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# ACSM's CERTIFICATION REVIEW

2008-2009 Edition



# Acsms Certification Review

**Ascencia Personal Training Exam  
Team**

## **Acsms Certification Review:**

**ACSM's Certification Review** American College of Sports Medicine, 2017-05-15 Publisher's Note Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality authenticity or access to any online entitlements included with the product. With ACSM's Certification Review as your guide you can be ready to successfully pass the exam to become a Certified Personal Trainer CPT Certified Exercise Physiologist EP C or Certified Clinical Exercise Physiologist CEP. As a review tool this text will help you identify your strengths and weaknesses and then eliminate those areas of weakness with further study. Most importantly this text will help you advance your career in fitness and exercise. Now aligned with the tenth edition of the ACSM's Guidelines for Exercise Testing and Prescription this text is reflective of the key changes and the only print resource for the current ACSM certification exams. ACSM's Certification Review is organized into three parts by certification level.

**ACSM's Certification Review** Pete Magyari, American College of Sports Medicine (ACSM), 2021-08-12. Reflecting the authoritative expertise of the American College of Sports Medicine ACSM's Certification Review 6th Edition prepares users to successfully pass certification exams and become an ACSM Certified Personal trainer ACSM CPT ACSM Certified Exercise Physiologist ACSM EP or ACSM Certified Clinical Exercise Physiologist ACSM CEP. This easy to use review combines career specific information with assessment tools and application based exercises to boost test taking confidence and help users ensure a seamless transition to practice. Content in this 6th Edition has been updated to align with the latest edition of ACSM's Guidelines for Exercise Testing and Prescription and reorganized to strengthen connections between the material users will encounter on their exams and how they will apply that knowledge in practice.

**ACSM's Certification Review** American College of Sports Medicine, 2006. ACSM's Certification Review is a review manual for candidates wanting an ACSM credential including ACSM's Health and Fitness Certification ACSM's Clinical Certification or ACSM's Registry for Clinical Exercise Physiology. The book combines content from the first editions of ACSM's Health and Fitness Certification Review and ACSM's Clinical Certification Review into one resource. Content is based on the Knowledge Skills and Abilities (KSAs) found in ACSM's Guidelines for Exercise Testing and Prescription Seventh Edition. Each chapter presents an outline format review and ends with certification type questions and answers. The book includes two comprehensive practice exams to test the reader's knowledge.

**ACSM's Certification Review** James R. Churilla, Andrew Bosak, Brittany Montes, Paul Sorace, 2018. With ACSM's Certification Review as your guide you can be ready to successfully pass the exam to become a Certified Personal Trainer CPT Certified Exercise Physiologist EP C or Certified Clinical Exercise Physiologist CEP. As a review tool this text will help you identify your strengths and weaknesses and then eliminate those areas of weakness with further study. Most importantly this text will help you advance your career in fitness and exercise. Now aligned with the tenth edition of the ACSM's Guidelines for Exercise Testing and Prescription this text is reflective of the key changes and the only print resource for the current ACSM certification exams. ACSM's Certification Review is organized into three parts by

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