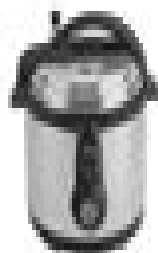


Nature'spirit®

Automatic Intelligent Multifunction
Electric Pressure Cooker
Model YB004-001
User Manual



READ AND SAVE THESE INSTRUCTIONS

WARNING: If not used as directed, this product is an electrical appliance and may cause personal injury or death. Please follow all safety instructions.

Introduction

The Nature'spirit Automatic Intelligent Multifunction Electric Pressure Cooker is a versatile kitchen appliance that can be used to cook a wide variety of foods. It features a digital display and a variety of cooking programs that make it easy to use. The pressure cooker is designed to cook food quickly and evenly, and it is safe to use. Please read the instructions carefully before using the pressure cooker.

WARRANTY

One Year Limited Warranty
The Nature'spirit Automatic Intelligent Multifunction Electric Pressure Cooker is warranted for one year from the date of purchase. The warranty covers defects in materials and workmanship. It does not cover damage caused by misuse, accident, or neglect. For more information, please contact the manufacturer.

IMPORTANT SAFETY TIPS AND SAFEGUARDS

SAFETY TIPS:
1. Always use the pressure cooker on a flat, stable surface.
2. Do not touch the pressure cooker when it is hot.
3. Do not use the pressure cooker if the lid is damaged or if the pressure release valve is blocked.
4. Do not use the pressure cooker if the power cord is damaged.
5. Do not use the pressure cooker if you are unable to hear the warning sounds.
6. Do not use the pressure cooker if you are unable to see the digital display.
7. Do not use the pressure cooker if you are unable to feel the pressure.
8. Do not use the pressure cooker if you are unable to smell the food.

SAVE THESE INSTRUCTIONS FOR HOUSEHOLD USE ONLY

WARNING: RISK OF FIRE OR ELECTRIC SHOCK



IMPORTANT SAFETY TIPS AND SAFEGUARDS

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8. Do not use the pressure cooker if you are unable to smell the food.



Model YB004-001



IMPORTANT UNPACKING INSTRUCTIONS

1. Remove the pressure cooker from the box.
2. Remove the pressure cooker from the box.
3. Remove the pressure cooker from the box.

PACKAGING LIST

1. Pressure Cooker
2. Lid
3. Pressure Release Valve
4. Pressure Release Valve Cap
5. Pressure Release Valve Gasket
6. Pressure Release Valve O-Ring
7. Pressure Release Valve Seal
8. Pressure Release Valve Seal Cap

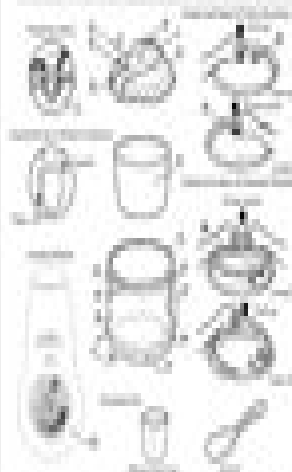
GET TO KNOW YOUR Nature'spirit Automatic Intelligent Multifunction Pressure Cooker

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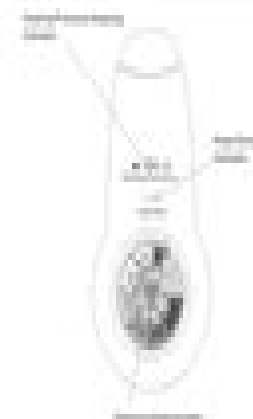
Model YB004-001

Product Features



Part Name	Part Number
Pressure Cooker	YB004-001
Lid	YB004-002
Pressure Release Valve	YB004-003
Pressure Release Valve Cap	YB004-004
Pressure Release Valve Gasket	YB004-005
Pressure Release Valve O-Ring	YB004-006
Pressure Release Valve Seal	YB004-007
Pressure Release Valve Seal Cap	YB004-008

Cooking Food



Cooking Time

Food	Time	Pressure	Temperature
Meat	1-2	High	121°C
Vegetables	1-2	High	121°C
Grains	1-2	High	121°C
Legumes	1-2	High	121°C
Seafood	1-2	High	121°C
Starchy	1-2	High	121°C

OPERATING YOUR PRESSURE COOKER

COOKING TIME

The Nature'spirit Automatic Intelligent Multifunction Electric Pressure Cooker is designed to cook food quickly and evenly. The cooking time is determined by the type of food and the pressure setting. Please refer to the cooking time chart for more information.

COOKING INSTRUCTIONS

1. Add the food to the pressure cooker.
2. Add the liquid to the pressure cooker.
3. Set the pressure to High.
4. Set the time to 1-2 hours.
5. Press the Start button.
6. The pressure cooker will begin to cook the food.
7. The pressure cooker will stop when the food is cooked.
8. The pressure cooker will beep to let you know the food is cooked.



COOKING GUIDE

Food	Time	Pressure	Temperature
Meat	1-2	High	121°C
Vegetables	1-2	High	121°C
Grains	1-2	High	121°C
Legumes	1-2	High	121°C
Seafood	1-2	High	121°C
Starchy	1-2	High	121°C

The Nature'spirit Automatic Intelligent Multifunction Electric Pressure Cooker is designed to cook food quickly and evenly. The cooking time is determined by the type of food and the pressure setting. Please refer to the cooking time chart for more information.

CARE AND MAINTENANCE
The Nature'spirit Automatic Intelligent Multifunction Electric Pressure Cooker is designed to be easy to clean and maintain. Please refer to the care and maintenance instructions for more information.

Nature Spirit Ybd50 90c User Guide

S Ashworth



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