

# AMERICAN CATCH

THE FIGHT for OUR LOCAL SEAFOOD



PAUL GREENBERG

AUTHOR OF *FOUR FISH*

# American Catch The Fight For Our Local Seafood

**Mike Jess**

## **American Catch The Fight For Our Local Seafood:**

**American Catch** Paul Greenberg,2015-06-09 INVESTIGATIVE REPORTERS EDITORS Book Award Finalist 2014 A fascinating discussion of a multifaceted issue and a passionate call to action Kirkus From the acclaimed author of Four Fish and The Omega Principle Paul Greenberg uncovers the tragic unraveling of the nation's seafood supply telling the surprising story of why Americans stopped eating from their own waters in American Catch In 2005 the United States imported five billion pounds of seafood nearly double what we imported twenty years earlier Bizarrely during that same period our seafood exports quadrupled American Catch examines New York oysters Gulf shrimp and Alaskan salmon to reveal how it came to be that 91 percent of the seafood Americans eat is foreign In the 1920s the average New Yorker ate six hundred local oysters a year Today the only edible oysters lie outside city limits Following the trail of environmental desecration Greenberg comes to view the New York City oyster as a reminder of what is lost when local waters are not valued as a food source Farther south a different catastrophe threatens another seafood rich environment When Greenberg visits the Gulf of Mexico he arrives expecting to learn of the Deepwater Horizon oil spill's lingering effects on shrimpers but instead finds that the more immediate threat to business comes from overseas Asian farmed shrimp cheap abundant and a perfect vehicle for the frying and sauces Americans love have flooded the American market Finally Greenberg visits Bristol Bay Alaska home to the biggest wild sockeye salmon run left in the world A pristine productive fishery Bristol Bay is now at great risk The proposed Pebble Mine project could undermine the very spawning grounds that make this great run possible In his search to discover why this precious renewable resource isn't better protected Greenberg encounters a shocking truth the great majority of Alaskan salmon is sent out of the country much of it to Asia Sockeye salmon is one of the most nutritionally dense animal proteins on the planet yet Americans are shipping it abroad Despite the challenges hope abounds In New York Greenberg connects an oyster restoration project with a vision for how the bivalves might save the city from rising tides In the Gulf shrimpers band together to offer local catch direct to consumers And in Bristol Bay fishermen environmentalists and local Alaskans gather to roadblock Pebble Mine With American Catch Paul Greenberg proposes a way to break the current destructive patterns of consumption and return American catch back to American eaters

**The Routledge History of American Foodways** Michael D. Wise, Jennifer Jensen Wallach, 2016-02-12 The Routledge History of American Foodways provides an important overview of the main themes surrounding the history of food in the Americas from the pre-colonial era to the present day By broadly incorporating the latest food studies research the book explores the major advances that have taken place in the past few decades in this crucial field The volume is composed of four parts The first part explores the significant developments in US food history in one of five time periods to situate the topical and thematic chapters to follow The second part examines the key ingredients in the American diet throughout time allowing authors to analyze many of these foods as items that originated in or dramatically impacted the Americas as a whole and not just the United States The

third part focuses on how these ingredients have been transformed into foods identified with the American diet and on how Americans have produced and presented these foods over the last four centuries The final section explores how food practices are a means of embodying ideas about identity showing how food choices preferences and stereotypes have been used to create and maintain ideas of difference Including essays on all the key topics and issues The Routledge History of American Foodways comprises work from a leading group of scholars and presents a comprehensive survey of the current state of the field It will be essential reading for all those interested in the history of food in American culture

*The Marlin's Fiery Eye and Other Tales from the Extraordinary World of Marine Fishes* Joe E. Meisel, 2025-03-15 The Marlin's Fiery Eye and Other Tales from the Extraordinary World of Marine Fishes dives into the mystery and wonder of the daily lives of saltwater fishes Joe E Meisel introduces readers to the fascinating behaviors remarkable adaptations and complex life histories of the many species that call the oceans home From the shallows where penetrating sunlight encourages bright colors and extravagant patterns in fish to the abyssal depths where extreme conditions are countered in bizarre ways this book illuminates the staggering diversity of ocean life Discussions of unique characteristics and lifestyles are accompanied by narratives from scientists and fish lovers with detailed illustrations throughout Meisel also explores the challenges facing global fisheries today connecting the book's featured species with questions and opportunities surrounding food demand aquaculture and sustainability Each fish has a story to tell in The Marlin's Fiery Eye and Other Tales from the Extraordinary World of Marine Fishes and through each story readers will discover an awe and a fascination for the oceanic inhabitants that we so rarely get to witness

*Four Fish* Paul Greenberg, 2011-05-31 A necessary book for anyone truly interested in what we take from the sea to eat and how and why Sam Sifton The New York Times Book Review Acclaimed author of American Catch and The Omega Principle and life long fisherman Paul Greenberg takes us on a journey examining the four fish that dominate our menus salmon sea bass cod and tuna Investigating the forces that get fish to our dinner tables Greenberg reveals our damaged relationship with the ocean and its inhabitants Just three decades ago nearly everything we ate from the sea was wild Today rampant overfishing and an unprecedented biotech revolution have brought us to a point where wild and farmed fish occupy equal parts of a complex marketplace Four Fish offers a way for us to move toward a future in which healthy and sustainable seafood is the rule rather than the exception

**Food in America** Andrew F. Smith, 2017-02-16 This three volume work examines all facets of the modern U S food system including the nation's most important food and agriculture laws the political forces that shape modern food policy and the food production trends that are directly impacting the lives of every American family Americans are constantly besieged by conflicting messages about food the environment and health and nutrition Are foods with genetically modified ingredients safe Should we choose locally grown food Is organic food better than conventional food Are concentrated animal feed operations destroying the environment Should food corporations target young children with their advertising and promotional campaigns This

comprehensive three volume set addresses all of these questions and many more probing the problems created by the industrial food system examining conflicting opinions on these complex food controversies and highlighting the importance of food in our lives and the decisions we make each time we eat The coverage of each of the many controversial food issues in the set offers perspectives from different sides to encourage readers to examine various viewpoints and make up their own minds The first volume Food and the Environment addresses timely issues such as climate change food waste pesticides and sustainable foods Volume two entitled Food and Health and Nutrition addresses subjects like antibiotics food labeling and the effects of salt and sugar on our health The third volume Food and the Economy tackles topics such as food advertising and marketing food corporations genetically modified foods globalization and megagrocery chains Each volume contains several dozen primary documents that include firsthand accounts written by promoters and advertisers journalists politicians and government officials and supporters and critics of various views related to food and beverages representing speeches advertisements articles books portions of major laws and government documents to name a few These documents provide readers additional resources from which to form informed opinions on food issues

**Four Fish** Paul Greenberg,2010-07-15

A necessary book for anyone truly interested in what we take from the sea to eat and how and why Sam Sifton The New York Times Book Review Acclaimed author of American Catch and The Omega Principle and life long fisherman Paul Greenberg takes us on a journey examining the four fish that dominate our menus salmon sea bass cod and tuna Investigating the forces that get fish to our dinner tables Greenberg reveals our damaged relationship with the ocean and its inhabitants Just three decades ago nearly everything we ate from the sea was wild Today rampant overfishing and an unprecedented biotech revolution have brought us to a point where wild and farmed fish occupy equal parts of a complex marketplace Four Fish offers a way for us to move toward a future in which healthy and sustainable seafood is the rule rather than the exception

**Inconspicuous Consumption** Tatiana Schlossberg,2019-08-27 First Place Winner of the Society of Environmental Journalists Rachel Carson Environment Book Award If you're looking for something to cling to in what often feels like a hopeless conversation Schlossberg's darkly humorous knowledge is power eyes wide open approach may be just the thing Vogue From a former New York Times science writer this urgent call to action will empower you to stand up to climate change and environmental pollution by making simple but impactful everyday choices With urgency and wit Tatiana Schlossberg explains that far from being only a distant problem of the natural world created by the fossil fuel industry climate change is all around us all the time lurking everywhere in our convenience driven society all without our realizing it By examining the unseen and unconscious environmental impacts in four areas the Internet and technology food fashion and fuel Schlossberg helps readers better understand why climate change is such a complicated issue and how it connects all of us How streaming a movie on Netflix in New York burns coal in Virginia how eating a hamburger in California might contribute to pollution in the Gulf of Mexico how buying an inexpensive cashmere sweater in Chicago expands the Mongolian

desert how destroying forests from North Carolina is necessary to generate electricity in England Cataloging the complexities and frustrations of our carbon intensive society with a dry sense of humor Schlossberg makes the climate crisis and its solutions interesting and relevant to everyone who cares even a little about the planet She empowers readers to think about their stuff and the environment in a new way helping them make more informed choices when it comes to the future of our world Most importantly this is a book about the power we have as voters and consumers to make sure that the fight against climate change includes all of us and all of our stuff not just industry groups and politicians If we have any hope of solving the problem we all have to do it together A compelling and illuminating look at how our daily habits impact the environment Vanity Fair Shows how even the smallest decisions can have profound environmental consequences The New York Times

**The Fulton Fish Market** Jonathan H. Rees, 2022-11-01 The Fulton Fish Market stands out as an iconic New York institution At first a neighborhood retail market for many different kinds of food it became the nation's largest fish and seafood wholesaling center by the late nineteenth century Waves of immigrants worked at the Fulton Fish Market and then introduced the rest of the city to their seafood traditions In popular culture the market celebrated by Joseph Mitchell in The New Yorker conjures up images of the bustling East River waterfront late night fishmongering organized crime and a vanished working class New York This book is a lively and comprehensive history of the Fulton Fish Market from its founding in 1822 through its move to the Bronx in 2005 Jonathan H Rees explores the market's workings and significance tracing the transportation retailing and consumption of fish He tells the stories of the people and institutions that depended on the Fulton Fish Market including fishermen retail stores restaurants and chefs and shows how the market affected what customers in New York and around the country ate Rees examines transformations in food provisioning systems through the lens of a vital distribution point arguing that the market's wholesale dealers were innovative businessmen who adapted to technological change in a dynamic industry He also explains how changes in the urban landscape and economy affected the history of the market and the surrounding neighborhood Bringing together economic technological urban culinary and environmental history this book demonstrates how the Fulton Fish Market shaped American cuisine commerce and culture

**The Omega Principle** Paul Greenberg, 2018-07-10 By the bestselling author of Four Fish and American Catch an eye opening investigation of the history science and business behind omega 3 fatty acids the miracle compound whose story is intertwined with human health and the future of our planet Omega 3 fatty acids have long been celebrated by doctors and dieticians as key to a healthy heart and a sharper brain In the last few decades that promise has been encapsulated in one of America's most popular dietary supplements Omega 3s are today a multi billion dollar business and sales are still growing apace even as recent medical studies caution that the promise of omega 3s may not be what it first appeared But a closer look at the omega 3 sensation reveals something much deeper and more troubling The miracle pill is only the latest product of the reduction industry a vast global endeavor that over the last century has boiled down trillions of pounds of marine life

into animal feed fertilizer margarine and dietary supplements The creatures that are the victims of that industry seem insignificant to the untrained eye but turn out to be essential to the survival of whales penguins and fish of all kinds including many that we love to eat Behind these tiny molecules is a big story of the push and pull of science and business of the fate of our oceans in a human dominated age of the explosion of land food at the expense of healthier and more sustainable seafood of the human quest for health and long life at all costs James Beard Award winning author Paul Greenberg probes the rich and surprising history of omega 3s from the dawn of complex life when these compounds were first formed to human prehistory when the discovery of seafood may have produced major cognitive leaps for our species and on to the modern era when omega 3s may point the way to a bold new direction for our food system With wit and boundless curiosity Greenberg brings us along on his travels from Peru to Antarctica from the Canary Islands to the Amalfi Coast to reveal firsthand the practice and repercussions of our unbalanced way of eating Rigorously reported and winningly told The Omega Principle is a powerful argument for a more deliberate and forward thinking relationship to the food we eat and the oceans that sustain us

The Bulletin ,2005-11    Nation's Business ,1992    Campbell's Great American Cookbook Campbell Soup Company,1984 A culinary treasury of more than 500 best loved recipes from Colonial times to the present Dust jacket **Business in Russia** ,1996    **National Fisherman** ,1988    *Atlantic Fisherman* ,1989    *Blueprint for Our Future* East End Economic and Environmental Task Force,1994    **Journal** ,1985    **Wildlife Management in North Carolina** ,2006    **Environmental Law** ,2004    *Field and Stream* ,1988

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