

Active Ageing, Active Learning: Elder Learning in Hong Kong

Maureen Tam

Abstract

The ageing of population is a worldwide phenomenon. It impacts human life on numerous fronts, warranting policy and provision from governments to cater to the ageing population in terms of health care, retirement protection, work reskilling, social welfare, as well as education for the elderly. Recent research suggests that learning is crucial for active ageing. To date, very little has been said in the literature about the impact of cultural influences on elder learning, and none has discussed learning for and by the elderly across different cultural contexts. This chapter will try to fill this gap by first elucidating the East-West dichotomous view towards lifelong learning by elders in the two different cultural contexts. Second, the benefits of continued learning for active ageing are outlined to identify the factors and motivations for elders to engage in learning. Third, the needs for learning in old age are identified to shed light on a range of learning issues for older learners, including their interests, instructional preferences, facilitators and barriers to participation. Fourth, the policies and provisions for elder learning in Hong Kong are examined to discuss the approach to elder learning in Hong Kong, before and after 1997, which is marked by the establishment of the Hong Kong Elderly Commission. Finally, new directions in elder learning policy and provision are discussed to identify the needs for future research and policy development of elder learning in Hong Kong.

Keywords

active ageing, elder learning, elderly, Hong Kong, Western, Eastern, scholarship, lifelong learning, Confucian, policy, provision, elder academies

Active Ageing Active Learning Active Ageing Active Learning

Brian Findsen, Marvin Formosa

Active Ageing Active Learning Active Ageing Active Learning:

Active Ageing, Active Learning Gillian Boulton-Lewis, Maureen Tam, 2011-09-15 This book is concerned with the general issues of ageing learning and education for the elderly and then with the more specific issues of why how and what elders want to learn This monograph consists of 10 chapters written by various internationally renowned researchers and scholar practitioners in the field **The University of the Third Age and Active Ageing** Marvin Formosa, 2019-07-01 This comparative resource charts the interface between the University of the Third Age U3A movement and active ageing and in doing so offers a comprehensive and thorough understanding of what U3A means in different geographical and sociocultural contexts After first providing introductory chapters to introduce the U3A movement and active ageing in global perspective and tracing the origins of U3As in France the book sets off charting the international development of U3As in both European and Asian Pacific contexts Deliberately the book moves away from the dominant Anglo centric US and UK rooted analyses of U3As to account for contexts of different political ideology sociocultural values geography and degrees of urbanisation and industrialisation Lastly it thematises foreseeable issues concerns and predicaments that the global U3A movement faces while meeting the challenges and seizing the opportunities presented by active ageing The chapters comparative perspectives encompass Origins and development The Francophone model of U3As The development and characteristics of U3As in European and Asian Pacific geographies From social welfare to educational gerontology U3As in China Russia Taiwan Malaysia and South Korea U3As in Italy Spain and Sweden A dynamic flexible and accessible learning model Late life learning for social inclusion U3As in Poland Iceland United Kingdom and Malta The U3A movement in Australia From statewide networking to community engagement Cross cultural perspectives on U3As The case of Thailand The University of the Third Age and Active Ageing boasts welcome contributions to the scholarship on the different histories structures and challenges posed by national U3As Readers from a variety of backgrounds and research interests including gerontology geriatrics active ageing older adult learning comparative education and educational technology will find this a necessary and valuable resource in better understanding a globalised U3A world The University of the Third Age and Active Ageing European and Asian Pacific Perspectives contributes to the deep well of histories experiences structures accomplishments and problems of national U3As It emerges as a tapestry of extraordinary research that offers to guide the U3A movement as it soon enters its fiftieth year of existence Prof Stephen Katz Trent University

Active Ageing. From Wisdom to Lifelong Learning G. Amoretti, D. Spulber, N. Varani, 2017 **Aging and Diversity** Stephen Fried, Chandra Mehrotra, 1998 Continuing diversification demands that students of gerontology and service providers for the elderly learn how factors such as ethnicity gender social class and religion affect aging This book argues that education and gerontology need to be taught from a multi cultural perspective **Advancing Research on Active Aging and Participation** Taina Rantanen, 2025-07-01 This book covers the central aspects of Advancing Research on Active Aging and Participation illustrating how individuals can

prepare for old age and promote their own well being The increase in the aging population has been foreseen for a long time Traditionally aging is considered to comprise progressive decline of health and social life stemming from biased selection of predominantly negative outcomes in studies However changes in the life stage of old age have been so rapid that the general perception of growing old has become somewhat outdated There is an evident need for a multidisciplinary work that describes aging and old age based on the latest knowledge Dealing with aging in all areas of society should be based on knowledge not assumptions This book provides up to date information on how aging can be studied and how modern times are reshaping it Besides it demonstrates how a more positive approach in aging research will structure the ideas and alleviate the prejudices we have about aging and old age The book is intended for students and professionals in the social leisure and health care fields at universities It can also be adopted for education in the fields of physical education medicine and psychology Additionally individuals working in the field of health functional ability physical activity rehabilitation mental health and well being of the aging population will benefit from this work

Exploring Innovations in Educational Technology: The ICEIT'25 Collection Michele Della Ventura,Zehui Zhan,2026-01-01 This book presents selected papers from the 14th International Conference on Educational and Information Technology ICEIT 2025 It explores the latest research and developments in educational technology and covers various topics such as distance education e learning AI in inclusive learning and educational psychology These topics and the methods and results featured in the book will be of particular interest to readers looking to stay current within the rapidly evolving landscape of educational technology The inclusion of illustrations tables and a didactic approach enhances the accessibility and engagement of the material This book serves as a valuable resource for educators researchers and practitioners seeking to enhance their knowledge and practice in the field of educational technology

Promoting conscious and active learning and aging: how to face current and future challenges? Albertina Lima de Oliveira,2013-12-01 The European Union has committed itself to the goal of extending the healthy lifespan of its citizens by two years under the 2020 strategy This book brings together a diverse range of overviews reflections and empirical research in the area which arise from the contribution of professionals and researchers from different fields of knowledge Together they undertake to suggest possible pathways and to inspire action in all those who see themselves as participants in the processes and endeavour of building a society which espouses active dignified healthy and mindful aging The background perspective which informs this project that which is commonly referred to as Lifelong Education calls for an integrated approach from diverse areas of knowledge in the service of building a more enlightened society less susceptible to the influence of prejudices enriched with human beings driven by ideals of health justice solidarity and nobility of spirit Life must be understood as a totality that takes meaning from all its phases and which stimulates the vast potential that human beings including older people and society at large with its various systems have for the common good Let us face the challenge of building a new humanism placing human beings and the sustainability of all forms of life at the centre of the

dynamic process of change Routledge Handbook of Cultural Gerontology Julia Twigg, Wendy Martin, 2015-06-12 Later years are changing under the impact of demographic social and cultural shifts No longer confined to the sphere of social welfare they are now studied within a wider cultural framework that encompasses new experiences and new modes of being Drawing on influences from the arts and humanities and deploying diverse methodologies visual literary spatial and theoretical perspectives Cultural Gerontology has brought new aspects of later life into view This major new publication draws together these currents including Theory and Methods Embodiment Identities and Social Relationships Consumption and Leisure and Time and Space Based on specially commissioned chapters by leading international authors the Routledge Handbook of Cultural Gerontology will provide concise authoritative reviews of the key debates and themes shaping this exciting new field **Handbook of Active Ageing and Quality of Life** Fermina Rojo-Pérez, Gloria

Fernández-Mayoralas, 2021-04-12 This handbook presents an overview of studies on the relationship of active ageing and quality of life It addresses the new challenges of ageing from the paradigm of positive ageing active healthy and successful for a better quality of life It provides theoretical perspectives and empirical studies including scientific knowledge as well as practical experiences about the good ageing and the quality of later life around the world in order to respond to the challenges of an aged population The handbook is structured in 4 sections covering theoretical and conceptual perspectives social policy issues and research agenda methods measurement instrument scales and evaluations and lastly application studies including domains and geographical contexts Chapter 5 is available open access under a Creative Commons

Attribution 4 0 International License via link [springer.com/div](https://link.springer.com/div) **Aging and Diversity** Ph.D. Chandra Mehrotra, Lisa Smith Wagner, 2018-09-03 As the older population in the United States is becoming more racially and ethnically diverse it is important to understand the characteristics the potential and the needs of this population In this new and fully revised edition of Aging and Diversity Chandra Mehrotra and Lisa Wagner address key topics in diversity and aging discussing how the aging experience is affected by not only race and ethnicity but also gender religious affiliation social class rural urban community location and sexual orientation and gender identity Taking this broad view of human diversity allows the authors to convey some of the rich complexities facing our aging population complexities that provide both challenges to meet the needs of a diverse population of elders and opportunities to learn how to live in a pluralistic society Mehrotra and Wagner present up to date knowledge and scholarship about aging and diversity in a way that engages readers in active learning placing ongoing emphasis on developing readers knowledge and skills fostering higher order thinking and encouraging exploration of personal values and attitudes Building Evidence for Active Ageing Policies Asghar Zaidi, Sarah Harper, Kenneth Howse, Giovanni Lamura, Jolanta Perek-Białas, 2018-02-07 This book provides multinational evidence on active and healthy ageing It generates authoritative new knowledge for mutual learning and policymaking in addressing challenges linked with population ageing The authors discuss how to achieve better active ageing outcomes through

appropriate policies including addressing life course determinants of active and healthy ageing The chapters are distinctive in their focus on quantitative analysis of active and healthy ageing based on a first of its kind composite measure the Active Ageing Index developed during the 2012 European Year for Active Ageing and Solidarity between Generations Contributors include researchers civil service representatives policymakers and other stakeholders from national regional and European organisations This edited volume provides a multidisciplinary resource for academics and policy makers in various areas of the social sciences especially those studying population ageing and its consequences economists sociologists social policy analysts and public health experts *Taiwan's Senior Learning Movement* Brian Findsen,Hui-Chuan Wei,Ai-tzu

Li,2022-03-21 This volume provides an in depth analysis of historical and recent developments of senior learning in Taiwan where publications in English have been scant It takes a broader view on lifelong learning and active ageing from a theoretical conceptual base written by prominent international authors this represents the outside in perspective The inside out on the other hand signifies an in depth investigation of initiatives written by authors from Taiwan who are closely involved with developments in policy and practice The volume is situated theoretically in the intersection of complementary concepts such as lifelong learning active ageing later life learning learning communities and social movements It is located geographically and culturally in East Asia where senior learning education is expanding in response to large populations of older adults and concerns about their physical and social well being It is argued that Taiwan is leading the way in terms of innovation and community engagement in regard to older adult learning education and can thus serve as a model for neighboring countries By analyzing historical precedents cultural dynamics policy trends research sub fields and community engagement this book is of interest to both East Asian and Western scholars practitioners policy makers and students amongst the fields of lifelong learning social gerontology and educational psychology *Promoting Lifelong Learning for Older Workers* Tarja Tikkannen,2006 This publication contains a number of essays which explore issues relating to population ageing and the needs of older workers from a lifelong learning perspective Although the focus is on European experiences it also includes contributions from Australia Japan and the United States The central argument of this book is that ageing must be seen as a lifelong learning and development process in which one continuously takes on new life challenges and in the context of work lifelong learning is understood as a broad holistic concept which encompasses individual education and training as well as participative workplace learning actively supported by employers

Creative Learning & Active Ageing ,1999 **Understanding Global Health** William Markle,Melanie Fisher,Jr. Ray Smego,2007-07-25 The rapidly evolving world of global health and medicine in the palm of your hand The book s 17 multi authored chapters cover contemporary global public health remarkably well Overall it is a superb introductory text for preclinical and public health novices in global health across a wide spectrum of health careers Family Medicine Journal This is a welcome addition to the expanding roster of books on global health It is well written and provides appropriate background information required to

initiate any study program in global health 3 Stars Doody's Review Service Understanding Global Health is the groundbreaking go to primer that puts global health and its many challenges into sharp focus like no other text Written with the nonspecialist in mind this powerful resource expertly reviews all the core topics that you must know in order to thrive in this decentralized new global health environment It's all here unique authoritative coverage of public health concepts plus insights into infectious diseases and clinical medicine everything you need to truly comprehend how global medicine is dramatically affecting today's practice of medicine and to prepare for your role in it **Active Ageing and Solidarity Between Generations**, 2011 Recoge 1 Demographics 2 Older people and the labour market 3 Transition from work to retirement 4 Well being health and healthcare 5 Living conditions and consumption expenditures 6 Participation in society

Active Ageing and Demographic Change Siniša Zrinščak, Susan Lawrence, 2017-10-02 Although demographic change has been a widely discussed topic for decades its scope social impact and related policy responses leave us with many unresolved social issues Demographic change is a reality for all European societies but the ways in which it is taking place differ from country to country Active ageing both as a concept and policy response to the demographic ageing of populations has been widely debated researched and utilised informing both policy and practice and providing a common narrative framework to ageing However there continues to be a lack of clarity around the precise meaning of active ageing This book explores the way in which social work is critically engaging with the theme of active ageing in light of or maybe as a reaction to the policy responses witnessed within the context of large scale and rapid demographic change This book was originally published as a special issue of the European Journal of Social Work *Health Information Systems* Joel Rodrigues, 2009-12-31 This reference set provides a complete understanding of the development of applications and concepts in clinical patient and hospital information systems Provided by publisher *Education for the Elderly in the Asia Pacific* Pennee Narot, Narong Kiettikunwong, 2021-09-25 In many countries across the Asia Pacific region people are adapting to the new demographic shift but there is nonetheless much concern This book documents the various educational approaches rendered by both public and private sectors to enable elderly individuals in their own countries to re engage in society more inclusively to stay longer in the labour market and to become less dependent on the state or their families In order to produce active healthy and productive aging citizens the experiments showcased by this book highlight how adaptive action is needed across many policy areas with emphasis on shaping structural differences in the composition and organisation of higher education systems that can better foster lifelong learning among elderly citizens The book is a great venue to underline the interplay of the theory and practices of vastly complex challenges *Lifelong Learning in Later Life* Brian Findsen, Marvin Formosa, 2012-03-26 This first truly comprehensive interdisciplinary international critique of theory and practice in lifelong learning as it relates to later life is an absolute tour de force Alexandra Withnall Universities of Warwick and Leicester UK This is a book that needed to be written it provides a most thorough and skilful analysis of a comprehensive range of

contemporary literature about learning in later life from many localities and countries of the world Peter Jarvis Professor Emeritus University of Surrey Impressive in its scope this handbook seeks to describe older learning critically within the lifelong learning literature at the same time that it makes a strong and persuasive case for taking older learning seriously in our postmodern world Kenneth Wain University of Malta Lifelong learning in later life is an essential handbook for a wide range of people who work alongside older adults in varied contexts This handbook brings together both orthodox approaches to educational gerontology and fresh perspectives on important emerging issues faced by seniors around the globe Issues discussed include the social construction of ageing the importance of lifelong learning policy and practice participation in later life learning education of marginalised groups within older communities inter generational learning volunteering and active ageing the political economy of older adulthood learning for better health and well being and the place of seniors in a learning society Brian Findsen is a professor of adult education Faculty of Education University of Waikato Hamilton New Zealand His writings are usually constructed within a social justice framework such as The Fourth Sector Adult and Community Education in Aotearoa New Zealand edited with John Benseman and Miriama Scott in 1996 and Learning later 2005 Marvin Formosa is a lecturer in the European Centre for Gerontology University of Malta Msida Malta In addition to various articles focusing on critical educational gerontology recent and forthcoming books include Social Class Dynamics in Later Life 2009 and Social Class in Later Life Power Identity and Lifestyle with Paul Higgs 2012

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