

The Ultimate ACS Study Guide

Advanced Cardiac Life Support (ACLS) provides guidelines for healthcare professionals for all types of cardiac emergencies.



EKG Anatomy



P-Wave = electrical activity in the upper heart chambers; represents contraction of SA node and AV node. **PR Interval** = time from P wave to QRS complex. **QRS Complex** = ventricular depolarization. **ST Segment** = ventricular repolarization. **T-Wave** = polarization of upper heart.

ECG Rhythms

Ventricular Fibrillation - no organized blood, immediate defibrillation.

Ventricular Tachycardia - ventricular arrhythmia; heart rate 100-250 bpm. **Causes** - pain, drugs, hypoxia, hypotension, hypoglycemia.

P纈tential &逸搏 (Fibrillation Activity) - fibrillation is fibrillation but activity is fibrillation and immediate CPR.

Atrial Fibrillation - on EKG, if leads are all connected, begin CPR immediately.

Sinus Bradycardia - rate less than 60 bpm/minute. **Causes** - drugs, hypothyroidism.

1st Degree AV Block - prolonged P-R interval. **Causes** - hypothyroidism.

2nd Degree Block Type I - Wenckebach - progressive PR interval lengthening until a P wave is dropped. **Causes** - hypothyroidism; fibrillation requires treatment.

2nd Degree Block Type II - Mobitz I - ventricular fibrillation. **Causes** - hypothyroidism, hypoglycemia, hypotension.

3rd Degree Block - between SA and AV nodes. **Causes** - drugs, hypothyroidism, hypoglycemia, hypotension.

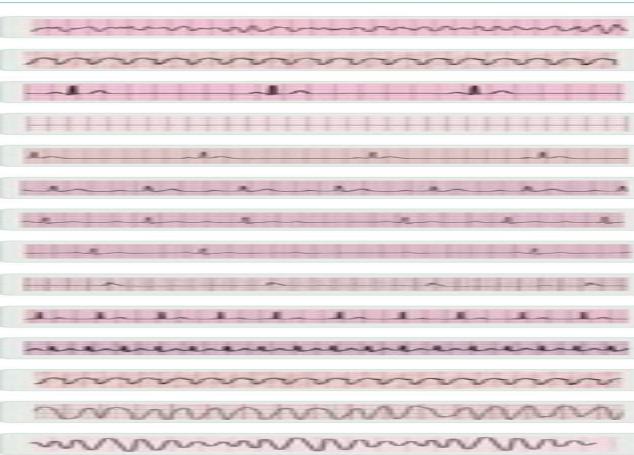
Sinus Tachycardia - increased heart rate of 100-150 beats per minute. **Causes** - pain, drugs, hypotension, hypoglycemia.

Supraventricular Tachycardia - irregular heart rate with P waves when heart rate is 100-250 bpm. **Causes** - drugs, hypothyroidism, hypoglycemia.

Monomorphic Ventricular Tachycardia - same heart rate with different shapes and colors. **Causes** - hypotension, hypoglycemia, drugs.

Polyomorphic Ventricular Tachycardia - different heart rates with different shapes and colors. **Causes** - hypotension, hypoglycemia, drugs.

Torsades de Pointes - different shapes of QRS complexes. Forms a spiral pattern. **Causes** - hypotension, hypoglycemia - treat with magnesium.



Electrical Therapy Basics



Defibrillation - uses an automated external defibrillator (AED). **Synchronized Cardioversion** - synchronized to the heart's rhythm point. **Transcutaneous Pacing** - treats abnormally slow heart rate.

Airway Management



Adjuncts - **Oropharyngeal (OP) airway** - use for unconscious patients with a gag reflex. **Nasopharyngeal (NP) airway** - use for unconscious patients without a gag reflex. **NEVER USE WITH A HEAD INJURY**.

Advanced Airways - recommended method, use with intubation with capnography. **Endotracheal tube** - use if unfamiliar with endotracheal tube.

Post-Resuscitation Care



Follow the ABCs:

- Airway - maintain ventilation and oxygenation
- Breathing - keep PETCO₂ between 35-40mmHg
- Circulation - use 100% oxygen at a pressure of 90mmHg for 100% oxygen delivery

Acute Coronary Syndromes (ACS)

Unstable Angina

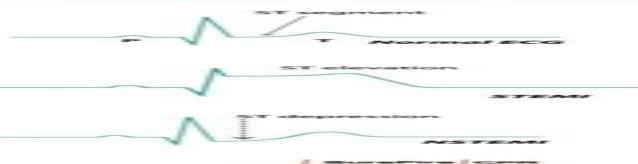
- unexpected chest pain due to poor blood flow
- blood thinners
- aspirin

ST-segment Elevation MI (STEMI)

- total blockage of a coronary artery
- electrical activity during the ST-segment shows ST-segment elevation
- coronary intervention (PCI) or CABG surgery

Non-ST-segment Elevation MI (NSTEMI)

- partial blockage of a coronary artery
- ST-segment depressed instead of elevated, no thrombolytic therapy
- pharmacotherapy, immediate percutaneous coronary intervention (PCI) or CABG surgery



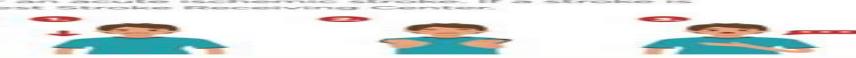
Stroke Assessment and Treatment

Stroke is a frequent complication after an acute ischemic stroke. If a stroke is suspected, immediately transport to the nearest Stroke Receiving Center.

Cincinnati Prehospital Stroke Scale:

1. Age over 60
2. Arm drift
3. Speech

you can't teach an old dog new tricks!



Code Termination

Consult with medical control before code termination.



- persistent asystole 25 minutes or longer
- obvious signs of death, withhold resuscitation efforts

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Acls Study Guide 2012

Edouard Battegay

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E-Book Mosby,2016-04-29 Make sense of the complex world of health care with Mosby's Medical Dictionary 10th Edition

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Mosby's Pathology for Massage Therapists - E-Book Susan G. Salvo, 2013-02-11 Written by a massage therapist for massage therapists Mosby's Pathology for Massage Therapists 3rd Edition provides direct information along with focused recommendations Coverage of over 340 pathologies helps you appropriately tailor massage treatment and more than 750 full color photographs and illustrations make it easier to recognize common pathologies This edition includes a new chapter on geriatric massage and has been extensively reviewed by over a dozen experts in the massage and medical fields Written by massage therapy educator and practitioner Susan Salvo this resource provides the pathology knowledge you need to succeed on licensure and certification exams and in practice A traffic light icon appears before each pathology in the book designating whether massage is contraindicated red local contraindication yellow or indicated green for that particular pathology Consistent format for each chapter makes it easy to find key information with learning objectives list of pathologies system overview and pathologies including description etiology signs and symptoms treatment and massage considerations Student friendly features in each chapter include learning objectives and self tests that measure your comprehension Medical Technology boxes highlight special populations such as clients in wheelchairs or with pacemakers and explain what the medical device is and what special precautions or contraindications you should be aware of before working on these clients Spotlight on Research boxes summarize recent studies of massage therapy and its effects Student resources on an Evolve companion website include interactive activities video clips of techniques animations the Body Spectrum coloring book flashcards review questions additional case studies an image collection an audio glossary study tips stress busting tips

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help readers remember important information include Red Flags indicative symptoms and Remember icons References including relevant studies data and guidelines are provided for each topic **Strauss and Mayer's Emergency Department Management (eBook)** Robert W. Strauss, Thom A. Mayer, 2013-09-05 A Comprehensive Practical Text on Effectively Running an Emergency Department Emergency Department Management is a real world pragmatic guide designed to help emergency department managers efficiently handle the many complex issues that arise in this challenging clinical environment Written by professionals who have spent their entire careers in the service of emergency department patients this unique text delivers practical solutions to virtually any problem that may arise in running an emergency department or acute care center COMPLETE EXPERT COVERAGE OF EVERY IMPORTANT MANAGEMENT TOPIC INCLUDING Leadership Principles Operations Informatics Quality and Service Finance Reimbursement Contracts Legal and Regulatory Issues Malpractice Human Resources Emergency Department Management offers the guidance and expertise required to deliver consistent rapid high quality care It is the single best resource available to help you navigate the leadership challenges that arise daily in the emergency department **ACLS Study Guide - E-Book** Barbara J Aehlert, 2021-08-05 NEW Updated content includes the latest guidelines from the American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care and the International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science with Treatment Recommendations NEW 20 new illustrations are added to the book s hundreds of illustrations **Scholarships, fellowships and loans :\\a guide to education-related financial aid programs for students and professionals** ,2006 **ACLS Study Guide - E-Book** Barbara J Aehlert, 2011-12-08 Reflecting the 2010 Emergency Cardiovascular Care guidelines ACLS Study Guide 4th Edition offers a complete full color overview of advanced cardiovascular life support An easy to read approach covers everything from airway management and rhythms and their management to electrical therapy acute coronary syndromes and acute stroke In addition to the latest ACLS treatment algorithms this edition includes new case studies new photos and illustrations a heart rate ruler and a handy ACLS quick reference card for use in the field Written by Barbara Aehlert ACLS Study Guide is the official textbook for the American Safety Health Institute ACLS certification course A pretest and posttest each containing 50 questions with answers and rationales allow you to check your knowledge prior to and after your study Chapter objectives preview the main points in each chapter Stop and Review sections at the end of the chapters help you remember the most important information ACLS Pearls boxes offer key points and useful tips for clinical practice Keeping it Simple boxes provide essential information in a clear and concise manner Ten case studies present real life clinical situations allowing you to make decisions based on information in the Preparatory section Consistent format of case studies includes Objective Skills to Master Rhythms to Master Medications to Master Related Text Chapters Essential Actions and Unacceptable Actions A heart rate ruler is included to help you interpret ECGs 4 x 6 pocket size quick reference card contains key ACLS algorithms for

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Pharmacotherapy Casebook: A Patient-Focused Approach, 10/E Terry L. Schwinghammer, 2017-06-22 More than 150 patient cases teach you how to apply the principles of pharmacotherapy to real world clinical practice The essential study companion to DiPiro's Pharmacotherapy A Pathophysiologic Approach 10th Edition Pharmacotherapy Casebook A Patient Focused Approach uses 157 patient cases to help you develop the skills necessary to identify and resolve the most common drug therapy problems encountered in daily clinical practice The case chapters are organized into organ system sections that correspond to those of the companion textbook This proven effective case based approach makes the book perfect for PharmD Nursing Nurse Practitioner and other allied health courses Sharpen your ability to Identify actual or potential drug therapy problems Determine the desired therapeutic outcome Evaluate therapeutic alternatives Design an optimal individualized pharmacotherapeutic plan Develop methods to evaluate the therapeutic outcome Provide patient education Communicate and implement the pharmacotherapeutic plan Develop expertise in pharmacotherapy decision making with Realistic patient presentations that include medical history physical examination and laboratory data followed by a series of questions using a systematic problem solving approach A compelling range of cases from a single disease state to multiple disease states and drug related problems Expert coverage that integrates the biomedical and pharmaceutical sciences with therapeutics Appendices containing valuable information on medical abbreviations laboratory tests mathematical conversion factors and anthropometrics

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Cardiovascular Care guidelines this title offers a full color overview of advanced cardiovascular life support It features an easy to read approach that provides coverage ranging from airway management and rhythms and their management to electrical therapy acute coronary syndromes and acute stroke

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