

7

EXERCISE

The Integumentary System

Learning Outcomes

- ▶ List several important functions of the skin, or integumentary system.
- ▶ Identify the following skin structures on a model, image, or microscope slide: epidermis, dermis (papillary and reticular layers), hair follicles and hair, sebaceous glands, and sweat glands.
- ▶ Name and describe the layers of the epidermis.
- ▶ List the factors that determine skin color, and describe the function of melanin.
- ▶ Identify the major regions of nails.
- ▶ Describe the distribution and function of hairs, sebaceous glands, and sweat glands.
- ▶ Discuss the difference between eccrine and apocrine sweat glands.
- ▶ Compare and contrast the structure and functions of the epidermis and the dermis.

Pre-Lab Quiz



Instructors may assign these and other Pre-Lab Quiz questions using **Mastering A&P™**

1. All the following are functions of the skin except:
 - a. excretion of body wastes
 - b. insulation
 - c. protection from mechanical damage
 - d. site of vitamin A synthesis
2. The most superficial layer of the epidermis is the:
 - a. stratum basale
 - b. stratum spinosum
 - c. stratum granulosum
 - d. stratum corneum
3. These cells produce a brown-to-black pigment that colors the skin and protects DNA from ultraviolet radiation damage. The cells are:
 - a. dendritic cells
 - b. keratinocytes
 - c. melanocytes
 - d. tactile cells
4. The portion of a hair that projects from the surface of the skin is known as the:
 - a. bulb
 - b. matrix
 - c. root
 - d. shaft
5. Circle the correct underlined term. The ducts of sebaceous / sweat glands usually empty into a hair follicle but may also open directly on the skin surface.

The **integument** is considered an organ system because it consists of multiple organs, the **skin** and its accessory organs. It is much more than an external body covering; architecturally, the skin is a marvel. It is tough yet pliable, a characteristic that enables it to withstand constant insult from outside agents.

The skin has many functions, most concerned with protection. It insulates and cushions the underlying body tissues and protects the entire body from abrasion, exposure to harmful chemicals, temperature extremes, and bacterial invasion. The hardened uppermost layer of the skin prevents water loss from the body surface.

Go to **Mastering A&P™** > **Study Area** to improve your performance in A&P Lab.



> **Lab Tools** > **Practice Anatomy Lab** > **Histology**



Instructors may assign new Building Vocabulary coaching activities, Pre-Lab Quiz questions, Art Labeling activities, Practice Anatomy Lab Practical questions (PAL) for Histology of the Integumentary System, and more using the **Mastering A&P™** Item Library.

Materials

- ▶ Skin model (three-dimensional, if available)
- ▶ Compound microscope
- ▶ Prepared slide of human scalp
- ▶ Prepared slide of skin of palm or sole
- ▶ Sheet of 20# bond paper ruled to mark off cm² areas
- ▶ Scissors
- ▶ Povidone-iodine swabs, or Lugol's iodine and cotton swabs
- ▶ Adhesive tape
- ▶ Disposable gloves
- ▶ Data collection sheet for plotting distribution of sweat glands
- ▶ Forelont® fingerprint pad or portable inking foils
- ▶ Ink cleaner towelettes
- ▶ Index cards (4 in. x 6 in.)
- ▶ Magnifying glasses

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Yan Bai



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Table of Contents Answer To Lab Manual Exercise 7 Pearson

1. Understanding the eBook Answer To Lab Manual Exercise 7 Pearson
 - The Rise of Digital Reading Answer To Lab Manual Exercise 7 Pearson
 - Advantages of eBooks Over Traditional Books
2. Identifying Answer To Lab Manual Exercise 7 Pearson
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Answer To Lab Manual Exercise 7 Pearson
 - User-Friendly Interface
4. Exploring eBook Recommendations from Answer To Lab Manual Exercise 7 Pearson
 - Personalized Recommendations
 - Answer To Lab Manual Exercise 7 Pearson User Reviews and Ratings
 - Answer To Lab Manual Exercise 7 Pearson and Bestseller Lists
5. Accessing Answer To Lab Manual Exercise 7 Pearson Free and Paid eBooks

- Answer To Lab Manual Exercise 7 Pearson Public Domain eBooks
 - Answer To Lab Manual Exercise 7 Pearson eBook Subscription Services
 - Answer To Lab Manual Exercise 7 Pearson Budget-Friendly Options
6. Navigating Answer To Lab Manual Exercise 7 Pearson eBook Formats
- ePub, PDF, MOBI, and More
 - Answer To Lab Manual Exercise 7 Pearson Compatibility with Devices
 - Answer To Lab Manual Exercise 7 Pearson Enhanced eBook Features
7. Enhancing Your Reading Experience
- Adjustable Fonts and Text Sizes of Answer To Lab Manual Exercise 7 Pearson
 - Highlighting and Note-Taking Answer To Lab Manual Exercise 7 Pearson
 - Interactive Elements Answer To Lab Manual Exercise 7 Pearson
8. Staying Engaged with Answer To Lab Manual Exercise 7 Pearson
- Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Answer To Lab Manual Exercise 7 Pearson
9. Balancing eBooks and Physical Books Answer To Lab Manual Exercise 7 Pearson
- Benefits of a Digital Library
 - Creating a Diverse Reading Collection Answer To Lab Manual Exercise 7 Pearson
10. Overcoming Reading Challenges
- Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Answer To Lab Manual Exercise 7 Pearson
- Setting Reading Goals Answer To Lab Manual Exercise 7 Pearson
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Answer To Lab Manual Exercise 7 Pearson
- Fact-Checking eBook Content of Answer To Lab Manual Exercise 7 Pearson
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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