

NIMS 700 Complete Questions And Answers With Latest Solutions

Flexibility ✓✓Allows NIMS to be scalable

Flexibility enables ✓✓NIMS to be applicable to incidents that vary widely
standard organizational structures ✓✓that improve integration and connectivity among
organizations.

Standard Practices ✓✓allow incident personnel and organizations to work together

Resource management ✓✓describes standard mechanisms to systematically manage
resources both before and during incidents

Resource Management includes ✓✓personnel, equipment, supplies, teams, and
facilities

Command and Coordination ✓✓describes leadership roles, processes, and
recommended organizational structures f

Communications and Information Management ✓✓describes systems and methods that
help to ensure that incident personnel and other decision makers have the means and
information they need to make and communicate decisions.

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RD Boyd

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web put your arms in front of your body with elbows slightly bent pull theraband outwards across your chest hold for 3 seconds slowly return to starting position repeat 10 times shoulder flexion sit or stand with theraband held at hip or waist height point your thumb toward the ceiling

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web keep your upper arms at your side bend from your elbows to pull your lower arms up toward your head 3 repeat times page 4 for exercises 5 and 6 tie a theraband to the head of the bedframe 5 elbow extension 1 bend your elbow and grasp the band 2 straighten your elbow and stretch the band down toward the foot

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front of your chair then lean back slightly and rest your shoulders and upper back on the back of your chair