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[ACSM Health and Fitness Track Certification Study Guide, 1998](#) American College of Sports Medicine, American College of Sports Medicine (ACSM) Staff, Frederick S Daniels, 1998-03 **Trivium's Resources for the ACSM Certified Personal Trainer Exam 2018-2019** ACSM CPT Exam Prep Team, 2017-10-24 **ACSM's Resources for the Personal Trainer**

American College of Sports Medicine, 2013-03-22 ACSM's Resources for the Personal Trainer provides a broad introduction to the field of personal training covering both basic science topics and practical application It was originally designed to help people prepare for the ACSM Personal Training Certification Exam It continues to serve that function but the market for it has expanded to practitioners in the field looking for an additional resource as well as in an academic setting where the book is a core text for personal training programs [ACSM Health Fitness Specialist Study Guide](#) Trivium Test Prep, 2013-05-03 When it comes to the ACSM Certified Health Fitness Specialist CHFS you want to be prepared and you will be with our book designed to make studying fun and easy You don't want to waste time and money taking your ACSM Certified Health Fitness Specialist CHFS exam twice or more You want to accelerate your education not miss opportunities for starting your future career Every year thousands of people think that they are ready for the ACSM Certified Health Fitness Specialist

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