual cook in search of the unmistakable flavors of a bold cuisine Kennedy shares the secrets of true Mexican flavor balancing the piquant taste of chiles with a little salt and acid for instance or charring them to round out their flavor broiling tomatoes to bring out their character or adding cumin for a light accent By using Kennedy s kitchen wisdom and advice and carefully selecting produce that is now readily available in most American markets cooks with an appetite for Mexican cuisine and Kennedy devotees old and new can at last serve and enjoy real Mexican food This is the ultimate in Mexican cooking from the world s leading authority Paula Wolfert author of The Cooking of South West France [The Mexican Meat Cookbook](#) Marissa Marie,2020-11-04 The Best Mexican Food From Our Casa to Yours This Book Offers All the basic info you will need to get started with Authentic Mexican Cooking 45 Mexican Sauce Salsa and Seasoning Recipes 45 Mexican Sauce Salsa and Seasoning Recipes 43 Authentic Mexican Beef Pork Main Courses 33 Authentic Mexican Chicken and Turkey Main Courses 50 Authentic Recipes of Tacos Tostadas and Tamales 11 Recipes of Burritos Chimichangas And Quesadillas 25 Recipes of Enchiladas Casseroles 4 Recipes of Chilaquiles Bonus 35 Mexican Snacks Appetizers Bonus 50 Mexican Soups Stews Bonus 30 Authentic Mexican Vegetable Sides and Main Courses Bonus 21 Mexican Egg Recipes [The Mexican Chicken Cookbook](#) Marissa Marie,2020-11-02 The Best Mexican Food From Our Casa to Yours This Book Offers All the basic info you will need to get started with Authentic Mexican Cooking 45 Mexican Sauce Salsa and Seasoning Recipes 33 Authentic Mexican Chicken and Turkey Main Courses 50 Authentic Recipes of Tacos Tostadas and Tamales 11 Recipes of Burritos Chimichangas And Quesadillas 25 Recipes of Enchiladas Casseroles 4 Recipes of Chilaquiles 45 Mexican Sauce Salsa and Seasoning Recipes Bonus 35 Mexican Snacks Appetizers Bonus 50 Mexican Soups Stews Bonus 30 Authentic Mexican Vegetable Sides

and Main Courses    **The Guide to Mexican Cooking for Beginners** Allie Allen,2019-08-05 Are you craving for spicy authentic Mexican dishes that will impress you with the flavors Look no further as the Mexican Cookbook is here to satisfy your tastebuds in the best possible way As soon as you have it in your hands you will want to run off to the kitchen and start with your first meal Whether you want to enjoy some Mexican food by yourself or amaze your friends with something new all you need to do is open this cookbook You have everything needed such as ideas ingredients and full instructions In no time you will be able to prepare the most authentic spicy Mexican flavors that will conquer you on the first bite So what are you waiting for Grab your copy now and get started    **Naturally Healthy Mexican Cooking** Jim Peyton,2014-10-01 Presents some 200 recipes from the various schools of Mexican and Mexican American cooking in Texas New Mexico Arizona and California that have exceptional nutrition profiles are easy to prepare and most important of all taste delicious    *Fresh Mexican Cookbook* Juan Ruiz,2022-06-10 Bring the Authentic Taste and Flavors of Mexican Cuisine to Your Dining Table with Kitchen Tested Abuelita Approved Recipes That Will Amaze Your Family Friends and Guests Have you always wanted to prepare tasty Mexican meals right in your own kitchen but are too intimidated to try Do you want to try recipes from south of the border but don t have much time to cook Do you want to indulge in lavish Mexican meals without spending an arm and a leg at a fancy Mexican restaurant If any of the above sounds like what you need help with then this special Mexican cookbook is for you In this cookbook Juan Ruiz shows you how to explore the rich culinary history of Mexico without leaving your home From spicy soups and stews to mouthwatering main courses and side dishes this cookbook brings together Mexico s must scrumptious meals in one single cookbook Inside the pages of Fresh Mexican Cookbook you re going to discover A crash guide to Mexican cooking You re going to learn about the different culinary regions in Mexico as well as fundamental cooking techniques that any Mexican Abuelita would be proud of Tons of simple and authentic recipes This special cookbook has a wide variety of Mexican dishes that are not only easy to prepare but taste absolutely amazing and will have everyone asking for second helpings Step by step cooking instructions Each recipe in this cookbook has detailed cooking instructions with additional tips and tricks that will help you make amazing meals and save time in the kitchen Detailed nutritional information Monitor your calorie consumption as well as micro and macronutrient intake with a complete nutritional profile for each dish in this cookbook and much more Whether you re seriously craving famous Mexican classics or you re a true culinary aficionado looking for new little known Mexican dishes you don t need to cross the border to enjoy them as this complete cookbook has you covered Ready to make tasty Mexican meals right in your kitchen Scroll to the top of the page and click Buy Now button to get started TODAY    *The Complete Taco Cookbook* Marissa Marie,2020-10-20 The Best Mexican Food From Our Casa to Yours This Book Offers All the basic info you will need to get started with Authentic Mexican Cooking 50 Authentic Recipes of Tacos Tostadas and Tamales Bonus 45 Mexican Sauce Salsa and Seasoning Recipes Bonus 35 Mexican Snacks Appetizers Bonus 50 Mexican Soups Stews    [Mexican Cookbook](#) Roseann Smith,2022-02-23 Mexican cookbook

Essential Recipes and Techniques for Authentic Mexican Cooking Now you can re create your favorite traditional Mexican dishes in your own kitchen with Mexican cookbook This Mexican cookbook is filled with many iconic recipes that represent the very best regional home cooking across the country Discover where each dish originated and get plenty of tips for making delicious perfectly cooked Mexican meals every time Make tasty Mexican meals at home with help from this Mexican cookbook

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