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Acsm Personal Trainer Certification Study Guide

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[ACSM's Certification Review](#) Pete Magyari, American College of Sports Medicine (ACSM), 2021-08-12. Reflecting the authoritative expertise of the American College of Sports Medicine ACSM's Certification Review 6th Edition prepares users to successfully pass certification exams and become an ACSM Certified Personal trainer ACSM CPT ACSM Certified Exercise Physiologist ACSM EP or ACSM Certified Clinical Exercise Physiologist ACSM CEP. This easy to use review combines career specific information with assessment tools and application based exercises to boost test taking confidence and help users ensure a seamless transition to practice. Content in this 6th Edition has been updated to align with the latest edition of ACSM's Guidelines for Exercise Testing and Prescription and reorganized to strengthen connections between the material users will encounter on their exams and how they will apply that knowledge in practice.

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