



Irish Red Cross

Phone Numbers

1800 200 2000 1800 200 201
1800 200 202 1800 200 203
1800 200 204 1800 200 205
1800 200 206 1800 200 207

FIRST AID GUIDE

ADULT RESUSCITATION



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Check for signs of responsive consciousness. If there is no responsive consciousness, shout 'Help! Someone is not breathing'. If there is no responsive consciousness, shout 'Help! Someone is not breathing'. If there is no responsive consciousness, shout 'Help! Someone is not breathing'.

CHOKING



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- Ask 'Are you choking?' If they can't speak, cough or breathe, shout 'Help! Someone is choking'.
- If they can speak, cough or breathe, encourage them to continue coughing until the object is coughed up.
- If they are still coughing, encourage them to continue coughing until the object is coughed up.
- If they are not coughing, shout 'Help! Someone is choking'.
- Continue shouting 'Help! Someone is choking' until help arrives.
- If they are not coughing, shout 'Help! Someone is choking'.
- If they are not coughing, shout 'Help! Someone is choking'.

Resuscitate with chest compressions and rescue breaths if they stop breathing.

HEART ATTACK



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CHOKING (Infant)

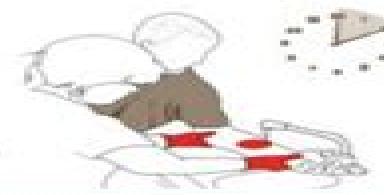


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BURNS & SCALDS



SEVERE BLEEDING



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NOSE BLEED



RECOVERY POSITION



RECOVERY POSITION (Infant)



How to deal with accidents and emergencies

- Listen calm, without being interrupted by your thoughts or feelings.
- Think about what happened and how.
- Assess injury consequences and threats.
- If there's anyone around, who can help you?
- Do you need any assistance?

American Red Cross First Aid Manual

Charles Lynch

American Red Cross First Aid Manual:

American Red Cross First Aid/CPR/AED ,2016 **American Red Cross First Aid/ CPR/ AED Participant's Manual**
American Red Cross,2021-10-19 **American Red Cross First Aid/CPR/AED Instructor's Manual** American Red
Cross,2021-10-30 **First Aid/ CPR/ AED Participant's Manual** American Red Cross,2014-08-01 **American Red**
Cross Text-book on First Aid and Relief Columns Charles Lynch,American National Red Cross,1918 **American Red**
Cross Abridged Text-book on First Aid Charles Lynch,1914 **American National Red Cross Text-book on First Aid**
and Relief Columns Charles Lynch,1917 *American Red Cross Text-book on First Aid* Charles Lynch,1918 *Text-book*
for First Aid Classes of the American National Red Cross Edward Howe,1903 **American National Red Cross text-book**
on first aid and relief columns Charles Lynch,1917 *The American Red Cross First Aid and Safety Handbook* American
Red Cross,Kathleen A. Handal,1992-05-27 The first moments after an injury occurs are the most critical This authoritative
guidebook based on course materials used by Red Cross chapters across the United States shows you how to handle every
type of first aid emergency **The American Red Cross Bulletin ,1913** **American Red Cross Abridged Text-book**
on First Aid Charles Lynch,1913 First Aid Manual Barbara Cleaver,Rudy Crawford,St. John Ambulance Association and
Brigade,Vivien J. Armstrong,St. Andrew's Ambulance Association,British Red Cross Society,2006 From first aid essentials to
life saving procedures it's worth having someone who knows what they are doing to cope with life's little and big
emergencies Published in association with the UK's three leading first aid providers this manual gives you the knowledge you
need instantly if someone falls ill or gets hurt **American Red Cross First Aid/CPR/AED Program** American Red
Cross,2001 **The American National Red Cross** Sarah Elizabeth Pickett,1923 **American Red Cross Abridged**
Text-book on First Aid Charles Lynch,1918 **American National Red Cross ... Bulletin ,1914** Bulletin no 1 includes
Letter from the secretary of war transmitting the Report of the proceedings of the American National Red Cross Jan 1906
59th Cong 1st Sess House Doc No 383 **Index-catalogue of the Library of the Surgeon-general's Office, United**
States Army National Library of Medicine (U.S.),1916 *The American Red Cross Magazine* American National Red
Cross,1913

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In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing.

Within the pages of "**American Red Cross First Aid Manual**," an enthralling opus penned by a highly acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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