

Lifeguard Test: American Red Cross Study Guide Questions and Answers

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1. How can you best protect yourself from possible bloodborne pathogen transmission when providing care?

- a. Ask the victim first if they have any communicable diseases.**
- b. Thoroughly wash your hands before providing care.**
- c. Use first aid supplies, such as dressings and bandages, as a barrier when in contact with the victim.**
- d. Use personal protective equipment (PPE), such as disposable gloves and a breathing barrier, when providing care.: D**

2. A 12-year-old child at a swim meet grabs their chest and begins to make wheezing noises. After you obtain consent to provide care, the child's parent informs you that the child has a history of asthma, but does not have an inhaler nearby. What care should you provide?

- a. Give 5 back blows.**
- b. Summon more advanced medical personnel and place the victim into a position that helps breathing.**
- c. Tell the victim to use an inhaler borrowed from a bystander.**
- d. Wait 20 minutes to see if the breathing difficulty goes away.: B**

3. Your initial impression of a victim is based on:

- a. The victim's initial vital signs.**
- b. How the victim appears to you as you size up the scene.**
- c. The victim's SAMPLE history.**
- d. What you have been told about the victim.: B**

4. You and another lifeguard find an unresponsive adult on the floor in the locker room. You activate your facility's EAP, size-up the scene, form an initial impression and perform a primary assessment. You find the victim is not moving or breathing, but has a pulse. You should summon EMS personnel, then:

- a. Give ventilations at a rate of 1 about every 5-6 seconds.**

American Red Cross Study Guide Answers

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American Red Cross Study Guide Answers:

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Adult Nurse Practitioner Certification Review Guide Sally K. Miller, 2013 Developed especially for practicing nurses preparing for the certification examination offered by the American Nurses Credentialing Center ANCC Adult Nurse

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Study Guide and Workbook Access to Health Patrick Moffitt, 1988. *Bulletin of the National Association for the Study and Prevention*

of Tuberculosis National Association for the Study and Prevention of Tuberculosis (U.S.),1914 **The Builder** ,1922
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Historical Outlook ,1928 Pennsylvania School Journal ,1927 **The Journal of Health and Physical Education**
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Monthly Bulletin St. Louis Public Library,1924 Teachers bulletin vol 4 issued as part of v 23 no 9

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