

Advanced Pressure Point Grappling

by George A. Dillman with Chris Thomas

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**The Dillman
Method
of Instant
Self-Defense**



Advanced Pressure Point Grappling

Vince Morris



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Pressure-point Fighting Rick Clark, 2000-04-15 Supplement your martial arts skills with this expert guide to pressure point fighting Western students of Asian martial arts have long been haunted by the aching suspicion that something is missing from the arts they love and practice wholeheartedly something intangible but something so essential that its absence leaves an unbridgeable void For many that missing ingredient is a true and thorough knowledge of the body s vital points what they are where they are how to quickly find them under duress how to use them constructively or for destruction and how to recognize them in the kata hyung or forms they thought they knew so well In Pressure Point Fighting martial arts expert Rick Clark offers a systematic introduction to this knowledge and to the tools needed to ferret out more of this

information from forms and techniques already in place knowledge and tools that are not dependent upon acceptance of the tenets of traditional Chinese medicine or modern Western medicine for that matter but which are based solely on open minded observation and willingness to try new or old approaches to martial arts training *Kyusho-Jitsu* George A. Dillman, Chris Thomas, 1992 Thorough detailing of how to use pressure point strikes for personal self defense **The Secret Art of Pressure Point Fighting** Vince Morris, 2008-05-28 An all new modern looking guide to pressure point fighting the martial art and self defense technique that allows anyone regardless of size to quickly immobilize an attacker by striking at the vulnerable spots on the body Pressure-Point Fighting Rick Clark, 2012-10-16 Supplement your martial arts skills with this expert guide to pressure point fighting Western students of Asian martial arts have long been haunted by the aching suspicion that something is missing from the arts they love and practice wholeheartedly something intangible but something so essential that its absence leaves an unbridgeable void For many that missing ingredient is a true and thorough knowledge of the body s vital points what they are where they are how to quickly find them under duress how to use them constructively or for destruction and how to recognize them in the kata hyung or forms they thought they knew so well In Pressure Point Fighting martial arts expert Rick Clark offers a systematic introduction to this knowledge and to the tools needed to ferret out more of this information from forms and techniques already in place knowledge and tools that are not dependent upon acceptance of the tenets of traditional Chinese medicine or modern Western medicine for that matter but which are based solely on open minded observation and willingness to try new or old approaches to martial arts training *Small Press* ,1994 **The Publishers Weekly** ,1997 **American Book Publishing Record** ,1996-05 **Congressional Record** United States. Congress, 2002 The Congressional Record is the official record of the proceedings and debates of the United States Congress It is published daily when Congress is in session The Congressional Record began publication in 1873 Debates for sessions prior to 1873 are recorded in The Debates and Proceedings in the Congress of the United States 1789 1824 the Register of Debates in Congress 1824 1837 and the Congressional Globe 1833 1873

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