

BREAKING THE IRON TRIANGLE

REDUCING HEALTH-CARE COSTS
IN CORPORATE AMERICA



Robert M. Duggan

Breaking The Iron Triangle Reducing Healthcare Costs In Corporate America

Andy Lazris, Alan Roth



Breaking The Iron Triangle Reducing Healthcare Costs In Corporate America:

Breaking the Iron Triangle ,2012-06-15 *A Return to Healing* Andy Lazris,Alan Roth,2025-03-25 Drawing from their extensive experience in primary care and backed by decades of academic research primary care physicians Andy Lazris MD and Alan Roth DO unravel the complexities of the modern health care system in *A Return to Healing* Through a wealth of patient stories and meticulous research they dig into the roots of American health care challenges and seek its cure Utilizing poignant patient narratives and rigorous analysis Lazris and Roth expose the flaws in our modern approach to health care The book dissects the current philosophy of medical care addressing foundational issues in health care infrastructure the pitfalls of screening the dishonesty of the pharmaceutical industry and a lack of common sense among health care providers By exploring common diseases and medical scenarios demonstrating how doctors arrive at their conclusions and focusing on the perverse incentives and outdated training that drive doctors to rely on protocols and numerical based care Lazris and Roth demonstrate what is wrong with the system and reveal how to fix it Advocating for patient empowerment the book offers a road map for reform that is accessible to patients and policymakers alike This solution oriented approach aims to dismantle barriers to patient centred care and foster informed decision making In this compelling critique and call to action *A Return to Healing* provides a clear path towards a more equitable and effective health care system **Leadership for Health Professionals: Theory, Skills, and Applications** () (Jerry) R. R. R. Ledlow,James H. Stephens,2017-02-09

Leadership for Health Professionals Third Edition is the first textbook of its kind to apply classical knowledge of leadership theory and time honored best practices of industry leaders to a health organization context This comprehensive and well organized text is grounded in real world applications of theoretical concepts and focuses on practical examples of leadership in actual healthcare scenarios **Leadership for Health Professionals: Theory, Skills, and Applications** Gerald R.

Ledlow,() (Jerry) R. R. R. Ledlow,Michele Bosworth,Thomas Maryon,2023-01-10 *Leadership for Health Professionals* Theory Skills and Applications applies classical knowledge of leadership theory and time honored best practices of industry leaders to a health organization context Themes of leadership principles applications and constructs such as organizational culture cultural competency ethical frameworks and moral practice scientific methodology leader competencies external and internal assessment and evaluation communication planning decision making employee enhancement and knowledge management are woven through the entire text **The Healthcare Forum Journal** ,1993 *Health Policy* Charlene Harrington,Carroll

L. Estes,2004 Harrington sociology and nursing University of California San Francisco and Estes sociology University of California San Francisco look at policy issues at the forefront of modern health care delivery in an effort to persuade health professionals to add political work to their lives Contributors overview health policy and the political process **Research Perspectives on the Role of Informatics in Health Policy and Management** El Morr, Christo,2013-07-31 Healthcare providers require timely and accurate information about their patients As such a great amount of effort and resources are

spent to ensure that the right information is presented to the right people at the right time Research Perspectives on the Role of Informatics in Health Policy and Management focuses on the advancements of Health Information Science in order to solve current and forthcoming problems in the health sector Managers policy makers researchers and Masters and PhD students in healthcare related fields will use this book to provide necessary insight on healthcare delivery and also to inspire new ideas and practices to effectively provide patients with the greatest quality care **Basics of the U.S. Health Care System**

Nancy J. Niles, 2011 The health care industry currently provides over 13 million jobs with a projected 27 percent increase over the next decade the largest increase of any other industry Given these trends a basic understanding of the U S health care system is important to students across many disciplines including business law health administration pre medicine nursing allied health public health and more This combination textbook and activity workbook gives students a fundamental understanding of the basic concepts of the U S healthcare system Written with the undergraduate in mind Basics of the U S Health Care System uses simple reader friendly language and features hands on exercises that engage the student in active learning Each chapter offers a vocabulary crossword puzzle a vocabulary exercise real life exercises and Internet exercises *Healthcare in the United States: Clinical, Financial, and Operational Dimensions, Second Edition*

Stephen L. Walston, Kenneth L. Johnson, 2024-05-21 Healthcare in the United States offers a comprehensive examination of the US healthcare system and its development addressing various challenges related to cost access and quality Using straightforward descriptions sidebars case studies and vignettes the text illuminates the complex system s organizations financing and delivery models This second edition contains updated data throughout and explores the effect of the COVID 19 pandemic on many facets of the healthcare system including long term care population health and health information technology It also includes the following new material New chapters on public health organizations services and challenges the interplay between healthcare laws and ethics and healthcare funding and financial management of healthcare organizations Expanded discussions of post acute care mental health parity and health disparities Healthcare in the United States provides future healthcare administrators and clinicians with a thorough understanding of the multifaceted US healthcare system as well as the conflicting assumptions and expectations that underpin the delivery of healthcare *The U.S. Healthcare Ecosystem: Payers, Providers, Producers, Second Edition* Lawton Robert Burns, 2024-12-20 An Essential Guide to the Processes and Operational Complexities of the U S Healthcare System The U S Healthcare Ecosystem Second Edition serves as an expert navigator through the complicated and often confusing environment where healthcare payers healthcare providers and producers of healthcare technologies all interact This thorough updated resource delivers expert analysis of employer based health insurance pharmacy benefits the major professions healthcare consolidation drug discovery and development biotechnology and much more The author a seasoned professor of management at The Wharton School provides insight into important themes including how the goals of healthcare relate to the the iron triangle cost

quality and access and the triple aim per capita cost population health and patient experience Chapters include brief but timely cases that inspire you to think more critically about the healthcare industry and make informed assessments The U S Healthcare Ecosystem Second Edition features Coverage of often neglected topics impacting healthcare delivery such as employer based health insurance pharmacy benefits healthcare consolidation and biotechnology The most current statistics and industry developments Helpful diagrams charts and tables Chapter ending summaries and Questions to Ponder A 160 page Instructor Manual containing answers for the Questions to Ponder talking points for the critical thinking exercises as well as ready to use PowerPoints of all tables and figures within the text Insights and feedback from 60 professors

Principles of Integrative Health United States. Congress. Senate. Committee on Health, Education, Labor, and Pensions,2010 *F & S Index United States Annual* ,2006 *Becoming a Healing Presence* Tom Balles,2015-05-01 This volume should not be required reading but required study for everyone offering care in America The biggest complaint about care in the USA is that nobody listens Tom Balles book lays out in simple detail the basic human habits that we lost in our addiction to technology Care is about individuals caring for other individuals ROBERT M DUGGAN MA MAc UK Dipl Ac NCCAOM author of Common Sense for the Healing Arts and Breaking the Iron Triangle Reducing Health Care Costs in Corporate America *Becoming a Healing Presence* is simply elegant Tom Balles calls all those who offer care to a high standard to be present with senses wide open He offers uncomplicated practices for exploration inviting us to sharpen our attention and deepen our awareness The book serves head and heart and will transform the caring experience for both giver and receiver BARBARA CATLIN Founder and Director Bigger Conversations Columbia Maryland Over the last thirty years the delivery of healthcare has gone through enormous changes The insurance industry managed care the use of pharmaceuticals and high tech medicine have all grown exponentially In the midst of these changes have we developed a bit of amnesia In offering our care have we forgotten the capacity of human beings to help heal other human beings Have we overlooked the need to cultivate ourselves as instruments of healing Are we in danger of losing the healing power of the relationship between those giving and receiving care The tribe of caregivers is in need of some potent medicine Whether youre at home caring for an aging or ailing family member trained to be a volunteer or working as a health care professional youll find powerful elixirs in these essays Theyll remind you of the many healing capacities you possess as a caregiver and of the great strength to be found in the healing relationship *Becoming a healing presence* requires practice Each essay is accompanied by practices that will transform your care and compassion into effective action and help you focus on what truly matters when offering care **The Price We Pay** Marty Makary,2019-09-10 New York Times bestseller Business Book of the Year Association of Business Journalists From the New York Times bestselling author comes an eye opening urgent look at America s broken health care system and the people who are saving it now with a new Afterword by the author A must read for every American Steve Forbes editor in chief FORBES One in five Americans now has medical debt in collections and

rising health care costs today threaten every small business in America Dr Makary one of the nation's leading health care experts travels across America and details why health care has become a bubble Drawing from on the ground stories his research and his own experience *The Price We Pay* paints a vivid picture of the business of medicine and its elusive money games in need of a serious shake up Dr Makary shows how so much of health care spending goes to things that have nothing to do with health and what you can do about it Dr Makary challenges the medical establishment to remember medicine's noble heritage of caring for people when they are vulnerable *The Price We Pay* offers a road map for everyday Americans and business leaders to get a better deal on their health care and profiles the disruptors who are innovating medical care The movement to restore medicine to its mission Makary argues is alive and well a mission that can rebuild the public trust and save our country from the crushing cost of health care [Cracking Health Costs](#) Tom Emerick, Al Lewis, 2013-06-07

Cracking Health Costs reveals the best ways for companies and small businesses to fight back right now against rising health care costs This book proposes multiple practical steps that you can take to control costs and increase the effectiveness of the health benefit The book is all about rolling back health care costs to save companies and employees money Working hand in hand with their employees businesses need to ensure that whenever feasible employees with the most expensive diagnoses get optimal treatment at hospitals not practicing volume driven medicine for higher profits Less than 10% of employees incur 80% of costs About 20% of patients have been completely misdiagnosed while many others are simply the victims of surgeons who are either practicing bad medicine or overtreating for profit For example some companies such as Walmart and Lowe's are turning to the Centers of Excellence approach author Tom Emerick helped to pioneer while running benefits for Walmart By determining which hospitals are adopting the highest standards of care benefits managers can reduce the number of unnecessary high cost surgeries and improve employees overall health The solution based approach offered by the book is unique because it can be implemented by businesses today *The Healthcare Imperative* Institute of Medicine, Roundtable on Evidence-Based Medicine, 2010-12-17 The United States has the highest per capita spending on health care of any industrialized nation but continually lags behind other nations in health care outcomes including life expectancy and infant mortality National health expenditures are projected to exceed 2.5 trillion in 2009 Given healthcare's direct impact on the economy there is a critical need to control health care spending According to *The Health Imperative Lowering Costs and Improving Outcomes* the costs of health care have strained the federal budget and negatively affected state governments the private sector and individuals Healthcare expenditures have restricted the ability of state and local governments to fund other priorities and have contributed to slowing growth in wages and jobs in the private sector Moreover the number of uninsured has risen from 45.7 million in 2007 to 46.3 million in 2008 *The Health Imperative Lowering Costs and Improving Outcomes* identifies a number of factors driving expenditure growth including scientific uncertainty perverse economic and practice incentives system fragmentation lack of patient involvement and under investment in population health Experts

discussed key levers for catalyzing transformation of the delivery system A few included streamlined health insurance regulation administrative simplification and clarification and quality and consistency in treatment The book is an excellent guide for policymakers at all levels of government as well as private sector healthcare workers **Cracking Health Costs** Tom Emerick, Al Lewis, 2013-07-01 Cracking Health Costs reveals the best ways for companies and small businesses to fight back right now against rising health care costs This book proposes multiple practical steps that you can take to control costs and increase the effectiveness of the health benefit The book is all about rolling back health care costs to save companies and employees money Working hand in hand with their employees businesses need to ensure that whenever feasible employees with the most expensive diagnoses get optimal treatment at hospitals not practicing volume driven medicine for higher profits Less than 10% of employees incur 80% of costs About 20% of patients have been completely misdiagnosed while many others are simply the victims of surgeons who are either practicing bad medicine or overtreating for profit For example some companies such as Walmart and Lowe s are turning to the Centers of Excellence approach author Tom Emerick helped to pioneer while running benefits for Walmart By determining which hospitals are adopting the highest standards of care benefits managers can reduce the number of unnecessary high cost surgeries and improve employees overall health The solution based approach offered by the book is unique because it can be implemented by businesses today *Overhauling America's Healthcare Machine* Douglas A. Perednia, 2011 Even after Obama America s healthcare system is still broken and it ll soon bankrupt us all The solution radical simplification Now leading healthcare expert and entrepreneur Dr Doug Perednia reveals the system s shocking unnecessary inefficiencies and outlines a simple logical complete solution that offers greater security enhances competition and will save trillions The Company That Solved Health Care John Torinus, 2016-08-16 Even with new health care policies one thing is clear health care costs will continue to rise dramatically While individuals may get better coverage businesses will have the same problem they ve had for the last four decades Health care one of corporate America s largest expenses is growing at double digit rates and nothing done in Washington will change that But one medium size company set out to tame the beast of rising health care costs employing best practices and cutting edge ideas The results have caused others to sit up and take notice Serigraph Inc a Wisconsin based manufacturer of decorative parts and its chairman John Torinus did what Washington can t or won t do reduce cost increases to less than 2 percent while improving the quality of health care for its employees The implications for corporate America are staggering the opportunity for genuine reform in an expense category that has been spiraling out of control Serigraph began its initiative to control health care costs in 2003 when its annual health care bill was 5 million and another 750 000 was needed for the projected 15 percent annual increase The company employed three strategies for reform each of which can cut the health care bill by 20 percent to 40 percent consumer responsibility the primacy of primary over specialty care and centers of value Applied in concert with other management methods these three approaches almost eliminated growth in health care costs while

improving the quality of employee care The results are documented They are beyond refute The Company That Solved Health Care describes the fascinating details of Serigraph s program and shows how any company can achieve similar results This book is essential reading for any manager responsible for his or her company s health care expenses any academic or thinker involved in the health care debate and anyone who wants to better understand why health care costs have been rising and what can be done to achieve price stability while improving patient care *The Complex Puzzle of Rising Health Care Costs*
Council on Wage and Price Stability (U.S.),1976

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