

A person is shown from the waist down, performing a deadlift. They are wearing dark shorts and black sneakers with yellow accents. They are holding a barbell with both hands, and their legs are bent at the knees. The barbell has large black weights on each end. The floor is made of dark grey tiles. The text "ACSM EP STUDY GUIDE" is overlaid in white, bold, sans-serif font, underlined, across the middle of the image.

# ACSM EP STUDY GUIDE

# Acsm Study Guide

**ACSM CPT Exam Prep Team**

A red circular graphic with a gradient, appearing as a partial circle or a thick arrow pointing to the right, located to the right of the ACSM CPT Exam Prep Team text.

## **Acsm Study Guide:**

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**Review** Pete Magyari,American College of Sports Medicine (ACSM),2021-08-12 Reflecting the authoritative expertise of the American College of Sports Medicine ACSM s Certification Review 6th Edition prepares users to successfully pass certification exams and become an ACSM Certified Personal trainer ACSM CPT ACSM Certified Exercise Physiologist ACSM EP or ACSM Certified Clinical Exercise Physiologist ACSM CEP This easy to use review combines career specific information with assessment tools and application based exercises to boost test taking confidence and help users ensure a seamless transition to practice Content in this 6th Edition has been updated to align with the latest edition of ACSM sGuidelines for



Exercise Testing and Prescription and reorganized to strengthen connections between the material users will encounter on their exams and how they will apply that knowledge in practice      **Pocket Study Guide** Chan Lee, 2016-03-07 Study for the test and pass the ACSM Certified Personal Trainer exam with ease Become an ACSM Certified Personal Trainer This pocket sized book contains many of the type of questions that you are likely to face in the test

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